



2019 SUMMER ADULT VOLLEYBALL LEAGUE MANUAL

Adult Coed Recreation 6 v 6
Sunday Evenings – St. Vrain Memorial Building
6 regular season games plus positional round game

Important Dates

Registration dates:	Apr 29 – Jun 2 (Early Bird ends May 19)
League play:	Jun 9 – Aug 4, 6 games (St. Vrain Memorial Building)
Team fees	\$275 if registered by May 19 (\$305 after May 19)
Split-payment option	Pay half the registration fee when signing up and remainder due by Jun 23. <i>Split-payment option includes a \$10 convenience fee</i>

**REGISTER ONLINE <http://www.longmontcolorado.gov/rec> or in person at the
LONGMONT RECREATION CENTER, 310 QUAIL RD, LONGMONT**

CITY OF LONGMONT RECREATION SERVICES

COED ADULT VOLLEYBALL (6 v 6 LEAGUE)

GENERAL INFORMATION

The adult volleyball league is sponsored and supervised by the City of Longmont Recreation and Golf Services Division. The purpose of the league is to engage adult volleyball enthusiasts in the community and provide opportunities to participate in structured volleyball league under the philosophy of friendly competition and sportsmanship.

The Longmont Recreation Services Adult Coed 6 on 6 leagues are designed to play with 6 person teams; 3 men & 3 women at any given time. Teams are encouraged to have extra players on the roster.

Adult volleyball leagues are governed by **USA Volleyball rules** with the exceptions outlined in this manual. The City of Longmont reserves the right to change any rules, regulations, and policies whenever due cause warrants a change. When a change is made, all managers of teams affected by such a change will be notified immediately. All league rules will be enforced by officials and the athletics staff.

Longmont Recreation & Golf Services reserves the right to place teams in leagues where there will be equalization of competition. This may also be affected by the total number of teams, and divisions there are for each year.

All managers/coaches are responsible for the information contained in this manual, as well as, any other information distributed by the athletics staff. Managers/coaches are responsible for sharing all information in this manual with all team participants.

Any questions concerning volleyball schedules, standings, game results, rosters, officials, rule interpretations, or any other concerns not stated here, but that have to do with the City of Longmont adult volleyball league should be directed to the athletics staff at the Longmont Recreation Center, 303-774-4758.

League Skill Divisions (when applicable):

Upper Rec – teams who wish to play in the highest level of competition & skill offered. Players should be proficient in all skills & strategies of the sport.

Lower Rec – team who wish to play without getting into the highly competitive level. Players should have average to above average skills & knowledge of the sport.

IMPORTANT PHONE NUMBERS

Longmont Recreation Center – (303) 774-4800

Weather Line – (303) 774-4400

RECREATION SERVICES RESPONSIBILITIES

- Provide a schedule of games (regular season and rain-outs).
- Provide game equipment
- Provide at least one official and field supervisor.
- Provide all necessary field/facility maintenance and other duties as needed.
- Keep a record of all games played.
- Handle all misconduct situations within the guidelines stated in the “Code of Conduct”

TEAM MANAGER RESPONSIBILITIES

- All adult volleyball league teams are required to attend a mandatory preseason meeting (if applicable).
- Inform all team members of the information contained in this manual or any material provided by the Athletics Office including game times, dates, and locations.
- Insure that all team members are recorded on official roster including changes to team manager’s info.
- Monitor roster, including changes and additions throughout the season.
- Inform Athletics Office of any questions, concerns, or comments.
- Provide line-up with names/numbers to the umpire with last name, first initial and numbers.
- Follow all league rules as stated.
- Be responsible for the actions of the team while participating.
- Be responsible for full payment of team fees.
- Be aware of all information including reschedules, tournament information, and league standings.

TEAM ROSTERS

1. A player must be listed on the team roster before he/she is eligible to participate in the league.
2. **A complete team roster is required by all teams.** Roster size is limited to TWELVE (12) players. Teams wishing to include more than 12 players on a team roster must pay an additional \$13 per player fee beyond 12 players.
3. **All players must be on a roster.** Information MUST be complete including first and last name of each player, address, phone number, birthdate and signature (NO NICKNAMES). Teams wishing to add, drop or transfer players must use the official add/drop form provided by the Recreation Services office. ROSTERS ARE OPEN UNTIL the last two weeks of the season. **ROSTERS ARE FROZEN THE THIRD WEEK OF GAMES** (up to 12 players). Teams with extraordinary issues who need to add players after **the 3rd week** must be approved by the Program Supervisor. Players being added to a roster must sign the add form or original roster prior to submission to the Field Supervisor.

After the third week of games, teams may only add players in order to avoid forfeits.

4. **ONE TIME PLAYER ADDITION:** Teams wishing to add a player for only one game may do so only to avoid a forfeit or to reach a 6 player limit. Managers must provide signed form and fee to the supervisor **BEFORE** the start of their game. One time add-ons may only be added after the start of the game to reach the 6 player limit or for injury – they cannot be used to replace an ejection. **Added players cannot currently be playing in the same league of the team they are requesting to play with, nor be playing in any division higher than the request.**

5. **Players must have a photo ID available for identification at all games. Roster checks can be done by field supervisors without notice.** Any team found guilty of playing an illegal player will be charged with a forfeit, if the opposing manager catches the offense. The offending player will be ineligible until they are added to the team roster AND will be suspended for one game. In addition, the offending coach/manager will receive a one game suspension. An illegal player discovered by City staff (before or at the beginning of the game) will have the option of using the one-time add form or forfeiting the game (with the previously stated penalties). A game may be finished if a player is missing their ID pending submission of their ID to the athletics office within 2 business days. Non submission of proof of ID will result in forfeit for the offending team with all previously stated penalties.

ELIGIBILITY RULES

1. All players must be sixteen (16) years of age by the start of first game.

2. Any player, coach, manager, or spectator who is ejected from a game is automatically ineligible for that team's next game (in the case of a spectator, they are not allowed to attend the next game). Any player, coach, manager or spectator who is ejected from two (2) games will be suspended from all league play (or attendance in the case of a spectator) for the remainder of the season pending review by the athletics rules committee.

3. **Playing on two teams, within a league on the same night of play is not allowed.** Players may play “up” or “down” **one** division but not both. No more than **four (4)** players from the same team may play “down” together. Recreation Services reserves the right to rule on this on a case by case basis. **Note: Games will not be held up to accommodate players moving to a different field.**

FREE AGENTS

Individuals looking for a team may register as a free agent to form a team. A minimum of 4 men, 4 women registered will form a team. At the beginning of each season, free agents may attend the drop-in night to connect with other free agents or teams looking for players. For more information or to sign up in person at the Longmont Recreation Center or by phone, 303-774-4800.

REGISTRATION

Registration is on a first come, first served basis and begins November 26 and will continue until January 1 or until filled – whichever comes first.

Each team will need to complete a team registration form for each season they wish to play. Payment is due when registering. Registration is available online or at the Longmont Recreation Center.

FEES

Team fees for the 2019 season are \$275 per team if registering by early-bird deadline or \$305 by regular deadline. Teams may submit partial payment when initially registering (\$142.50/\$157.50) with the second payment due by third week of season. There is a \$10 premium for teams submitting partial payment to cover the additional administrative costs.

No team will be accepted into the league until the entry form and appropriate fees have been accepted by Recreation Services. In the event the second payment is not received by the deadline date, the team will forfeit until fees are paid in full. It is the sole responsibility of the Team Manager for all team payments and they will not be eligible to play in any Longmont Sports league until all payment paid in full.

UNIFORMS

Teams are encouraged to wear similar color t shirts, uniforms but not required. Shoes must be worn at all times – (no bare feet). Tennis shoes of any type are legal as long as they are non-marking soles. Sandals, western cowboy boots, steel toed boots, work boots, or similar footwear is not allowed.

PROTESTS

A protest should be made only when it is felt that there has been an infringement of the rules. Difference of opinion about the umpire's judgment on a particular play or plays does not constitute grounds for a protest. Teams wishing to register a protest must make the aware of the intent to protest **PRIOR TO THE LAST POINT OF THE GAME OR BEFORE TEAMS HAVE LEFT THE GYM IF THE PROTESTABLE ACTION OCCURS ON THE LAST POINT OF THE GAME.**

A formal written protest must be submitted to Recreation Services before 5:00 pm of the next working day (Monday – Friday) after the game (e-mail is acceptable). The Rules Committee will determine protest viability and any action regarding the protest concerning the offending team, player(s), and/or fans. Note: If the protest is upheld and corrected by the sports Official on site, no written protest is necessary.

TIEBREAK PROCEDURE

If at the end of league play, teams are tied for first or second place, the following tie breakers will be used:

1. Head to head competition.
2. Total points scored **against** (total points against tied teams only) (in the case of a three or more way tie, if head to head points scored against reduces the remaining teams to two, the breaker reverts back to head to head). Standing online may display a different result due to limitations of our software.
3. Still tied, duplicate awards will be given.

FACILITY RULES

1. Profanity, abusive language, taunting, obscene gestures, and physical violence will not be tolerated. Any player, coach, or spectator using any type of foul language or taunting of any kind to an official, supervisor, scorekeeper, or any other player, coach, or spectator will be ejected from the game, and if necessary, from the league. (See Player Code of Conduct)
2. Alcohol is not permitted in a City Facility, including parking lots.
3. There is no smoking allowed inside the gym area or building at any time. Penalty shall be forfeit of game in progress.
4. Glass containers are prohibited in city gyms.
5. The supervision of children at the gym will be the responsibility of the parents. If children are interfering with the game, (i.e.; running onto the court, playing with balls, etc.), the parents will be asked to remove the children from the area of play.
6. Any team or individual of a team misusing the gym facilities will result in that team being dropped from the league with no refund of fees.

AWARDS

Championship T shirts will be awarded to the 1st place team in each division.

SPECIFIC GAME RULES & STANDARDS

All league play will be governed by the United States Volleyball Association (USAV) with the exception of the following City of Longmont rules:

1. Coin Toss: Two options are available to the winner of the coin toss. The winner may serve or receive, or take choice of court for the start of play.
2. Time Limit: There will be a 55 minute time limit for the match; a 5 minute warm will be given prior to the start of each game.
3. Scoring and results of the match: Each match will consist of three (3) games of rally scoring to 21 points (cap 25). For the third game, a coin toss will determine serve and side. If the game is tied when time expires, the next point will win the game.
4. Number of Players: Teams must start with a minimum of four (4) players (two males if playing with four players). A maximum of three (3) males may participate on the court if a full team is present.
5. Ghost Player: Teams may play with a minimum of 4 players. One ghost player will be enforced, the team short loses 1 point and losses the ball on a side-out when the ghost rotates back to serve. *Exception - If both teams are short the same amount of players the ghost position is ignored*
6. Rotation: Line-up must alternate genders when there is an even number of players.

7. Forfeits: Teams that do not have four players (two of which must be women in co-ed play) will forfeit the match. After the 5 minute warm-up period, if a team does not have at least 4 players, the first game is forfeited. After 15 minutes, if 4 players have not arrived, the match will be forfeited.
8. Time Outs: Every team will have two 30 second time outs per game. There will be no time outs allowed **during the last five minutes of the time limit**. In the event of an injury the clock will be stopped for a reasonable amount of time.
9. Substitutions: There will be unlimited substitutions, but substitutions must be made for someone of the same sex and for the same person within each game.
10. Service: After the official's whistle, the server may serve the ball. Any portion of the foot touching the baseline at the time of the serve is a violation. On the toss, if the server wishes not to hit the ball, they must not contact the ball in any way. The server must then hit the ball on the second attempt or service is lost. Let serve will be used on all served balls.
11. Obstructions: Any ball that hits the ceiling can be played as long as it comes down on the side of the team that hit the ball to the ceiling.
12. Ball Contact: The ball may be played off of any part of the body barring it was incidental contact. Incidental contact is at the discretion of the official. **COED rule** – if the ball is contacted more than twice by a team, one contact must be made by a woman.
13. No jewelry that may be viewed as harmful may be worn. This is at the official's discretion.
14. There will be no rescheduling of games or matches due to the team's inability to find enough players at the game's originally scheduled time. Contact the athletics office for a list of interested individuals looking for a team.

**CITY OF LONGMONT RECREATION SERVICES
PLAYER CODE OF CONDUCT**

DEFINITIONS:

Coach – The player designated as team spokesman and the ONLY person who may discuss a decision with officials. The coach can be either a player or non-player.

Player – A person, who actively participates in the game, sits on the bench or who is on the roster.

Contest Area – That area which is designated by the Sports Program Supervisor.

Spectator – A person who comes out to watch the games for entertainment with no physical involvement.

City of Longmont Activity – Any event designated or hosted by the City of Longmont Recreation Division.

Program Administrator – The full time employee or designated individual of the City of Longmont Recreation Services directly responsible for the activity.

Abuse – includes but is not limited to, obscene gestures, heckling, verbally attacking or threatening and/or laying a hand upon, shoving, striking, hitting or punching.

CODE:

1. No player shall: at any time abuse a Recreation employee, player or spectator. In addition, no player shall be guilty of using unnecessarily rough tactics in the play of the game against the body and person of an opposing player.
2. No player shall: refuse to abide by an official's decision, nor argue the officials judgment.
3. No player shall: appear at the contest area under the influence of alcohol or drugs, nor consume alcohol or drugs during play. A player may not smoke while on the field of play.

PENALTY

Minimum penalty: removal (ejection) from further play in the game being played and suspension from the next scheduled game.

Maximum penalty: penalty shall be determined by the Program Administrator and/or the Recreation Superintendent. Offenders may be suspended from further league play.

TWO MINUTE CLAUSE shall be in effect. Two minutes will be allowed for an ejected or suspended player(s) to remove him/herself from the designated contest area. If this time limit is not met, the contest shall be forfeited to the opponents.

ELASTICITY CLAUSE – In order to provide for the recreational enjoyment of players, coaches, and spectators any enforcement procedures which are not stated herein may be provided by the Recreation Division as is deemed necessary.

MISCONDUCT: We believe sponsors are important to the program. When deemed necessary, a letter will be sent to the teams sponsor(s) informing them of player, coach, manager, or fan misconduct or poor sportsmanship.

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**CITY OF LONGMONT RECREATION & GOLF SERVICES
TEAM ENTRY FORM – 2019 VOLLEYBALL**

TEAM NAME (required): _____

Manager: _____ Email Address _____

Primary Phone: _____ Secondary Phone: _____

Address: _____ (City) _____ (State) _____ (Zip) _____

Manager: _____ Email Address _____

Primary Phone: _____ Secondary Phone: _____

Address: _____ (City) _____ (State) _____ (Zip) _____

Season registering for:

Winter

Spring

Summer

Fall

Games held at St. Vrain Memorial Building on Sundays starting at 5pm.

This form must be completed and submitted along with the entry fee to be considered fully registered. I understand that the entry fee **will not** be refunded if I fail to enter a team in the above mentioned league. As Team Manager, I am responsible to submit payment in full.

Signature

Date

2019 ADULT VOLLEYBAL FEES

LEAGUE FEE: \$275 (\$305 AFTER EARLY BIRD) \$ _____

DATE RECEIVED: _____

OR PARTIAL FEE: \$142 (\$157 AFTER EARLY BIRD) \$ _____

EXTRA PLAYER FEES (10+ PLAYERS) _____ X \$13 = \$ _____

RECEIVED BY: _____

TOTAL PAID \$ _____