



DANCE

DANCING FOR SINGLES & COUPLES

These dance classes are not only fun and easy but also great for the mind and heart as well! We'll start with the basics, working on the movements at an easy-to-follow pace. Singles and couples welcome; no experience is necessary. Fee is per person.
 Instructor: Casablanca Dance Studio
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Fee: \$45 resident/\$56.25 non-resident

Salsa Dance

Salsa is danced to upbeat Latin music with a fair amount of turns and partnership interaction. Wear shoes that are comfortable and slide well on the floor

16 & up: **May 31-Jun 21, Fri, 7-8pm** 344704.A

Jitterbug Swing

Jitterbug Swing is a great upbeat dance which has a nice Be-Bop movement. This is done to a moderate tempo, so the smoke isn't coming from your soles.

16 & up: **May 31-Jun 21, Fri, 8-9pm** 344720.A

Ballroom For Couples

Learn the fundamentals of ballroom dance while having fun with your partner (everyone dances with the partner you come with - no partner rotation). Learn basic lead and follow techniques and fundamental body mechanics in four dances. Fee is per couple. **No class May 27 or Aug 5.*

14 & up: **May 20-Jun 17*, Mon, 7:30-8:30pm** 344700.05

Jun 24-Jul 15, Mon, 7:30-8:30pm 344700.06

Jul 22-Aug 19*, Mon, 7:30-8:30pm 344700.07

Instructor: Christian Thierens

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Fee: \$120 resident/\$150 non-resident

Adult Hip Hop

A fun, energetic, non-threatening class for adults. This class offers a get-away to "rock out" to funky music and explore hip-hop movement. Come and join the fun! **No class July 4.*

18 & up: **Jun 20-Jul 25*, Thurs, 6-7pm** 344735.A

Location: Dance Dimensions, 638 Main St

Fee: \$81 resident/\$101.25 non-resident

Beginning Adult Tap

A great class for those who love music and rhythm. It's never too late to learn to dance! Come join a fun, non-threatening class, starting with the basics and giving a good foundation to build on. Tap shoes required. **No July 4.*

18 & up: **Jun 6-Jul 25*, Thurs, 10:45-11:45am** 344736.A

Location: Dance Dimensions, 638 Main St

Fee: \$95 resident/\$118.75 non-resident

Continuing Adult Tap

A great class for adults that have previously tapped and want to continue to develop their skills. Dancers should have a foundation of basic technique and terminology. Tap shoes required. **No July 3.*

18 & up: **Jun 5-Jul 31*, Wed, 6:15-7:15pm** 344737.A

Instructor: Dance Dimensions

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Fee: \$122 resident/\$139 non-resident

Adult Barre Fitness

A fun energetic class that focuses on improving balance, enhancing flexibility and posture, and strengthening muscles, creating long, lean muscles. No experience necessary... come try something new and fun while exercising, staying healthy and maintaining a strong body! **No July 4.*

18 & up: **Jun 6-Jul 25*, Thurs, 12-1pm** 344739.DD

Location: Dance Dimensions, 638 Main St

Fee: \$95 resident/\$118.75 non-resident



Beginning Adult Ballet

Adults of all ages who are new or returning to ballet will enjoy this introduction to the fundamentals of ballet techniques in a fun and supportive environment. Whether your goal is to learn about ballet or incorporate ballet into your fitness routine, this class is for you. **No class July 2.*

18 & up: **Jun 11-Jul 23, Tue, 6:30-8pm** 344745.A

Location: Longmont Dance Theatre Academy, 1422 Nelson Rd

Fee: \$80 resident/\$100 non-resident

Aerial Adult Dance Class

Dance in the air with a combination of aerial silks, circus arts, and theatrical dance techniques, this class provides an exhilarating experience. Climbs, foot-wraps, knee-hooks and inversions will condition, challenge and engage every muscle in your body. **No class July 3.*

18 & up: **Jun 12-Jul 24, Wed, 6:30-8pm** 344750.A

Location: Longmont Dance Theatre Academy, 1422 Nelson Rd

Fee: \$80 resident/\$100 non-resident

Hula Adult Dance

Come learn basic hula steps, as well as ancient and modern hula dances. Hula is a holistic form of dance that incorporates physical, spiritual, musical, cultural and linguistic elements. 13 & up

Level 1: Jul 11-Aug 15, Thurs, 7:15-8:15pm 344760.06

Level 2: Jul 11-Aug 15, Thurs, 6:15-7:15pm 344761.06

Instructor: Laelae Sundberg

Location: Creation Station, 519 4th Ave

Fee: \$60 resident/\$75 non-resident

Beginning Upholstery

Repurpose and customize old furniture using basic furniture upholstery. Bring your own instructor-approved project to work on in class. Tools and shared supplies provided, students supply their own supplies and upholstery material. No sewing experience needed.



18 & up: **Thurs, 10am-12:30pm or 6-8:30pm**
 Dates: **Aug 15-Sept 5** 347470
 Instructor: Leah Mc Bee
 Location: Creation Station, 519 4th Ave
 Fee: \$235 resident/\$293.75 non-resident

Mosaic Basics

Learn basic mosaic techniques using a variety of common and not so common materials such as glass, tiles, beads, and buttons for a unique one of a kind showpiece. Day one focuses on design and construction; day two is for grouting.

16 & up: **Mon 5:30-8:30pm & Wed 5:30-6:30pm**
 Sessions: **May 13 & 17** 247344.B
Jul 15 & 17 or Aug 26 & 28 347341
 Instructor: Trish Singelyn
 Location: Laughing Heart Art Studio
 Fee: \$38 resident/\$47.50 non-resident + \$5 materials fee

Alcohol Inks

Achieve spontaneous and colorful results by applying alcohol inks to ceramic tiles. Absolutely no artistic skills needed! Make four tiles to use as coasters or wall decoration.

18 & up: **May 4, Sat, 2-4pm @ Mem Bldg** 247390.05
Jul 22, Mon, 6:30-8:30pm 347390.07
Aug 21, Wed, 6:30-8:30pm 347390.08
 Instructor: Trish Singelyn
 Location: Longmont Senior Center, 910 Longs Peak Ave
 Fee: \$24 resident/\$29 non-resident + \$5 materials fee

Yard Art

Make whimsical art for your garden from recycled glass, plates, bowls, metal and more. This technique can be used to make garden flowers, towers or bird baths. Easy to assemble, you choose the project you will make.

18 & up: **May 18, Sat, 10am-12pm or 2-4pm** 247394.1
Jul 20, Sat, 10am-12pm or 2-4pm 347394.7
Aug 24, Sat, 10am-12pm or 2-4pm 347394.8
 Instructor: Trish Singelyn
 Location: Laughing Heart Art Studio
 Fee: \$25 resident/\$30 non-resident + \$10 materials fee

DRUMMING FOR HEALTH AND THERAPY

If you can talk -you can drum. These classes are fun, easy and accessible to anyone regardless of age or physical condition. The Djembe drum from West Africa is the drum of choice and drums are provided.

Instructor: Gregg Hansen
 Location: Izaak Walton Clubhouse, 18 S Sunset

Beginning Drumming

Simple rhythms are presented slowly and patiently.

16 & up: **Sat, 10-11am**
 Sessions: **Apr 13 & 27; May 4 & 18** 247330
Jun 15 & 29; Jul 13 & 27; Aug 17 & 24 347330
 Fee: \$25 resident/\$31.25 non-resident

Continuing Drumming

Now that you've learned the basics, it's time to go deeper.

Pre-requisite-Beginning Drumming.
 Fee: \$40 resident/\$50 non-resident

Beginner 1: Foundations

16 & up: **Tue, 6:30-7:30pm**
 Sessions: **Apr 30-May 21** 247331
Jun 4-25; Jul 9-30; Aug 6-27 347331

Intermediate 1: Deeper Rhythms

16 & up: **Tue, 7:45-9pm**
 Sessions: **Apr 30-May 21** 247333
Jun 4-25; Jul 9-30; Aug 6-27 347333

16 & up: Thurs, 12-1:15pm or 7-8:15pm

Sessions: **May 2-23** 247333
Jun 6-27; Jul 11-Aug 1; Aug 8-29 347333

Advanced 1: Songs & Arrangements/Orchestra #1

Enrollment by permission only, Must get permission from Gregg Hansen at communitydrum@earthlink.net

16 & up: **Mon, 7:15-8:30pm**
 Sessions: **Apr 29-May 20** 247335
Jun 3-24; Jul 8-29; Aug 5-26 347335

16 & up: **Tue, 11:30-12:45pm**
 Sessions: **Apr 30-May 21** 247335
Jun 4-25; Jul 9-30; Aug 6-27 347335

16 & up: **Thurs, 1:30-2:45pm**
 Session: **May 2-23** 247335
Jun 6-27; Jul 11-Aug 1; Aug 8-29 347335

Advanced 2: Djembe Howlers Orchestra #2

Enrollment by permission only, Must get permission from Gregg Hansen at communitydrum@earthlink.net

16 & up: **Wed, 7:30-8:45pm**
 Sessions: **May 1-22** 247335
Jun 5-26; Jul 10-31; Aug 7-28 347336



Voice Acting For Animation

Learn to use your voice to create characters for genres such as Animation, Anime, Talking Toys, Cartoons, Video Games and more! Have fun with interactive character development to increase expressive vocal range, develop inflections, acting out as a character and vocal placement for character acting. Learn how to bring those voices in your head to life...with voice acting!

18 & up: **Jul 30, Tue, 5:30-7pm** 347198-M2
 Instructor: Rachel Alena
 Location: Creation Station, 519 4th Ave
 Fee: \$38 resident/\$47.50 non-resident



Introduction to Voice Over

The Insiders Guide to Voice-Over Success! Learn how to get started in the voice over industry from a working voice talent. Topics such as industry background, what producers are looking for and copy reading techniques. Do practice narration to help you discover the power of your voice!

18 & up: **Aug 5, Mon, 7-8:30pm** 347196-M2
 Instructor: Rachel Alena
 Location: Longmont Senior Center, 910 Longs Peak Ave
 Fee: \$38 resident/\$47.50 non-resident

Audiobook Narration

Learn where audiobook narration work is found! Discover what audiobook writers and producers expect. Practice basic story telling skills. Learn to develop characters for animation, industry works, time management and audiobook voice acting preparation.

18 & up: **Jul 30, Tue, 7:30-9pm** 347197-M2
 Location: Creation Station, 519 4th Ave
 18 & up: **Aug 20, Tue, 6-7:30pm** 347197-M3
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Instructor: Rachel Alena
 Fee: \$38 resident/\$47.50 non-resident

Beginning Mah Jongg

Learn the basics of this fascinating and stimulating game. Rules are explained over several sessions then put your knowledge to work by playing the game. Mah Jongg cards included.

16 & up: **Jul 10-31, Tue, 6-9pm** 347352.06
 Instructor: Sandy Allen & Ginger Martinez
 Location: Longmont Senior Center, 910 Longs Peak Ave
 Fee: \$50 resident/\$62.50 non-resident

Spanish Instruction

Learning a language is learning a culture. Participants will have fun building conversational Spanish, while exploring the rich works of Spanish speaking painters, musicians and/or cultural facts. *June 25 class meets at the St Vrain Memorial Bldg.

Instructor: Kena Guttridge
 Location: Longmont Senior Center, 910 Longs Peak Ave
 Fee: \$40 resident/\$50 non-resident + \$7 material sfee

Spanish 101 Beginning

For those with beginner level Spanish experience.

16 & up: **Jun 4-25*, Tue, 6:30-7:30pm** 347155.06
Jul 9-30, Tue, 6:30-7:30pm 347155.07
Aug 6-27, Tue, 6:30-7:30pm 347155.08

Spanish 201 Conversation

For those with Advanced Beginner/ Intermediate Spanish Conversation.

16 & up: **Jun 6-27, Thur, 6:30-7:30pm** 347156.06
Jul 11-Aug 1, Thur, 6:30-7:30pm 347156.07
Aug 8-29, Thur, 6:30-7:30pm 347156.08

Music and Mindfulness

Music can be an effective mindfulness tool for many reasons: it is familiar and it is often used to increase attention, insight, and relaxation. Led by a board-certified music therapist, walk away with skills to use music to benefit your daily life.

16 & up: **Jun 5-26, Wed, 6:45-7:45pm** 347190-M1
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Fee: \$60 resident, \$75 non-resident

Novel Writing Essentials

Writing fiction can be among the most challenging form of writing. Learn the basic elements that go into writing marketable fiction such as dialogue, narrative, pacing, plotlines, character development and so much more. An essential first-step for anyone who is thinking about getting into the highly competitive world of fiction writing.

18 & up: **Jul 22, Mon, 6-8pm** 347110-A
 Instructor: Jeff Danelek
 Location: Longmont Senior Center, 910 Longs Peak Ave
 Fee: \$30 resident/\$37.50 non-resident

Inside The Publishing Industry

A look at what it takes to get your manuscript into print. Covers how to write an effective cover letter when seeking representation, creating a solid synopsis, gimmicks to watch out for, and resources available to improve your chances of getting published. Great for the beginning author.

18 & up: **Jul 29, Mon, 6-8pm** 347111-A
 Instructor: Jeff Danelek
 Location: Longmont Senior Center, 910 Longs Peak Ave
 Fee: \$30 resident/\$37.50 non-resident



ADULT

Will Maker Legal Seminar

In a single easy session, complete a will, a financial power of attorney, and a combined medical directive (including living will, medical power of attorney, and organ donation), all with the help of licensed attorney Rebecca L. Bennetti and her staff. Includes all materials, witnessing, notarizing, individual review and plenty of time for discussion and questions. Couples must have individual wills. Bring \$30 materials fee payable to the instructor to the class.

18 & up:	Jun 22, Sat, 1-4pm	347125.06
	Jul 27, Sat, 1-4pm	347125.07
	Aug 21, Wed, 6-9pm	347125.08

Instructor: Rebecca Bennetti
Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
Fee: \$100 resident/\$125 non-resident + \$30 materials fe

How Valuable Is That Coin?

Learn what makes coins valuable, and others not, while we explore the interesting history of American coinage from the eighteenth century to today. Discuss ways to buy & sell coins and how to maintain them in their best condition.

18 & up:	Jun 10, Mon, 6-8pm	347106-A
	Aug 12, Mon, 6-8pm	347106-B

Instructor: Jeff Danelek
Location: Longmont Senior Center, 910 Longs Peak Ave
Fee: \$25 resident/\$31.25 non-resident

REAL ESTATE INVESTING

Fundamentals of Real Estate Investing

How to take advantage of this market and profit in real estate. Learn how to buy homes, how to reduce your income taxes, and much more. An individual meeting with the instructor is included.



18 & up:	Jun 11, Tue, 6-9:15pm	347121.06
Location:	Longmont Senior Center, 910 Longs Peak Ave	
Instructor:	Jim Flint, A Better Way Realty	
Fee:	\$25 resident/\$30 non-resident + \$20 materials fee	

How To Prepare Home For Sale

Thinking about selling your home? Not sure what improvements are worth your time and money? Get tips on prepping your home for sale: what home improvements bring the most value, how to stage your home and how to prepare your home for inspection.

18 & up:	Jun 4, Tue, 6:30-8:30pm	347128.06
Instructor:	Laura Chittick, WK Real Estate	
Location:	Longmont Senior Center, 910 Longs Peak Ave	
Fee:	\$10 resident/\$12.50 non-resident	

Alternatives To Traditional Real Estate Investing

Look at the real estate investing options out there: commercial property, assisted living homes, partnerships, and more! Learn how to create a business plan for your investment, including financing options, management, and the formulas you need to measure your ROI.

18 & up:	Jul 30, Tue, 6-9:15pm	347121.08
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Instructor:	Jim Flint, A Better Way Realty	
Fee:	\$25 resident/\$30 non-resident + \$20 materials fee	

Managing Your Rental Property

Learn how to screen your prospective tenants and keep the bad ones out. Be aware of dos and don'ts and about the eviction process. Review Fair Housing Laws and much more.

18 & up:	Jun 13, Thurs, 6-9:15pm	347122.06
Location:	Longmont Senior Center, 910 Longs Peak Ave	
18 & up:	Aug 1, Thurs, 6-9:15pm	347122.08
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Instructor:	Jim Flint, A Better Way Realty	
Fee:	\$25 resident/\$30 non-resident+ \$20 materials fee	

First Time Home Buyer

New to the area or tired of paying rent? Considering purchasing a home but don't know where to start? We take an in depth look at lending options as well as learn about the home buying process from start to finish and how you can purchase a home with little to no money down.

18 & up:	Jul 9, Tue, 6:30-8:30pm	347124.07
Instructor:	Laura Chittick, WK Real Estate	
Location:	Longmont Senior Center, 910 Longs Peak Ave	
Fee:	\$10 resident/\$12.50 non-resident	

PROTECT the life you've built.



People say things don't matter, but that's not true. Your home and the belongings inside are symbolic of years of work and sacrifice. Don't let the next flood wash away your hard work—invest in a flood insurance policy.

Call your insurance agent today, or learn more at FloodSmart.gov.

