



Longmont Recreation Center | Lap Pool Summer

(Days/times subject to change. Effective May 28- Aug 24, July 4th, 10am-3:30pm)

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00AM	Lap swim 5am-9am	Lap swim 5am-9am	Lap swim 5am-9am	Lap swim 5am-9am	Lap swim 5am-9am	Lap swim 7am-9am	Lap swim 7:40-8:25am
6:00AM							
7:00AM							
8:00AM							
9:00AM	Aqua Power! 9:00-10:00am	Aqua Zumba 9:00-10:00am	Aqua Power! 9:00-10:00am	Aqua Power! 9:00-10:00am	Aqua Zumba 9:00-10:00am	OPEN SWIM 9am-5:30pm Diving Boards 11am-5:30pm	OPEN SWIM 11am-5:30pm Diving Boards 11am-5:30pm
10:00AM	Diving Boards 10am-12pm	Swim Lessons 8:30am-11am	Diving Boards 10am-12pm	Swim Lessons 8:30am-11am	Diving Boards 10am-12pm		
11:00AM	Deep H2O 12:00-1:00pm	OPEN SWIM 9am-4pm Diving Boards 11am-4pm	Deep H2O 12:00-1:00pm	OPEN SWIM 9am-4pm Diving Boards 11am-4pm	Deep H2O 12:00-1:00pm		
12:00 PM							
1:00PM	OPEN SWIM 9am-4:15pm Diving Boards 1-4pm	Swim Lessons 4:00-6:15pm	CARA Swim Team 4:15-7pm	OPEN SWIM 9am-4pm Diving Boards 11am-4pm	OPEN SWIM 9am-8:30pm Diving Boards 1-8pm	PURPLE = 2 Lanes Available	BLUE = 3 Lanes Available
2:00PM	CARA Swim Team 4:15-7pm						
3:00PM		Diving Boards 1-4pm	Swim Clinic 6:15-7:15 PM	Swim Clinic 6:15-7:15 PM	Beg Masters 7:15-8:15pm		
4:00PM	Diving Boards 7-9pm	Beg Masters 7:15-8:15pm					
5:00PM			Diving Boards 7-9pm	Beg Masters 7:15-8:15pm	Diving Boards 7-9pm	Beg Masters 7:15-8:15pm	Pool Closes at 8:30pm
6:00PM	Diving Boards 7-9pm	Beg Masters 7:15-8:15pm					
7:00PM			Diving Boards 7-9pm	Beg Masters 7:15-8:15pm	Diving Boards 7-9pm	Beg Masters 7:15-8:15pm	Pool Closes at 8:30pm
8:00PM	Diving Boards 7-9pm	Beg Masters 7:15-8:15pm					
9:00PM			Diving Boards 7-9pm	Beg Masters 7:15-8:15pm	Diving Boards 7-9pm	Beg Masters 7:15-8:15pm	Pool Closes at 8:30pm

Open Swim Times with Diving Boards = 2-3 lanes available for lap swim