



# Sunset Pool Schedule | June 3- August 11, 2019

Special Hours: July 4 (9-10am Lap- 10am-5pm Open Swim) , July 28, Pool Opens at 12pm.

Days/times subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Masters Swim 6-7:15am		Masters Swim 6-7:15am		Masters Swim 6-7:15am	Masters Swim 6:45-8am	
6:30am							
7:00am	CARA Swim Team 7:30-9:30am	CARA Swim Team 7:30-9:30am Fluid Running 7-8am	CARA Swim Team 7:30-9:30am RedTails (perimeter) 7-8:30am	CARA Swim Team 7:30-9:30am Fluid Running 7-8am Flexibility DRYLAND 8-9am	CARA Swim Team 7:30-9:30am	Lap Swim 8am-10am	
7:30am							
8:00am	Deep Water Aerobics 9am-10am	Deep Water Aerobics 9am-10am	Deep Water Aerobics 9am-10am	Deep Water Aerobics 9am-10am	Deep Water Aerobics 9am-10am		
8:30am							
9:00am	Swim Lessons 9-11:30am	Swim Lessons 9-11:30am	Swim Lessons 9-11:30am	Swim Lessons 9-11:30am	Swim Lessons 9-11:30am		Lap Swim 10-12pm
9:30am							
10:00am	Lap Swim 10-1pm	Lap Swim 10am-1pm	Lap Swim 10am-1pm	Lap Swim 10am-1pm	Lap Swim 10am-1pm		Aqua Zumba 11-12pm
10:30am							
11:00am	Aqua Zumba 12-1pm	Masters Swim & Deep H2O 12-1pm		Masters Swim 12-1pm	Aqua Zumba 12-1pm	Open Swim 10am-6pm	Open Swim 12pm-6pm
11:30am							
12:00pm	Open Swim 12pm-7pm	Open Swim 12pm-5:45pm Slides on at 1pm	Open Swim 12pm-7pm	Open Swim 12pm-5:45pm Slides on at 1pm	Open Swim 12pm-7pm	Slides on at 10am	Slides on at 12pm
12:30pm							
1:00pm	Lap Swim 5-7pm	Lap Swim & Swim Lessons 5:30-7:30pm Deep H2O 6-7pm	Lap Swim 5-7pm	Lap Swim & Swim Lessons 5:30-7:30pm Deep H2O 6-7pm	Lap Swim 5-7pm		
1:30pm							
2:00pm				Middle School Nite! 7:30-9pm \$4 res/\$5 non-res		Available for Afterhour Rentals	
2:30pm							
3:00pm							
3:30pm							
4:00pm							
4:30pm							
5:00pm							
5:30pm							
6:00pm							
6:30pm							
7:00pm							
7:30pm							
8:00pm							
8:30pm							
9:00pm							

Blue: NO Lap Swim	Purple: 2 Lanes Available	Yellow: 2-3 Lanes Available
Orange: 3 Lanes Available	Pink: 5- 6 Lanes Available	