

# THERAPEUTIC RECREATION



**The SCOPE** (Supportive, Captivating, & Original Programs & Experiences) This Program encourages people of all abilities to participate in recreational programs and activities. The mission of SCOPE is to provide specialized support and recreational opportunities to people with disabilities. Our vision is to enrich lives and create experiences that are memorable, empowering, fun and safe for all participants.

## SCOPE: Bowling

Come enjoy a fun and exciting leisure activity, or prepare for the Special Olympics tournament in the fall. Each bowler participates at his/her own pace, and should have a basic knowledge of bowling. An additional fee of \$1 is collected from each bowler per week for Centennial Lanes. \*No Nov 28.

12 & up: **Sept 5-Oct 17, Thurs, 3-4pm** 449100.A  
**Oct 24-Dec 12\*, Thurs, 3-4pm** 449100.B

Location: Centennial Bowling, 110 E 9th Ave  
 Fee: \$16 resident/\$20 non-resident

## SCOPE: Volleyball

This program offers instruction and training in Special Olympics Volleyball unified team competition.

12 & up: **Sept 24-Nov 12, Tue, 7-8pm** 449110.A

Location: St Vrain Mem Bldg, 700 Longs Peak Ave  
 Fee: \$16 resident/\$20 non-resident

## SCOPE: Swimming

Swim sessions are designed for group instruction, with focus on basic swim stroke technique and improvement of swimming skills, personal fitness and water safety.

8 & up: **Sept 13-Nov 1, Fri, 5:30-6:30pm** 420981.1

Location: Centennial Pool, 1201 Alpine St  
 Fee: \$24 resident/\$30 non-resident

## SCOPE: Drumming

This introduction to drumming for people with special needs is fun, easy and accessible to anyone. The Djembe drum from West Africa is the drum of choice, and drums are provided. Simple rhythms are presented slowly and patiently.

14 & up: **Tue, 5:15-6:16pm**  
**Aug 6-27** 349400  
**Sept 3-24; Oct 1-22; Oct 29-Nov 19** 449400

Fee: \$32 resident/\$40 non-resident

**Dec 3-17** 449400

Fee: \$24 resident/\$30 non-resident

Instructor: Gregg Hansen

Location: Izaak Walton Clubhouse, 18 S Sunset

## SCOPE PARTIES

### SCOPE: Fall Kickoff

Kick off the SCOPE Party season and get your groove on as we sing and dance to your favorite tunes. Catch up with your friends and enjoy refreshments, crafts, and classic tailgate games.

8 & up: **Sept 23, Mon, 7-8:15pm** 449505.A

Location: Senior Center, 910 Longs Peak Ave  
 Fee: \$5 resident/\$6.25 non-resident

### SCOPE: Holiday Party

Come see the beautiful lights in Roosevelt Park, make some holiday crafts, and indulge in some holiday tunes, cookies, and hot chocolate!

8 & up: **Nov 25, Mon, 7-8:15pm** 449504.A

Location: Senior Center, 910 Longs Peak Ave  
 Fee: \$5 resident/\$6.25 non-resident

### SCOPE: Try A Sport

Come "scope" us out as you "try" a new sport! Join us, have a blast, and make new friends. No experience needed. 14 & up:

**Rock Climbing Sept 20, Fri, 5-6:30pm** 447913

Location: Longmont Recreation Center, 310 Quail Rd

## Thank You VOLUNTEERS!

The SCOPE Program would like to thank the following people for donating their time and talents to make a difference in the lives of people with special needs:

Connie & Dean Johnson, Eric Christensen, Nanette Linder & Kelley Norris, Tom DeHerrera, Mark & Lydia Tafoya, Russ Ray, Steve Zimmerman, Manny Cano, Marcus Cano, Mark Powell & Powell Structure Moving, Tony Occhiuto, Jim Keller, People First, Ben Keith, Al Wolden, Alexis Glover, Alyssa Savin, Perry Martinez, Tom & Erin Lange, Longmont Elks Lodge 1055, and the wonderful staff at Centennial Lanes and everyone who so kindly supports our programs and activities!

If you are interested in sharing your time or talents, please call 303-774-3795.

More volunteer opportunities exist for adults, teens, and families. Sign up online at [www.LongmontColorado.gov/donate](http://www.LongmontColorado.gov/donate)

## Volunteer Spotlight Nanette and Kelley

SCOPE Softball for All volunteers Nanette and Kelley are coaches for the Stingrays team.

Their heartfelt commitment and endless encouragement for their athletes is apparent at every softball game. We are so grateful to work with thoughtful and dedicated volunteers. Thank you for all you do in sharing your energy and heart with SCOPE!

