



Longmont Recreation Center | Leisure Pool Schedule

(Days/times subject to change. Effective May 28- August 24, July 4th- 10am-3:30pm)

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
5:00AM											
6:00AM	Exercise ONLY 5am-9am	Exercise ONLY 5am-9am	Exercise ONLY 5am-9am	Exercise ONLY 5am-9am	Exercise ONLY 5am-9am						
7:00AM	Aqua Motion 7:30-8:30am	Aqua Motion 7:30-8:30am	Aqua Motion 7:30-8:30am	Aqua Motion 7:30-8:30am	Aqua Motion 7:30-8:30am	Exercise ONLY 7am-9am	Exercise ONLY 7am-8:30am				
8:00AM											
9:00AM		Swim Lessons 8:30am- 11am	OPEN SWIM 9am-9:30pm	Swim Lessons 8:30am- 11am	OPEN SWIM 9am-8:30pm	OPEN SWIM 9am-5:30pm	Swim Lessons 8:30-11:10am				
10:00AM	SilverSplash 10:15-11:00am			SilverSplash 10:15-11:00am							
11:00AM	OPEN SWIM 9am-9:30pm	OPEN SWIM 9am-9:30pm		OPEN SWIM 9am-9:30pm			OPEN SWIM 9am-8:30pm	OPEN SWIM 9am-5:30pm	OPEN SWIM 11am-5:30pm		
12:00 PM											
1:00PM											
2:00PM											
3:00PM											
4:00PM		Swim Lessons 4-6:15pm		Swim Lessons 4-6:15pm							
5:00PM											
6:00PM		Aqua Circuit 6:00-7:00pm		Aqua Circuit 6:00-7:00pm		BLUE= Slides on @ 11am					
7:00PM						GREEN= Slides are off for Fitness Classes and Swim Lessons					
8:00PM											
9:00PM											

Slides and features are turned off during swim lessons.