



# PRESCHOOL / YOUTH / TEEN

## Guitar for Teens

For absolute beginner. Learn how to tune the guitar, play basic chords, and accompaniment patterns in a fun, relaxed group setting. Students are to furnish their own acoustic guitar. *\*No July 4.*

12-17 yrs: **Jun 13-Jul 25\*, Thurs, 12-1pm** 346300.A

Instructor: Mike Tolle  
Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
Fee: \$48 resident/\$60 non-resident + \$10 materials fee

## Yoga and Mindfulness Camp for Teens

Teenagers: connect with their bodies, minds creativity, nature and likeminded friends. Come and experience two yoga classes, nature walk and mindfulness based activities for fun and relaxation. Guided by an experienced Yoga Teacher and Board Certified Health and Wellness Coach. Lunch and beverages are included

13-18 yrs: **Jul 8, Mon, 9am-4:30pm** 343191.10

**Aug 5, Mon 9am-4:30pm** 343191.20

Instructor: Ursula Bunting  
Location: SSR Visitor Center, 3001 Sandstone Dr  
Fee: \$125 resident/\$156.25 non-resident

## Voice Acting for Teens

Voice acting for animation...specifically for teens! Have fun with interactive character development to increase expressive vocal range, develop inflections, acting out as a character and vocal placement for character acting. Learn how to bring those voices in your head to life with voice acting!

13-17 yrs: **Jun 25, Tue, 5-6:30pm** 346144.06

**Aug 5, Mon, 5-6:30pm** 346144.08

Instructor: Rachel Alena  
Location: Creation Station, 519 4th Ave  
Fee: \$38 resident/\$47.50 non-resident

## Cooking With Ollin Farms

Have fun while cooking with vegetables, fruits and other healthy options. Kids will learn the importance of having 5 colors on your plate and understand the meaning of nutrient dense vegetables. Let's have fun with veggies! Sign up for one or all four.

5-12 yrs: **Fri, 11am-12:15pm**

Dates: **Jun 28; Jul 12; Jul 19; Aug 2** 2346176

Instructor: Kena Guttridge, Ollin Farms  
Location: Izaak Walton Clubhouse, 18 S Sunset  
Fee: \$20 resident/\$25 non-resident



# YOUTH & ADULT

## Personal Safety Awareness

Specifically designed and taught by our local Longmont Police Department, this class covers proven awareness theories; stalking methods used by predators, common myths regarding where and when we are safe, home safety tips, traveling safety tips & easily obtained tools for your defense. Learn simple and effective defensive techniques..

13 & up: **Jun 14, Fri, 6:30-8:30pm** 347123-A

**Aug 23, Fri, 6:30-8:30pm** 347123-B

Instructor: Tori Bellah  
Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
Fee: \$8 resident/\$10 non-resident

## Car Maintenance – What's Under The Hood?

Go through a "tour" of what is under the hood of your car. Learn about fluids and proper up keep; belts and hoses; and what to look for with wear and tear.

15 & up: **May 18, Sat, 10am-12pm** 347660.05

**Jul 20, Sat, 10am-12pm** 347660.07

Instructor: Best Auto Longmont  
Location: 1840 Delaware Pl, Unit C  
Fee: \$10 resident/\$12.50 non-resident

## Alive at 25

Alive at 25 is a driver's awareness course designed by the national Safety Council for young drivers. Designed to be an early intervention program, the class helps prevent traffic violations, collisions, and/or fatalities. Registration is through Alive@25 on the website [www.aliveat25.us](http://www.aliveat25.us) or at 720-269-4046.

15-24 yrs: **Saturday, 8am-12:30pm**

Dates: **Apr 20; May 18; Jun 15; Jul 20; Aug 17**

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
Fee: \$49 driver permit/\$79 court ordered

## Shotokan Karate

Shotokan karate training helps increase physical fitness, confidence, improved motor skills, flexibility, speed, concentration, discipline & personal safety. May session begins with a "2". *\*No class July 4 or Aug 6 & 8.*

6 & up: **Tue & Thurs, 6:40-7:40pm** 345252

Session: **May 2-30, Jun 4-27, Jul 2-30\*, Aug 1-29\***

Instructor: Budo Shotokan  
Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
Youth Fee: \$70 resident/\$87.50 non-resident  
Adult Fee: \$90 resident/\$112.50 non-resident



## Pop Culture Families

Explore big ideas and practice creative and critical thinking while playing in pop culture. Combine fun activities with deep discussions that helps your family get the most out of visiting your favorite fantastic worlds. Bring your family – registration fee includes up to 4 people.

8 & up: **Wed, 6-8pm**

**What Kind of Superhero Are You? May 8** 347109.1A

**Star Wars: Are you a Jedi or a Sith? Jun 12** 347109.2A

**Harry Potter: So You Think You're a Wizard? Jul 17** 347109.3A

Instructor: Kelly Cowling  
Location: Creation Station, 519 4th Ave  
Family Fee: \$5 resident/\$6.25 non-resident



## Learn To Knit

This course is for absolute beginners. By the end of the two classes you will have a warm and beautiful scarf that you will be proud to wear. Plan to knit between classes. Obtain materials list upon registration.

12 & up: **Jun 15-29, Sat, 9-11am** 347415-A  
 Instructor: Gail Sundberg-Douse  
 Location: Longmont Yaarn Shoppe, 454 Main St  
 Fee: \$40 resident/\$50 non-resident

## Learn To Crochet

This course is for the absolute beginner. Learn to crochet by making a sampler headband or purselet. \$20 materials fee covers skeins of yarn, crochet hook, tapestry needle and "Learn To Crochet, Now" book.

12 & up: **Jun 11, Tue, 6-9pm** 347400.06  
 Instructor: Debby Telfer  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
 Fee: \$24 resident/\$30 non-resident + \$20 materials fee

## Wet Felting Soap

With a bit of wool, water, friction and soap wow others with your creative talent and give a useful gift to boot! Leave with 2 bars of soap and the knowledge to make as many more as your heart desires!

10 & up: **Jun 22, Sat, 10-11:30am** 347411-10  
 Location: Longmont Yaarn Shoppe, 454 Main St  
 Fee: \$25 resident/\$31.25 non-resident

## Crochet A Zig Zag Scarf Or Afghan

This course is for the beginner who knows how to do basic crochet stitches: chain, single crochet, double crochet, and can read crochet patterns. Make a zigzag, wavy, or chevron style scarf or get a great start on a classic chevron afghan. Supplies listed on receipt.

12 & up: **May 7, Tue, 6-9pm** 347406.01  
 Instructor: Debby Telfer  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
 Fee: \$24 resident/\$30 non-resident

## SEWING

For more information about the Instructor, visit [www.sewdarneasy.com](http://www.sewdarneasy.com). Supply list on receipt. You may bring your own sewing machine or use a machine supplied. All generations classes – youth and adult in the same class.

Instructor: Cathy Georgerian Fee: \$25 resident/\$31.75 non-resident

### Tote Bag

A beginner project that teaches basic skills while making a stylish bag. The bag is fully lined with an inside patch pocket. A great accessory for shopping or carrying extra items.

8 & up: **Jun 19, Wed, 6-9pm** 347432.06  
 Location: Creation Station, 519 4th Ave

### Beach Bag

What Fun! A beach bag in the shape of a fish. This bag is roomy enough summer gear or used as a laundry bag.

8 & up: **Jun 29, Sat, 1:30-4:30pm** 347431.06  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

### Learn To Quilt a Mug Rug

Have you ever wanted to try sewing, but don't know where to start? This is the perfect beginner project to learn putting fabrics together, sewing seams, and doing a little quilting. You may find the sewing artist in you!

16 & up: **Aug 16, Fri, 6-9pm** 347434.06  
 Fee: \$25 resident/\$31.75 non-resident + \$5 materials fee  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

### Towel Hideaway Bag

Never lose your towel with a full-sized bag attached. Empty the bag, turn it inside out and your towel is ready to use. To pack up, just turn the bag right side out and the towel will tuck back inside.

8 & up: **Jul 24, Wed, 6-9pm** 347433.06  
 Location: Creation Station, 519 4th Ave

## Caricature Basics

Learn the art of caricature and simple ways to draw faces, features, and bodies quickly. Learn how to exaggerate and have fun with features on faces in order to create humor and yet keeping the basic look of a face. Supply list on receipt.

12 & up: **Jun 19, Wed, 9am-12pm** 347365.00  
 Instructor: Gretchen Norwalk  
 Location: SSR Visitors Center, 3001 Sandstone Dr  
 Fee: \$29 resident/\$36.25 non-resident

## Four Handed Potter - Adult/Child

Parent and child pottery class. Introduction to hand building via clay projects that involve adult-child interactions.

5 & up: **Jun 9-16, Sun, 2-4pm** 346427.06  
**Jul 7-14, Sun, 2-4pm** 346427.07  
 Instructor: Susan Bala  
 Location: Creation Station, 519 4th Ave  
 Fee: \$50 resident/\$62.50 non-resident

## Wildlife and Animal Drawing

Study the basic body types of animals and how bodies are formed to draw them realistically. Study how the fur and odd characteristics are shaped in order to create animals and birds with pencil on paper. Supply list on receipt.

12 & up: **Jun 26, Wed, 9am-12pm** 347366.00  
 Instructor: Gretchen Norwalk  
 Location: SSR Visitors Center, 3001 Sandstone Dr  
 Fee: \$29 resident/\$36.25 non-resident

## Music Together – Parent/Child

An early childhood music and movement program for children and their parents. It is a research-based early childhood music curriculum that strongly emphasizes adult involvement. Classes include singing, movement activities and instrumental jam sessions. *\*No Class Jun 22*

Birth-5 yrs: **Jun 5-Jul 10, Wed, 9:30-10:15am** 345352.06  
**Jul 17-Aug 21, Wed, 9:30-10:15am** 345352.07  
**Jun 8-Jul 20\*, Sat, 9-9:45am** 345352.6A  
 Location: Izaak Walton Clubhouse, 18 S Sunset St  
 Instructor: Rhonda Ritter  
 Fee: \$78 resident/\$97.50 non-resident + \$35 materials fee