

SUMMER 2020

# RECREATION & GOLF SERVICES

## Triathlon Weekend

New Dates  
August 22 & 23



At publication time, the COVID-19 response continues to be rapidly evolving. Please note that the availability of programs and events contained within these pages are subject to current recommendations and may not be offered as listed. For the most up-to-date information, please refer to [LongmontColorado.gov/news](https://www.longmontcolorado.gov/news) and [LongmontColorado.gov/rec](https://www.longmontcolorado.gov/rec).

**SEE  
INSIDE**

**Event Calendar Pull Out**  
**Facility & Park Shelter Rental Information**  
**City of Longmont Information Section**

**CITY OF  
Longmont**  
Recreation &  
Golf Services

## A Message *FROM* Our Manager

Welcome to Longmont Recreation & Golf Services! Thank you for picking up this brochure.

How we play impacts our individual well-being and enhances the quality of our life. We are fortunate to enjoy a wide range of options, from the parks and trails throughout the city, to community-wide special events, to diverse programming for people of all ages. Through coordination and collaboration with local public, private, and non-profit agencies, Longmont Recreation offers something for everyone. We invite you to explore and take a chance to try something new!

Are you or someone you know looking for seasonal employment? Longmont Recreation & Golf Services seeks to fill over 200 summer job openings. Jobs exist in aquatics, athletics, business operations, fitness, day camps, and building support staff. Interviews are ongoing! Check out LongmontColorado.gov/jobs for the most current offerings.

Check and see what we have to offer and find the program, trail or park (or job) that is right for you!

*Jeff Friesner,*  
Recreation & Golf Manager



Are you ready to make a difference in your community? Longmont Recreation is looking for reliable teens and young adults ages 15+ to join our team as day camp leaders, lifeguards, swim instructors, and more. Build your resume, find new friends, and make money! Summer applications are open NOW for jobs starting in May.



### Quick Reference Guide

## 3 Easy Ways *to* Connect with Recreation

Questions? Registrations? Reservations?



#### ONLINE

- RecSupport@LongmontColorado.gov
- Home Page: [www.LongmontColorado.gov/rec](http://www.LongmontColorado.gov/rec)
- Program Registrations: [rec.ci.longmont.co.us](http://rec.ci.longmont.co.us)
- Park Shelter Reservations: [www.LongmontColorado.gov/park-shelters](http://www.LongmontColorado.gov/park-shelters)



#### IN PERSON

- Longmont Recreation Center, 310 Quail Rd
- St Vrain Memorial Building, 700 Longs Peak Ave
- Centennial Pool, 1201 Alpine St



#### OVER THE PHONE

- See more phone numbers inside on page 3 in the City Info Section
- General Class Registrations: 303-651-8404
  - Aquatic/Swim Lesson Registrations: 303-774-4800
  - Longmont Recreation Center Facility Questions: 303-774-4800
  - Park Shelter Reservations: 303-651-8404
  - Athletics/Sports League Registrations: 303-774-4800
  - Facility Reservation Information: 303-651-8404
  - Birthday Parties: 303-651-8404



### IMPORTANT INFORMATION

- Full payment is due at registration.
- \$5 minimum service charge assessed for cancellations. Cancellations requested with less than 7 days notice are subject to no refund or loss of a percentage of fees paid.
- Sorry, refunds cannot be given in cash. A check will be issued and mailed within 2 weeks.
- \$25 charge on all returned checks.
- A resident is defined as living within the City limits of Longmont and having utilities (trash service) provided by the City of Longmont.
- Classes may be cancelled or consolidated if minimum enrollment figures are not met 3 business days before a class starts. Participants will be contacted.

# FACILITY FEES

## Admittance Fees

(All fees are subject to change. Resident is defined as within Longmont city limits.)

### 20 VISIT PASS

Valid at all facilities - Expires 5 years from date of purchase.

	Resident	Non-Res	Corp/Mil
All ages	\$86.75	\$108.00	\$78.00

20 visit passes may be shared with friends and family.

### 30-DAY VISIT PASS

	Resident	Non-Res	Corp/Mil
Child 2-10 yrs	\$18.00	\$22.50	na
Youth 11-17 yrs	\$26.00	\$32.50	na
Adult 18-54 yrs	\$43.00	\$53.75	\$38.70
Senior 55 and up	\$26.00	\$32.50	\$23.40
Household	\$83.00	\$103.75	\$74.70
Couple	\$74.00	\$92.50	\$66.60

Valid at all facilities. Expires 30 days from start date.

### 3-MONTH PASS\*

	Resident	Non-Res	Corp/Mil
Child 2-10 yrs	\$47.50	\$59.50	na
Youth 11-17 yrs	\$68.00	\$85.00	na
Adult 18-54 yrs	\$119.00	\$149.00	\$95.00
Senior 55 and up	\$68.00	\$85.00	\$54.50
Household	\$224.00	\$280.00	\$200.00
Couple	\$197.00	\$246.50	\$173.00

Valid at all facilities. Expires 3 months from date of purchase

### ANNUAL PASS: Monthly Payments\*

	Resident	Non-Res	Corp/Mil
Child 2-10 yrs	\$17.00	\$21.50	na
Youth 11-17 yrs	\$24.00	\$30.00	na
Adult 18-54 yrs	\$42.00	\$52.50	\$36.00
Senior 55 and up	\$24.00	\$30.00	\$21.00
Household	\$79.00	\$98.75	\$73.00
Couple	\$70.00	\$87.50	\$64.00

Valid at all facilities. Monthly credit card charge or checking/savings

account debit minimum commitment 12 + months required.

Subject to early termination fee of one month. Auto Renews. Forms to cancel auto debit must be received by the 25th of the month prior to stopping; no proration. Any overdraft fees responsibility of cardholder.

### ANNUAL PASS: Paid in full\*

	Resident	Non-Res	Corp/Mil
Child 2-10 yrs	\$165.00	\$206.00	na
Youth 11-17 yrs	\$236.00	\$295.00	na
Adult 18-54 yrs	\$414.00	\$517.50	\$313.00
Senior 55 and up	\$236.00	\$295.00	\$189.00
Household	\$779.00	\$973.00	\$696.00
Couple	\$686.00	\$857.50	\$603.00

Valid at all facilities - Expires 1 year from date of purchase. Includes 2-6 free visits with purchase

#### \*The benefits of 3-Month and Annual passes:

Admittance to all indoor year round facilities. Admittance to seasonal outdoor facilities (Ice Pavilion, Sunset Pool, Kanemoto & Roosevelt Activity Pools). Free towels at LRC and the St Vrain Memorial Building. Free Babysitting at LRC for Family Passholders.

† **Household pass:** The household rate is for 2 adults and their children (22 & under) living at home.

### DROP-IN VISIT

(per person)	Resident	Non-Resident
Child 2-10 yrs	\$4.50	\$5.50
Youth 11-17 yrs	\$5.00	\$5.75
Adult 18-54 yrs	\$5.75	\$7.25
Senior 55 and up	\$5.00	\$5.75

Drop-In Visit fees are good for all day, same day use, same user with receipt.

### ACTIVITY POOL FEES

	Resident	Non-Resident
Under 1 year	\$0.75	\$1.00
1-5 years	\$3.00	\$3.50
6 years & older	\$3.50	\$4.50

Valid at Kanemoto and Roosevelt Activity Pools. See page 9

### PRESCHEDULED GROUP RATE (10+ people)

A reduced rate for groups of 10 or more is available at the Longmont Recreation Center, 303-774-4800, Sunset Pool, 303-651-8300 and Centennial Pool, 303-651-8406. The prescheduled group rate pricing at the Longmont Ice Pavilion, 303-774-4777, is a discount of \$1 off the regular rate. A name, phone number and number of people expected is required to pre-schedule at a facility. 24 hr notice required.

	Resident	Non-Resident
Child/Youth 2-17 yrs	\$4.25	\$5.25
Adult 18-54 years	\$5.25	\$6.75
Senior 55 and up	\$4.25	\$5.25

### CORPORATE RATE

Recreation partners with businesses to promote health & wellness. A minimum of 3 pass-holding employees are required for corporate status. Employees (re) enroll each year to receive benefits. Call 303-651-8821 for more information.

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Follow us on Facebook!

[www.facebook.com/longmontrecreation](http://www.facebook.com/longmontrecreation)

Para información sobre esta publicación en Español llame al 303-651-8601 o correo electrónico [maria.tostado@longmontcolorado.gov](mailto:maria.tostado@longmontcolorado.gov)



## CITY COUNCIL

There are a variety of ways to contact city council members:

- City council meetings, every Tuesday at 7 pm
- Coffee with Council, one Saturday of every month Jan-Oct
- Mail c/o City Clerk's Office, 350 Kimbark St. 80501
- Public events, including Cinco de Mayo and Rhythm on the River
- Email and phone

### MAYOR

**Brian Bagley**

Term expires 11/2021

brian.bagley@longmontcolorado.gov  
303-651-8602

### MAYOR PRO TEM & AT-LARGE

**Aren Rodriguez**

Term expires 11/2021

aren.rodriguez@longmontcolorado.gov  
303-774-3615

### WARD I

**Tim Waters**

Term expires 11/2023

tim.waters@longmontcolorado.gov  
303-774-3614

### WARD II

**Marcia Martin**

Term expires 11/2021

marcia.martin@longmontcolorado.gov  
303-774-3617

### WARD III

**Susie Hidalgo-Fahring**

Term expires 11/2023

susie.hidalgofahring@longmontcolorado.gov  
303-774-3612

### AT-LARGE

**Polly Christensen**

Term expires 11/2021

polly.christensen@longmontcolorado.gov  
720-606-3665

### AT-LARGE

**Joan Peck**

Term expires 11/2023

joan.peck@longmontcolorado.gov  
303-774-3619

## LONGMONT CIVIC CENTER

350 Kimbark | 303-776-6050

### Hours of Operation:

Monday 8am-5pm | Tuesday 7:45am-6pm  
Wednesday 8am-5pm | Thursday 7:45am-6pm  
Friday 8am-5pm | Closed Saturday and Sunday

Holidays: **May 25, July 3, and September 7**



## GOLF ADVISORY BOARD

Earl Ingalls

Bill Yetzer

John Hay

Fred Schulerud

Marcia Elgar

Tim Waters, *City Council Liaison*

Matt Toepfer

Marshall Allen

## MUSEUM ADVISORY BOARD

Eve Lacey (Chair)

Brandy Coons

Brydon Cooke

Susie Hidalgo-Fahring *City Council Liaison*

Kristina Carlson

Dale Bernard

Kristyle Solomon

*City Council Liaison*

Rhea Moriarity

Amber Shipco

Ellen Ranson

## PARKS & RECREATION ADVISORY BOARD

Sue Ahlberg

Robert Pudim

Katja Stokley

Paige Lewis

Manoj Gangwar

Aren Rodriguez, *City Council Liaison*

Dan Ohlsen

Jeff Ellenbogen

## SENIOR SERVICES ADVISORY BOARD

Prudence Carter

Jeanine Tarrant

Sara Beery

Michelle Cregut

Jack Belchinsky

Marcia Martin, *City Council Liaison*

Sheila Conroy

Susan Alling Art Quintana

## CALLAHAN HOUSE ADVISORY BOARD

Candis Schey

Connie Neumann

Kathy Korpela, *Staff Liaison*

Janet Pearson

Karen Reed

Maureen McCoy

Maureen McCoy

Anne Thompson

## TAKE YOUR PLACE ON A CITY BOARD OR COMMISSION!

What is your passion? Preserving history? Programs for senior citizens? Longmont's beautiful parks and open spaces? Ensuring that community services are available to everyone?

If you have a desire to serve your community and participate in the deliberation of topics of importance to the city, consider serving on a volunteer advisory board. Applicants must be registered voters and residents of Longmont for at least one year prior to serving.

**It's easy to apply!** Visit the City's website at [bit.ly/longmontapp](http://bit.ly/longmontapp)  
Questions? Call the City Clerk's Office at 303-651-8649.

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## Join Coffee with Council in 2020

The public is invited to Coffee with Council January through October, at locations throughout Longmont. Find locations online at [LongmontColorado.gov](http://LongmontColorado.gov)

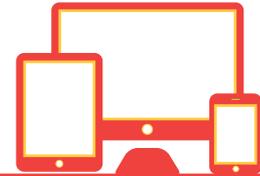
**Apr 25, May 30, Jun 20, Jul 25, Aug 22 | Saturday, 9-10am**

For information about city council meetings and agendas, visit [www.LongmontColorado.gov](http://www.LongmontColorado.gov) or call the Manager's Office at 303-651-8601.



## LONGMONT PHONE NUMBERS

General Information	303-776-6050
Animal Control	303-651-8500
Building Inspection	303-651-8332
CDBG / Affordable Housing	303-651-8736
Centennial Pool	303-651-8406
Children, Youth and Families	303-651-8580
City Clerk's Office	303-651-8649
City Manager / Mayor	303-651-8601
Code Enforcement	303-651-8695
Community & Neighborhood Resources	303-651-8444
Economic Development	303-651-8330
Electric Power Interruption	303-776-0011
Facility Rental Hotline	303-651-8443
Fire Administration	303-651-8437
Forestry	303-651-8416
Hearing Impaired TTD#	800-659-3656
Longmont Museum & Stewart Auditorium	303-651-8374
Longmont PD/BCSO Firing Range & Training Center	303-774-4587
or	303-774-4589
Longmont Power & Communications (electric and NextLight)	303-651-8386
Longmont Public Library	303-651-8470
Longmont Recreation	303-651-8404
Municipal Court	303-651-8688
Parking Enforcement	303-651-8658
or	303-774-4724
Parks, Open Space & Trails	303-651-8416
Police Administration	303-651-8555
Public Works Engineering	303-651-8304
Senior Center	303-651-8411
Streets & Traffic	303-651-8416
Sunset Pool (Seasonal)	303-651-8300
Sunset Golf Course	303-651-8466
Trash/Recycling/Composting	303-651-8416
Twin Peaks Golf Course	303-651-8401
Union Reservoir	303-772-1265
Ute Creek Golf Course	303-774-4342
Utility Billing	303-651-8664
Water/Sewer/Storm Drainage	303-651-8416



## LONGMONT ONLINE

### Home Page:

[www.LongmontColorado.gov](http://www.LongmontColorado.gov)

### Link2Longmont:

[www.LongmontColorado.gov/Link2Longmont](http://www.LongmontColorado.gov/Link2Longmont)

### Twitter:

[www.twitter.com/cityoflongmont](http://www.twitter.com/cityoflongmont)

### City Line:

[www.LongmontColorado.gov/cityline](http://www.LongmontColorado.gov/cityline)

### Engage:

<https://engage.longmontcolorado.gov>

### Facebook:

[www.facebook.com/cityoflongmontco](http://www.facebook.com/cityoflongmontco)

### YouTube:

[www.youtube.com/user/cityoflongmont](http://www.youtube.com/user/cityoflongmont)

### Flickr:

[www.flickr.com/photos/longmontcolorado](http://www.flickr.com/photos/longmontcolorado)

### Instagram:

[www.instagram.com/longmontcolorado](http://www.instagram.com/longmontcolorado)

## LOCAL SERVICE PROVIDERS

The City of Longmont Recreation staff strives to provide a broad spectrum of recreation and leisure opportunities for a wide range of ages, interests and abilities.

However, we also acknowledge that not every recreational interest is addressed in our program line up. With this in mind, we would encourage you to contact one or more of the other local providers that provide quality programs in the Longmont community.

A list of local service providers is available online at [LongmontColorado.gov/rec](http://LongmontColorado.gov/rec) on the athletics page.

Every effort is made to provide accurate information. If you are a local service provider and would like to have your information included on the list, please send your information to [RecSupport@LongmontColorado.gov](mailto:RecSupport@LongmontColorado.gov).

City of Longmont is

**COMMITTED to SUPPORTING PEOPLE of ALL ABILITIES in RECREATION**

through both **SPECIALIZED** and **INCLUSIVE PROGRAMS.**

We strive to exceed the requirements set forth in the Americans with Disabilities Act and to create a welcoming and supportive community.

If you require an accommodation, please notify us at least two weeks in advance. For more information and/or to request accommodation go to <https://www.longmontcolorado.gov/ada> or contact the City ADA coordinator, Joanne Zeas, at 303-651-8605 or [joanne.zeas@longmontcolorado.gov](mailto:joanne.zeas@longmontcolorado.gov).

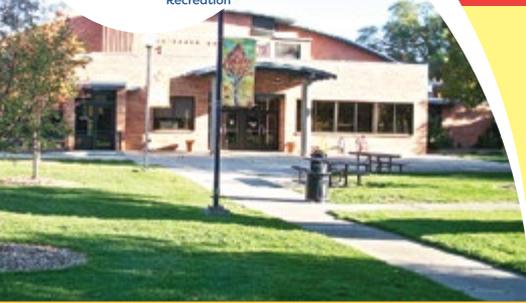
## VOLUNTEERS MAKE IT POSSIBLE

Divisions and departments across the City rely on the support of volunteers for a variety of projects and programs. Summer months have programs and events large and small. From volunteers at Longmont's signature event Rhythm on River, to triathlon support, to helping youth programming at Sandstone Ranch Visitors & Learning Center, to volunteer coaches for SCOPE sports, we depend on YOU to help create this fantastic community in which to live!

If you are interested in contributing to our Longmont community and making Longmont the best it can be, visit our volunteer pages online at [longmontcolorado.gov/community/volunteer-opportunities](http://longmontcolorado.gov/community/volunteer-opportunities).



# MEMORIAL BUILDING



## ST. VRAIN MEMORIAL BUILDING

700 Longs Peak Ave | 303-651-8404

### Building/Weight Room Hours

Monday-Friday ..... 6:00 am - 8:00 pm  
Saturday ..... 7:00 am - 5:00 pm

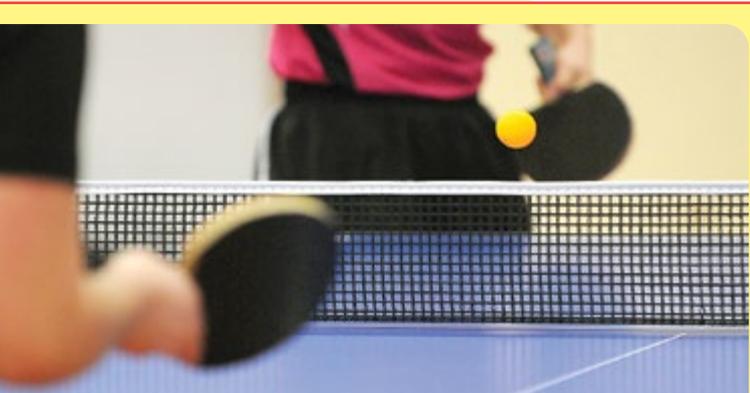
Closed Memorial Day, May 25, & July 4



A quieter, more intimate setting for your workout, to take a class, or to learn a new skill. Much of the same equipment as a large workout gym with none of the pretention or crowd. Offering a wide variety of fitness and general variety classes for little tykes to active older adults. Friendly and professional staff and great patrons make it a comfortable community atmosphere. Clean, quality amenities make it worth returning again and again.

### Recreation in the heart of the Longmont:

- ✓ Weight room with free weights, selectorized machines, and cardio equipment
- ✓ Feature court gymnasium ✓ **NEW!** TRX classes
- ✓ Aerobics/Wellness room
- ✓ Classroom/Party and Conference room
- ✓ Season access to Longmont Ice Pavilion & Roosevelt Activity Pool
- ✓ Adjacent to Roosevelt Park walking loop
- ✓ Towel Service available; free for extended pass holders, \$1 all others



### Drop-In Table Tennis

Engage with the Olympic sport of table tennis. Free instructional clinics on select Mondays teaches rules, technique, and strategy in a group setting; all experience levels welcome. The Clinic instructor is David Vollmar, one of the top players in the state of Colorado with over 40 years of experience. Bring your own paddle.

#### Open Play: Mondays, 7-10pm

Clinics: **1st & 3rd Monday of each month, 7-8pm**  
Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
Fee: Regular facility admission fees.  
Passes are accepted.

### NEW! Drop-in Floor Hockey

Get a great workout while having a blast with new friends. Equipment provided. No experience necessary. Admission fees apply.

#### 18 & up: Wednesdays, 6:30-8pm

Location: St Vrain Memorial Bldg,  
700 Longs Peak Ave

### Memorial Building Rental Fees

For Rental Availability Call 303-651-8404

Gymnasium Rental: \$60/hr  
After Hours Supervisor: \$20/hr

*Table and Chairs are additional.  
Rental deposit may be required.*



### Strider Glider Wednesday

Looking for a safe, comfortable, and contained space for your child to use their strider glider? Join us on select Wednesdays for parent/child time in the gym to stride away along our fun courses! A limited number of loaner striders are available.



2-5 yrs: **Wed, 9:30-10:30am, Apr 8, May 6** 245450  
Location: St Vrain Memorial Bldg,  
700 Longs Peak Ave  
Daily Fee: \$6 per child – Register keyword "strider"

### Itty Bitty City NEW TOYS!

Snow or Shine, our toys are divine! Kids ages 6 months to 5 years have lots of room to run and play in the gym! Parents must supervise their children. Please, no older children. No fee for babies less than 6 months old.

Ages: 6 months to 5 years with a parent  
Dates: **Jan 10-May 15, Fridays, 9-11am**  
Location: St Vrain Memorial Building  
Fee: \$3 per child; 10 visit pass \$24



**No summer  
Itty Bitty City,  
resumes in  
September**

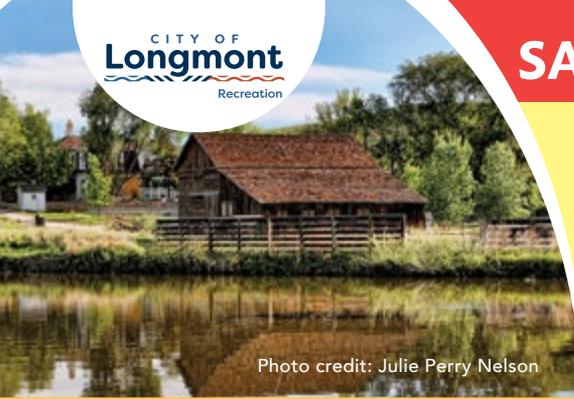


Photo credit: Julie Perry Nelson

**SANDSTONE RANCH VISITORS & LEARNING CENTER**  
3001 Sandstone Drive | Longmont, CO 80504 | 303-651-8404

**Visitors Center Hours:**

Mondays 9am to noon, May 4 through Aug 31  
Saturdays 10am-2pm, 2nd & 4th Saturdays, May 9 through Oct 24  
Closed: May 25, Mon, Jul 3, Fri & Aug 8, Sat

**No pets allowed at the center or on trails due to wildlife.**

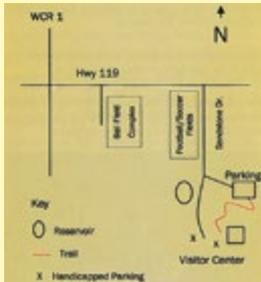


**Sandstone Ranch Group Tours**  
*Nature, explore, and more!*

Classes, organizations, families....  
Call 303-774-4694 to schedule.  
1Hr: \$3/person 2Hr: \$4/person

**How to Get to Sandstone Ranch Visitors Center**

Sandstone Ranch Visitors Center is located just east of Longmont on Highway 119. The turn-off for the District Park and Visitors Center is one mile east of the Intersection of Highway 119 and Weld County Road 1. Drive south on Sandstone Drive (next to the football and soccer fields) and follow the directional signs to the Visitors Center/ Trailhead parking lot. Follow the walking trail down to the Visitors Center. Handicapped parking is available in front of the Visitors Center



**Discover a treasure of nature & history, just outside your door.**

The Visitors Center includes hands-on displays on environmental features of the area, as well as history of the Coffin family who homesteaded the site, and other early Longmont history. There is no admission fee to the Visitors Center. A nature trail from the Visitors Center takes you past several historical buildings, near the sandstone bluffs, and includes a scenic overlook.

**PROGRAMS AT SANDSTONE RANCH**

The following workshops and programs have limited seating. Pre-registration for each person attending is encouraged either online at LongmontColorado.gov/rec or by calling 303-651-8404 a week in advance. Suggested donations, \$2 per child and \$4 per adult, are collected at the event unless otherwise noted.

**Guided Bird Walks**

Local birding guide, Carl Starace, guides you around the loop trail to look & listen for local birds that migrate through or call Sandstone home. Please bring your binoculars and water. \*\*These walks will start at the covered picnic shelter at the Southeast corner of the soccer field. No registration required.

**May 11, Jun 8, Jul 13, & Aug 17, Mon, 8:30am**

**SATURDAYS @ SANDSTONE**

**Beginning Bird Watching**

Learn the basics about bird watching: from how to use binoculars more efficiently, tips on identifying birds, to the most common ones you might find at Sandstone. This will start indoors and end with a walk around part of our loop trail, so dress for the weather. Bring binoculars if you have them.

10 & up:  
**May 9, Sat, 10:30am-12pm 306205.A**

**Amazing Insects**

Join Russ Lambert, "The Bug Man", for this hands on & interactive talk about the insect & arachnid world. Learn about the value & importance of these sometimes misunderstood critters, as well as get to see part of a 600 specimen collection from butterflies to some spiders, & scorpions, including some from foreign nations.

10 & up:  
**May 23, Sat, 10:30am-12pm 306112**

**Mammals**

Join volunteer naturalists for a fun, hands-on, outdoor program to learn about the mammals that call Sandstone Open Space and your backyard home. After the program, visit the historic ranch house to learn about some of the interesting human history associated with this site. Best suited for children with adult companions.

**Jun 13, Sat, 10:30am-12pm 306107.A**

**Art Class: Card Making**

Learn how to make your own greeting cards. Supplies to make 3-5 cards provided. Bring personal photos, if desired, to use as part of your projects. Class limited to 12.

10 & up:  
**Jun 27, Sat, 10:30am-12pm 306353**

**Draw from Nature: Nature Journaling**

In this introduction to nature journaling class, a local artist guides you through the process of capturing what you see and putting it onto paper in your own unique style. Art supplies provided. Teens must be accompanied by an adult. Class limited to 10.

15 & up: **Jul 11, Sat, 10:30am-12:30pm 306354**

**Mondays @ Sandstone**

Drop in during open hours to explore the self-guided theme tables with information, examples, and activities relating to weekly themes related to Sandstone and its surrounding area (history, geology, nature, wildlife, etc). All ages welcome. Enjoy a walk out to the new bridges to see the beautiful views. **\*\*Please note: this is not a workshop or class. \*No May 25.**

**May 4-Aug 31, Mondays, 9am-12pm**

**Fun Fridays**

Come enjoy indoor & outdoor play with weekly themes & crafts, and Storytelling in the main room at 11am. Parking near house is limited, so use upper parking lot, & try to carpool. Bring sunscreen, water, snacks & washable clothes. **\*No July 3**

2-10 yrs w/parent:  
**Jun 5-Jul 31\*, Fridays, 9am-12pm**  
\$2 per child suggested donation for craft supplies

**RENT THE SANDSTONE RANCH VISITORS & LEARNING CENTER**

Whether you are looking to book a business retreat, a holiday potluck, a memorial of life or an outdoor wedding, come see what Sandstone Ranch has to offer!  
**Call 303-651-8443 to talk to our rental specialist.**



## LONGMONT RECREATION CENTER

310 Quail Road | 303-774-4800

### Hours of Operation:

Mon-Thurs 5am-10pm | Fri 5am-9pm | Sat & Sun 7am-6pm

### Holiday Hours:

Apr 12: 12pm-4pm  
May 25, Memorial Day: 10am-4pm  
July 4: 10am-4pm

## Pool hours

### Lap Pool/Hot Tub:

Mon-Thurs 5:00am - 9:30pm  
Fri 5:00am - 8:30pm  
Sat/Sun 7:00am - 5:30pm

### Leisure Pool:

Mon-Thurs\* 9:00am-9:30pm  
Fri 9:00am-8:30pm  
Sat 9:00am - 5:30pm  
Sun 11:00am - 5:30pm  
Slides Open 11am-9:30pm M/W/F;  
11am-4pm & 7-9:30pm T/Th;  
11am-5:30pm Sat/Sun

\*No slides/water features on during swim lessons and some fitness classes. Current pool schedules are posted online.

## Babysitting Information

Parent/guardian must be in the facility.

**Ages: 6 mo - 7 yrs.**

Mon-Wed 8:15am-1:15pm  
Thurs-Fri 8:15am-2:45pm  
Mon-Fri 4:00pm-7:00pm  
Saturday 8:00am-12:00pm  
Sunday 8:30am-1:00pm

Hours subject to change.

**Rates:** \$3/hr Min 1 hour, Max 2 hrs  
\$60 for 20 hour passcard. Included w/  
Family Annual, Quarterly and Monthly  
Passes.

## Climbing Wall

Mon-Fri thru 5/22 4:00pm-8:30pm  
Mon-Fri Summer 12:00-8:00pm  
Sat/Sun 10:00am-4:00pm

Participants must sign a waiver. Parents must be present for youth under 8 years old. Closed toed shoes and dry body and hair are required.

## A one-stop recreation facility offering:

- ✓ Running track (11 1/2 laps = 1 mile)
- ✓ Classroom/Party room
- ✓ Weight room with free weights and selectorized machines
- ✓ Lap Pool (6 lanes, 25 yards)
- ✓ Cardio equipment and aerobics room
- ✓ Leisure Pool with waterslides, lazy river, and interactive play features
- ✓ Multi-court gymnasium
- ✓ Babysitting services
- ✓ Climbing wall
- ✓ Steam and dry sauna, spa

Only authorized City of Longmont Recreation staff are permitted to train, coach or consult others in City facilities. If interested in using City facilities for this purpose, please get details at the front desk.

## MAY SWIM LESSONS

### TUESDAY & THURSDAY MORNING

	Time	Ssn 5
	Date	4/28-5/14
	Fee	\$28.50/\$35.75

Water Explorers	9:30AM	210214.5A
Turtle	10:05 AM	210221.5A
Alligator	11:15AM	210222.5A
Seal	10:40 AM	210223.5A

### Aquababy & Aquatot Fees

	Fee	\$14.25/\$17.75
Aquababy - Tues	9:30AM	210211.5A
Aquatot - Thur	9:30AM	210212.5A

### SMALL CLASSES - TUE & THURS MORNINGS

	Time	Ssn 5
	Date	4/28-5/14
	Fee	\$60/\$75

Turtle	10:40 AM	210221.S5
Alligator	10:05 AM	210222.S5
Seal	11:15 AM	210223.S5



## Sports Drop-In Hours at the Longmont Recreation Center:

**Volleyball** Tue, 9am-12pm  
Fri, 8am-12pm & 7pm-9pm

**Basketball** Mon-Fri 11:30am-1:30pm  
Sun 7am-10am  
Women Only: Wed 7pm-9pm

**Pickleball** Mon-Thurs, Seniors Only, 2pm-4pm  
M/W/F 7am-9am  
Sun 1:30pm-3:30pm  
All ages: maximum 2 courts



Voted Best Workout Place in Longmont 2018 & 2019!

## Lobby Remodel Feedback/Input

### Your input is important!

Funding may be available in 2020 for the design to renovate the lobby at the Longmont Recreation Center. The focus of this project is to optimize workout and facility space; including re-purposing the existing concessions area.

Your feedback is vital as we develop our direction in this planning stage. If you would like to be included in the process, please put your name and contact information at the Longmont Recreation Center at the front desk sport ball check out station or email your contact information to RecSupport@longmontcolorado.gov with subject "lobby remodel".

## HISTORIC CALLAHAN HOUSE

312 Terry Street | 303-776-5191

Historic Victorian Home and Garden setting perfect for a variety of personal and professional events and gatherings.

The Callahan House offers an individualized event experience customized with your plans & the beautiful setting in mind. Your event is special and we treat it like our very own! Contact Kathy Korpela, House Manager, today for more information.

Kathy.Korpela@LongmontColorado.gov  
303-776-5191

Enjoy the *Gracious Elegance* of a *Charming Victorian* setting for...

- Weddings and Receptions
- Rehearsal Dinners
- Showers
- Sunday Brunches
- Corporate events
- Open Houses
- Parties
- Retreats
- Recitals
- Holiday gatherings
- Luncheons
- Club Meetings
- Business Meetings
- Memorials

Callahan  
*Spring*  
Open House  
May 16, Sat, 4-8pm

*Ice Cream Social*  
July 19, Sun, 1-4pm

## ACTIVITY POOLS



### ROOSEVELT ACTIVITY POOL

903 8th Ave | 303-774-4455

Roosevelt Activity Pool is a heated outdoor pool with a maximum depth of 2'8". It features zero-depth geysers, tumble buckets, water cannon and a spray garden primarily geared for ages 8 & under.

**Summer Pool Hours:** May 29-August 16  
Monday- Sunday 10am-4pm

See fees page 1.

### Private Activity Pool

#### After Hour Rental Opportunities:

Available before or after regular scheduled pool hours.

**Includes:** Entire pool, grass play areas, shade tent(s), restroom facilities and all necessary staff.

- Rental fee paid dictates pool facility enter and exit times.
- ½ of rental fee may be refunded if reservation is cancelled by renter.

**Rental Fees:** \$95/hr



### KANEMOTO ACTIVITY POOL

1151 S. Pratt Pkwy | 303-774-3784

Kanemoto Activity Pool is a heated outdoor activity pool geared for youth 10 & under. Kanemoto has a zero depth entry, chair lift entry, fun water slide and a 4 foot deep end - great for jumping and swimming.

**Summer Pool Hours:** May 29-August 16  
Monday-Sunday 10am-5pm  
**Post Summer Pool Hours:** August 17-August 23  
Monday-Sunday 10am-2pm

### Activity Pool Shade Shelter Reservations

- Shade Shelters are stand-alone colorful canopies that are available at both Activity Pools.
- Shade tents approximately 12 x 12 feet, located in the grass.
- Reservations are only available during Open Swim Hours.
- Rental fee is non-refundable.

**Fee:** \$27 for up to 2 hours; plus admittance fee for all guests whether they choose to swim or not.

To book an After Hour Rental or Shade Shelter Rental, call Centennial Pool at 303-651-8406

# SUNSET POOL



## SUNSET POOL

1900 Longs Peak Ave | 303-651-8300

- Heated outdoor pool • Six 25 meter lap lanes
- Plank, 1 meter & 3 meter diving boards
- 2 super long and fast waterslides
- Indoor air-conditioned party room
- Reserve-able outdoor shade shelters
- Sandy beach play area • Family locker rooms
- Concession stand • Best view in Longmont!

### Pre-Summer Hours

May 22-31, Mon-Fri

Open & Lap Swim 10am-5pm

May 26-29, Tues-Fri

Lap Swim 9am-10am

### Summer Hours

June 1 - August 9

Lap Swim:\*

Mon- Fri 10am-1pm

Tues/Thurs 6pm-7:30pm

Saturday 8am-10am

Sunday 10am-12pm

Open Swim:

Mon/Wed 12pm-7pm

Tues/Thurs 12pm-5:30pm

Friday 10am-7pm

Saturday 10am-6pm

Sunday 12pm-6pm

\* Slides turn on at 1pm Mon-Fri.

No group entry before 12:30pm

### Special Hours

July 4, Sat- 4th of July:

9am-5pm Lap/Open Swim

9-10:30am - AquaZumba®

July TBD, Sun - pool opens at 12pm

CARA Swim meet

Sept 7, Mon - 10am-5pm

### Post Summer Hours

August 10- September 6

Monday-Friday

Lap & Open Swim 9am-7pm

Saturday

Lap Swim 8am-10am

Open Swim 10am-6pm

Sunday

Lap Swim 10am-12pm

Open Swim 12pm-6pm

## NOW HIRING!!

Lifeguard and swim instructors are trained and hired year-round.

See current job postings at [LongmontColorado.gov/jobs](http://LongmontColorado.gov/jobs)



### Sunset Pool Specifics

- **Parents or responsible individuals** (14 & older) **MUST** be in the water and involved with children under the age of 6.
- **Lap Swim:**
  - Slides and Diving Boards are NOT available for use.
  - Lap lanes share pool with other programs, minimum 2 lanes available, please circle swim.
- **Admittance Fees:**
  - Everyone who enters must pay admittance fee, whether swimming or not.
  - NO refunds for admittance fees due to weather-related closures.

### Follow these easy steps to **HELP KEEP GERMS OUT OF THE WATER AND STAY HEALTHY:**

- ✓ Stay out of the water if you have diarrhea.
- ✓ Shower before you get in the water.
- ✓ Don't pee or poop in the water.
- ✓ Don't swallow the water.

## SUNSET POOL RENTAL OPPORTUNITIES!

Reservations: Call Sunset Pool, 303-651-8300 or, during April and May, call Centennial Pool, 303-651-8406

### Sunset Pool Private Rental

Available before or after regular scheduled pool hours.

#### Includes:

Entire pool, locker-room facilities, indoor party room, exterior shelters, picnic tables, lounge chairs, sand/grass open spaces and all necessary staff. Rental fee paid dictates pool facility enter and exit times. Renters have until 7 days prior the rental to extend their reservation with payment or else rental can NOT be extended. 1/2 of rental fee may be refunded if reservation is cancelled by renter.

**Fees:** \$135/hr up to 75 people  
\$160/hr 76 to 150 people  
\$200/hr over 151 people  
2 hour rental minimum

### Indoor Party Room

Beat the heat and sun while watching all the swimming action from the Indoor Party Room. Fee is non-refundable.

**Fee:** \$37 up to 2 hrs + admittance fee for all guests

### Shelter Reservation

Reservations are only available during Open Swim Hours. Fee is non-refundable. Reservations include group rate admission pricing for all guests who are charged whether they choose to swim or not.

### Brown Shelter Reservation

Rent the brown shelter structure, located closest to the shallow water play area near the golf course. Includes 4 picnic tables

**Fee:** \$37 for up to 2 hours + admission

### Tent Shelter Reservations

Choose between two tents; one located between the slides and sand area; other located between diving boards and lap lanes in front of the grass. Blue shade tents approximately 12 x 12 feet. Both tents are on concrete pads and have 2-3 round picnic tables.

**Fee:** \$27 for up to 2 hours + admission

### MIDDLE SCHOOL

## Nights

### AT SUNSET POOL

Come join us at Sunset Pool! Kona Ice kicks off the summer on June 11, so bring a few extra dollars! Enjoy a summer of fun poolside themes such as Fiesta Night and a special theme for the Fourth of July. Only ages 11-14 are allowed inside, so come out and enjoy a night with your friends!

11-14 yrs:

**Jun 11-Aug 6, Thursdays, 7:30-9pm**

Fee: \$4 residents/\$5 non-residents  
(pool passes are not valid)



## CENTENNIAL POOL

1201 Alpine Street | 303-651-8406

**CLOSED:** April 12, Sun, Easter  
May 23-25, Sat-Mon, Memorial Weekend  
July 4, Sat, 4th of July

### Summer Hours May 26-August 15

#### Fitness Room

Mon-Thurs 5:15am-8pm  
Friday 5:15am-6pm  
Saturday 9am-4pm  
Sunday 1-5:30pm

#### Open Swim

Mon-Sat 12-4pm  
Sun 1-3pm

#### Lap Swim\*

Mon-Fri 5:15am-4pm  
Saturday 9am-4pm  
Sunday 1-5:30pm

*\*Lap swims may share pool space with other activities and as few as two lanes may be available. Circle swimming is encouraged. The facility will close 15 minutes after the last swimming session. Please plan your shower/ changing times accordingly.*

### Spring Hours Through May 22

#### Fitness Room

Mon-Thurs 5:15am-8pm  
Friday 5:15am-6:30pm  
Saturday 7am-3pm  
Sunday 10am-5:30pm

#### Open Swim

Mon-Sun 12-3pm

#### Lap Swim\*

Mon-Fri 5:15am-3pm  
Saturday 8am-3pm  
Sunday 10am-5:30pm

*\*Lap swims may share pool space with other activities and as few as two lanes may be available. Circle swimming is encouraged. The facility will close 15 minutes after the last swimming session. Please plan your shower/ changing times accordingly.*



## SMALL CLASS SWIM LESSONS

Does your child learn better in smaller group environments? Our Small Class Swim Lessons guarantee a maximum of 3 students per teacher. Use keyword "smallclass" (no spaces) to view and register for small classes online!

### An Aquatic-Centric Fitness Facility Offering:

- A pool with six 25-yard lap lanes, wading area and deep end with two 1-meter diving boards.
- Large windows and skylights provide natural lighting for a calm yet energizing lap swim experience.
- A fitness room overlooking the pool with treadmills, Lifecycles, elliptical equipment, and a cable resistance weight machine.

## RENTAL OPTIONS AT CENTENNIAL POOL

### Multipurpose Room Rental

Rent the multipurpose room at Centennial Pool during regular facility hours. Rental includes use of tables and chairs. Contact 303-651-8406 to reserve the room. Rental fee is non-refundable.

**Multipurpose Room Fee:** \$27 for up to 2 hours + prescheduled group rate for all who swim or work out

### Private Rental at Centennial Pool

Hold your own special event at Centennial Pool! Rental time is started when the facility is open to the group and ends when the facility is empty and locked at the completion of the rental. When making your reservation consider the time needed to set up decorations as well as the shower time of your guests. Prices can be adjusted to accommodate this extra time. The entire rental fee is due when making the reservation, ½ is refundable if you choose to cancel.

### Saturdays after 3pm, Sundays after 5:30pm

**Fee:** \$110/hour includes Pool Manager + \$15/hr per lifeguard

## MAY SWIM LESSONS

### Monday & Wednesday Morning

	Time	Ssn 5
	Date	4/27-5/13
	Fee	\$28.50/\$35.75
Water Explorers	9:05AM	220014.5A
Turtle	9:40AM	220021.5A
Alligator	10:15AM	220022.5A
Seal	10:50AM	220023.5A

### SMALL CLASSES

#### Mon & Wed Afternoon

	Time	Ssn 5
	Date	4/27-5/13
	Fee	\$60/\$75
Turtle	4:45 PM	220121.S5
Alligator	5:20 PM	220122.S5
Seal	5:55 PM	220123.S5

#### Small Class Blast Fees

	Fee
Beginning Blast	\$72/\$90
Beginning Blast	4:35 PM 220140.S5

### Monday & Wednesday Evening

	Time	Ssn 5
	Date	4/27-5/13
	Fee	\$28.50/\$35.75
Turtle	5:20 PM	220121.5A
Alligator	4:45 PM	220122.5A
Seal	4:45 PM	220123.5A
Level 1	5:20 PM	220131.5A
Level 2	5:55 PM	220132.5A
Level 3	5:55PM	220133.5A
Blast Fees		
	Fee	\$37.50/\$47
Beginning Blast	5:25 PM	220140.5A
Blast 1	4:20 PM	220141.5A
Blast 2	5:10 PM	220142.5A
Blast 3	6:00 PM	220143.5A



## Longmont Masters Swim Practice

Come join others for a swim practice workout and camaraderie. Improve your skills and stamina through intervals, drills, and distance swimming. Masters swimming is recommended for adults who are comfortable swimming at least 1,000 yards non-stop. Beginning Masters is recommended for adults who are comfortable swimming 200 yards non-stop. \*No 5/23, 5/25, or 7/4

### Masters

**M/W/F\* 6-7am & Sat\* 6:45-8am**

Location through May 30: Centennial Pool, 1201 Alpine St  
Location June 1-Aug 15: Sunset Pool, 1900 Longs Peak Ave

### Tue/Thur 12-1pm

Location through May 21: Longmont Recreation Center, 310 Quail Rd  
Location May 26-end Aug: Sunset Pool, 1900 Longs Peak Ave

### Beginning Masters

**Tue/Thur 7:15-8:15pm**

Location: Longmont Recreation Center, 310 Quail Rd  
Fee: Regular Admittance fees apply

## HIRING NOW

**Looking for flexible hours, good pay, and a chance to be in and around the water all day?**

The city of Longmont is hiring energetic, fun, leaders now. Enroll in any of our Red Cross classes and apply on line

*"I am a Swim Instructor because I have a passion for teaching water safety and swimming skills that could save a life and will last a life time."*

**Holly V**,  
Swim Lesson Specialist

*"You should work as a Swim Instructor for the City of Longmont because it opens so many doors and provides various opportunities. Not only do you meet and work with great families, you also get to build a strong and supportive network with your fellow staff members."*

**Lauren G**, Pool Manager  
& Swim Lesson Instructor

*"Working with the City of Longmont is a great first job, it's a fun and very supportive work place."*

**Sterling S**, Pool Manager  
& Swim Lesson Instructor

## + AMERICAN RED CROSS CLASSES

### Water Safety Instructor

Pre-Requisite: Able to swim Front and Back Crawl, Breaststroke, Butterfly, Elementary Backstroke and Sidestroke. Learn how to teach others to swim. Bring swim suit(s), towel(s), and food for the day. To receive the pending employee rate, enroll directly with Centennial Pool, 1201 Alpine St, 303-651-8406.

16 & up: **May 27-30, Wed-Sat, 8:30am-5:30pm** 221241.1

Location: Centennial Pool, 1201 Alpine St  
Fees: \$180 resident/\$215 non-resident/  
\$85 pending employees

### Longmont Swim Instructor (LSI)

Learn the skills and techniques to teach swimming lessons with the City of Longmont! Must be able to demonstrate knowledge of basic swimming skills, including floats, front crawl, back stroke and general water safety. Pre-Requisite: Ability to swim all 4 competitive strokes proficiently at least 15 yards by last class day. Must submit job application by last day of class.

15 & up: **Jun 3 & 4, Wed & Thurs, 9:30am-5:30pm** 321243.1

Location: Sunset Pool, 1900 Longs Peak Ave

15 & up: **Jul 8 & 9, Wed & Thurs, 9:30am-5:30pm** 321243.2

Location: Longmont Recreation Center, 310 Quail Rd  
Fee: \$26.25 resident/\$32.75 non-resident



### Swim Instructor Aide

Pre-Requisite: Level 4 swimming ability. Want to be a Swim Instructor, but not 15 yet? Enjoy working with kids? Learn how to assist instructors with swim lessons. After successful completion of class, year round volunteer opportunities are available with City of Longmont swimming lessons!

11-14 yrs: **Jun 16 & 18, Tue & Thurs, 9:30-11:30am** 331242.1

**Jul 14 & 16, Tue & Thurs, 9:30-11:30am** 331242.2

Location: Sunset Pool, 1900 Longs Peak Ave  
Fee: \$22 resident/\$27.50 non-resident



## Lifeguard Training

Pre-Requisite: Must be 15 years old before the last class; 300 yard continuous swim of 100 Front Crawl, 100 Breaststroke, 100 Front Crawl or Breaststroke, retrieve 10# brick from bottom of pool and swim 20 yards. Learn the basics of lifeguard skills and practices. First Aid and CPR/AED for the Professional rescuer are included. Contact Luke for pending employee discount information: 303-774-4759 or luke.diede@longmontcolorado.gov.

15 & up: **Apr 24-26, Fri 4-9:30pm/S&S 8-8pm** 221211.2A  
 Location: Longmont Recreation Center, 310 Quail Rd

15 & up: **Jun 7-10, Su/M/Tu/W, 8am-4pm** 331212.2A  
**Aug 2-5, Su/M/Tu/W, 8am-4pm** 331212.3A

Location: Sunset Pool, 1900 Longs Peak Ave  
 Fee: \$45 future City of Longmont employee/  
 \$190 resident/\$237.50 non-resident

## Waterfront Lifeguard Training - Bridge

Pre-Requisite: 550 yard continuous swim of 200 Front Crawl, 200 Breaststroke, 150 Front Crawl/Breaststroke. Must have current American Red Cross Lifeguarding certification.

15 & up: **May 9, Sat, 8-1pm** 311211.1A

Location: Longmont Recreation Center, 310 Quail Rd  
 Fee: \$60 resident/\$75 non-resident

15 & up: **June 11, Thurs, 8-1pm** 311211.2A

**Aug 6, Thurs, 8-1pm** 311211.3A

Location: Sunset Pool, 1900 Longs Peak Ave  
 Fee: \$60 resident/\$75 non-resident

## Jr Lifeguard Class

Not old enough for the Lifeguard class? This is the next best thing! Learn water rescues and surveillance skills all while improving stroke technique! Admission fees for each facility are included; open swim starts at 1pm on class days.

11-15 yrs: **Jun 16-19, Tue-Fri, 10am-1pm** 331215.1A

Location: Tue-LRC, Wed & Thurs-Sunset, Fri-Union

11-15 yrs: **Jul 21-24, Tue-Fri, 10am-1pm** 331215.1B

Location: Tue at Longmont Recreation Ctr, 310 Quail Rd  
 Wed at Sunset Pool, 1900 Longs Peak Ave  
 Thurs at Centennial Pool, 1201 Alpine St  
 Fri at Union Reservoir, 0461 WCR 26

Fee: \$75 resident/\$90 non-resident

## Jr Lifeguard Bootcamp

Learn what it takes to be a Lifeguard! Combines material in Jr Lifeguard Class with certification in American Red Cross CPR/AED.

12-15 yrs: **Jun 30-Jul 3, Tue-Fri, 10am-2pm** 331216.1A

Location: Tue at Longmont Recreation Ctr, 310 Quail Rd  
 Wed at Sunset Pool, 1900 Longs Peak Ave  
 Thurs at Centennial Pool, 1201 Alpine St  
 Fri at Union Reservoir, 0461 WCR 26

Fee: \$105 resident/\$131.25 non-resident

## Babysitter Training

This course provides youth with the information and skills necessary to provide safe and responsible care for children while babysitting. Participants develop skills in 5 critical areas: leadership, safety and safe play, basic care, first aid, and professionalism.



11-16 yrs: **May 16, Sat, 8-3pm** 321231.1

Location: Centennial Pool, 1201 Alpine St

11-16 yrs: **Jun 5, Fri, 9am-4pm** 321231.2

**Jun 27, Sat, 9-4pm** 321231.3

**Jul 11, Sat, 9-4pm** 321231.4

**Jul 23, Thurs, 9-4pm** 321231.5

**Aug 1, Sat, 9-4pm** 321231.6

Location: Sunset Pool, 1900 Longs Peak Ave

Fee: \$70 resident/\$87.50 non-resident

## Babysitter's Boot Camp

Three classes in one--American Red Cross Babysitter's Training, First Aid, and CPR for infants & children. Great for both experienced and novice sitters.

12-19 yrs: **Jun 20 & 21, Sat & Sun, 9am-2pm** 321232.1

**Jul 17 & 18, Fri 9am-12pm & Sat 9am-4pm** 321232.2

Location: Sunset Pool, 1900 Longs Peak Ave

Fee: \$95 resident/\$118 non-resident

## CPR & AED/First Aid

This American Red Cross class covers First Aid, CPR & AED for Adults, Children and Infants.

12 & up: **May 2, Fri, 8-2pm** 311223.1A

Location: Centennial Pool, 1201 Alpine St

12 & up: **Jun 14, Sun, 8-2pm** 311223.1B

**Jul 20 & 22, M & W, 5:30-8:30pm** 311223.1C

**Aug 8, Sat, 8-2pm** 311223.1D

Location: Sunset Pool, 1900 Longs Peak Ave

Fee: \$95 resident/\$118 non-resident

## Private Group American Red Cross Classes

We will bring CPR, AED, First Aid, Babysitters Training and /or Wilderness & Remote First Aid to your group of 6 or more! Please contact Luke to set up a date at luke.diede@longmontcolorado.gov



## FIGHT THE BITE!

The mosquito-borne West Nile virus can cause serious illness, even death. The City contracts for monitoring of several local areas throughout summer, and spraying is used when mosquitoes that carry West Nile virus are detected. To stay informed about monitoring results, the spraying schedule, and things you can do to prevent West Nile virus, visit [LongmontColorado.gov/WestNile](http://LongmontColorado.gov/WestNile).

- ✓ Use DEET or an alternative
- ✓ Dress in long sleeves and pants
- ✓ Stay inside from dusk to dawn
- ✓ Drain standing water

## Learn to Swim WITH LONGMONT RECREATION

Our programs offer a variety of swim lesson options for everyone, from toddlers to adults. Each program offers a unique curriculum which caters to different ages, skills, and comfort levels. Unsure of what class to choose? Arrange a FREE swim test. Contact: 303-774-4890, 303-651-8408, or RecSupport@LongmontColorado.gov

Detailed class descriptions are available at [LongmontColorado.gov/swim](http://LongmontColorado.gov/swim) under Swim Lesson Class Descriptions.

### Parent/Child: Aquababy & Aquatot

6 months - 3 years: 30 minutes

Parents and child will be coached using a variety of games and techniques to maximize water comfort and introduce swimming skills. Aquababy– 6-18 months Aquatot– 18 months– 3 years

### Water Explorers

2.5-3 years: 30 minutes

Pre-requisite– Comfortable being in class environment without parent in the water.

### Preschool Program

3-5 years old: 30 minutes

#### Turtle– Water Introduction

Learn how to submerge face underwater along with water exploration.

#### Alligator– Floating & Roll-Overs

Pre-requisite: Confidently submerge entire head, 3 times.

#### Seal– Stroke Introduction

Pre-requisite– Independently front float for 3 seconds, roll to back float, & hold for 10 seconds.

### Private Swim or Dive Lessons

Visit [LongmontColorado.gov](http://LongmontColorado.gov), search form to receive the Private Swim Lesson Guide.

Fees are paid at time of first lesson.

Private Instruction Rates:

	30 min	45 min
1 lesson:	\$30r/\$37.50nr	\$40r/\$50nr
5 lessons:	\$140r/\$177.50nr	\$185r/\$235nr
10 lessons:	\$270r/\$345nr	\$360r/\$460nr
Semi-Private Instruction Rates: (max 3 students)		
	30 min	45 min
1 lesson:	\$40r/\$50nr	\$50r/\$62.50nr
5 lessons:	\$185r/\$235nr	\$235r/\$297.50nr
10 lessons:	\$360r/\$460nr	\$460r/\$595.50nr

### BLAST! Accelerated Swim Lessons

5 years & up: 45 minutes

#### Beginning Blast– Stroke Introduction

Pre-requisite– Independently front float for 3 seconds, roll to back float, & hold for 10 seconds.

#### Blast 1—Freestyle

Pre-requisite– 15 yds continuous free-style, rolling over to rest as needed. Needs to be comfortable in water where student can't touch the bottom of the pool.

#### Blast 2—Backstroke

Pre-requisite– 25 yds freestyle with proper technique & consistent bilateral breathing.

#### Blast 3– Butterfly & Breaststroke

Pre-requisite– 50 yds freestyle with proper technique, 50 yds backstroke, & 25 yds breaststroke kick.

### Individuals with Special Needs

Longmont Recreation & Golf Services welcomes and strives to accommodate individuals of all physical and intellectual abilities in our learn-to-swim programs. To request an accommodation, please call 303-651-8408. Two weeks advanced notice is greatly appreciated.

### American Red Cross– Learn to Swim

6 years & up: 30 minutes

#### Level 1: Introduction to Water Skills

Learn how to submerge face underwater, float & glide independently on front & back.

#### Level 2: Fundamental Aquatic Skills

Pre-requisite– Independently glide on front 2 body lengths, roll to back, float for 5 seconds, recover to standing position.

#### Level 3– Stroke Development

Pre-requisite– Swim on front 5 body lengths, roll to back, float for 15 seconds, roll to front, continue swimming 5 more body lengths.

#### Level 4– Stroke Improvement

Pre-requisite– Jump into deep water, tread/float 1 minute, transition into 15 yds front crawl with bilateral breathing to 15 yds elementary backstroke.

## TEEN & ADULT CLASSES

### Adult Swim Lessons

18 years & up: 45 minutes

#### Adult 1: Learning the Basics

Overcome the fear of the water and learn swimming basics.

#### Adult 2: Improving Skills & Swimming Strokes

Improve technique and endurance in front crawl and elementary backstroke. Breast-stroke and back crawl are introduced.

### Teen Swim Lessons

11-17 years: 45 minutes

#### Teen 1: Learning the Basics

Learn floats and stroke development. Class fosters a comfortable environment for teens to learn beginner to intermediate swim techniques.

#### Teen 2: Endurance & Stroke Enhancement

Provides workouts, including technique based drills to enhance strokes and improve proficiency in water. Swim team prep, or fitness.

## SWIM LESSONS PREVENT DROWNINGS

According to the American Academy of Pediatrics, children enrolled in formal swimming lessons have an 88% reduced risk of drowning.



### Desired class already full?

Ask to be added onto the waitlist. If enough people sign up on the waitlist, we can create a **NEW class!**



# Outdoor Lessons SUNSET POOL

Tuesday & Thursday Evenings					
	Time	Ssn 1	Ssn 2	Ssn 3	
	<b>Date</b>	6/2-6/18	6/23-7/16	7/21-8/6	
	<b>Fee</b>	\$28.50/\$35.75	\$38/\$47.50	\$28.50/\$35.75	
<b>Aquatot</b>	6:05 PM	330212.1A	330212.2A	330212.3A	
<b>Turtle</b>	5:35 PM	330221.1A	330221.2A	330221.3A	
	6:10 PM	330221.1B	330221.2B	330221.3B	
<b>Alligator</b>	5:35 PM	330222.1A	330222.2A	330222.3A	
	6:10 PM	330222.1B	330222.2B	330222.3B	
	6:45 PM	330222.1C	330222.2C	330222.3C	
<b>Seal</b>	6:45 PM	330223.1A	330223.2A	330223.3A	
<b>Level 1</b>	6:45 PM	330231.1A	330231.2A	330231.3A	
<b>Level 2</b>	5:30 PM	330232.1A	330232.2A	330232.3A	
	6:10 PM	330232.1B	330232.2B	330232.3B	
<b>Level 3</b>	5:35 PM	330233.1A	330233.2A	330233.3A	
	6:05PM	330233.1B	330233.2B	330233.3B	
<b>Level 4</b>	5:30 PM	330234.1A	330234.2A	330234.3A	
	<b>Fee</b>	\$37.50/\$47	\$50/\$62.50	\$37.50/\$47	
<b>Beginning Blast</b>	5:35 PM	330240.1A	330240.2A	330240.3A	
<b>Blast 1</b>	6:25 PM	330241.1A	330241.2A	330241.3A	
<b>Blast 2</b>	6:25 PM	330242.1A	330242.2A	330242.3A	
<b>Blast 3</b>	5:35 PM	330243.1A	330243.2A	330243.3A	
<b>Teen 1</b>	6:40 PM	330251.1A	330251.2A	330251.3A	
<b>Teen 2</b>	6:40 PM	330252.1A	330252.2A	330252.3A	
<b>Teen 2</b>	7:00 PM	330252.1A	330252.2A	330252.3A	

### Outdoor Lessons Weather Policy:

Lessons will proceed in the water, unless heavy rain or lightning conditions exist. If lessons in cool or rainy weather are not appealing, consider Centennial Pool or the Longmont Recreation Center. There are NO REFUNDS for cancellations due to inclement weather.

### Pool Admittance Policy:

All swim lesson participants, including parents and siblings, are required to exit the facility at the conclusion of lessons. Lessons do not include facility open swim admittance; please plan to pay admittance fees to attend open swim.

Children 5 & under MUST Have an adult in the water them during open swim. Thank you for your cooperation.

Monday - Thursday Mornings						
	Time	Ssn 1	Ssn 2	Ssn 3	Ssn 4	Ssn 5
	<b>Date</b>	6/1-6/11	6/15-6/25	6/29-7/9	7/13-7/23	7/27-8/6
	<b>Fee</b>	\$38/\$47.50	\$38/\$47.50	\$38/\$47.50	\$38/\$47.50	\$38/\$47.50
<b>Turtle</b>	9:00 AM	330821.1A	330821.2A	330821.3A	330821.4A	330821.5A
	10:10 AM	330821.1B	330821.2B	330821.3B	330821.4B	330821.5B
	10:45 AM	330821.1C	330821.2C	330821.3C	330821.4C	330821.5C
<b>Alligator</b>	9:00 AM	330822.1A	330822.2A	330822.3A	330822.4A	330822.5A
	9:35 AM	330822.1B	330822.2B	330822.3B	330822.4B	330822.5B
	10:45 AM	330822.1C	330822.2C	330822.3C	330822.4C	330822.5C
<b>Seal</b>	9:35 AM	330823.1A	330823.2A	330823.3A	330823.4A	330823.5A
	10:10 AM	330823.1B	330823.2B	330823.3B	330823.4B	330823.5B
<b>Level 1</b>	9:05AM	330831.1A	330831.2A	330831.3A	330831.4A	330831.5A
	9:25 AM	330831.1B	330831.2B	330831.3B	330831.4B	330831.5B
<b>Level 2</b>	8:50 AM	330832.1A	330832.2A	330832.3A	330832.4A	330832.5A
	10:00 AM	330832.1B	330832.2B	330832.3B	330832.4B	330832.5B
<b>Level 3</b>	8:50 AM	330833.1A	330833.2A	330833.3A	330833.4A	330833.5A
	9:25 AM	330833.1B	330833.2B	330833.3B	330833.4B	330833.5B
	10:00 AM	330833.1C	330833.2C	330833.3C	330833.4C	330833.5C
<b>Level 4</b>	8:50 AM	330834.1A	330834.2A	330834.3A	330834.4A	330834.5A
	10:00 AM	330834.1B	330834.2B	330834.3B	330834.4B	330834.5B
	<b>Fee</b>	\$50/\$62.50	\$50/\$62.50	\$50/\$62.50	\$50/\$62.50	\$50/\$62.50
<b>Beginning Blast</b>	9:30 AM	330840.1A	330840.2A	330840.3A	330840.4A	330840.5A
	10:20 AM	330840.1B	330840.2B	330840.3B	330840.4B	330840.5B
<b>Blast 1</b>	9:25 AM	330841.1A	330841.2A	330841.3A	330841.4A	330841.5A
	10:30 AM	330841.1B	330841.2B	330841.3B	330841.4B	330841.5B
<b>Blast 2</b>	9:40 AM	330842.1A	330842.2A	330842.3A	330842.4A	330842.5A
	10:15 AM	330842.1B	330842.2B	330842.3B	330842.4B	330842.5B
<b>Blast 3</b>	10:35 AM	330843.1A	330843.2A	330843.3A	330843.4A	330843.5A
<b>Teen 1</b>	10:35 AM	330851.1A	330851.2A	330851.3A	330851.4A	330851.5A
<b>Teen 2</b>	10:35 AM	330852.1A	330852.2A	330852.3A	330852.4A	330852.5A
<b>Teen 1</b>	10:35 AM	330851.1A	330851.2A	330851.3A	330851.4A	330851.5A
<b>Teen 2</b>	10:35 AM	330852.1A	330852.2A	330852.3A	330852.4A	330852.5A
<b>M/W Morning</b>	<b>Date</b>	6/1-6/10	6/15-6/24	6/29-7/8	7/13-7/22	7/27-8/5
	<b>Fee</b>	\$28.50/\$35.75	\$28.50/\$35.75	\$28.50/\$35.75	\$28.50/\$35.75	\$28.50/\$35.75
<b>Aquatot M/W</b>	9:25 AM	330812.1A	330812.2A	330812.3A	330812.4A	330812.5A
<b>T/Th Mornings</b>	<b>Date</b>	6/2-6/11	6/16-6/25	6/30-7/9	7/14-7/23	7/28-8/6
	<b>Fee</b>	\$19/\$23.75	\$19/\$23.75	\$19/\$23.75	\$19/\$23.75	\$19/\$23.75
<b>Aquababy T/R</b>	9:25 AM	330811.1A	330811.2A	330811.3A	330811.4A	330811.5A
<b>Water Ex-T/R</b>	10:50 AM	330814.1A	330814.2A	330814.3A	330814.4A	330814.5A

SMALL CLASS   Monday - Thursday Mornings						
	Time	Ssn 1	Ssn 2	Ssn 3	Ssn 4	Ssn 5
	<b>Date</b>	6/1-6/11	6/15-6/25	6/29-7/9	7/13-7/23	7/27-8/6
	<b>Fee</b>	\$80/\$100	\$80/\$100	\$80/\$100	\$80/\$100	\$80/\$100
<b>Turtle</b>	9:35 AM	330821.S1	330821.S2	330821.S3	330821.S4	330821.S5
<b>Alligator</b>	9:00 AM	330822.S1	330822.S3	330822.S5	330822.S7	330822.S9
	10:10 AM	330822.S2	330822.S4	330822.S6	330822.S8	330822.S0
<b>Seal</b>	10:45 AM	330823.S1	330823.S2	330823.S3	330823.S4	330823.S5
<b>Level 1</b>	10:15 AM	330831.S1	330831.S2	330831.S3	330831.S4	330831.S5
<b>Level 2</b>	9:40 AM	330832.S1	330832.S2	330832.S3	330832.S4	330832.S5
	<b>Fee</b>	\$96/\$120	\$96/\$120	\$96/\$120	\$96/\$120	\$96/\$120
<b>Beg Blast</b>	8:50 AM	330840.S1	330840.S2	330840.S3	330840.S4	330840.S5



## SMALL CLASS SWIM LESSONS

Does your child learn better in smaller group environments? Our Small Class Swim Lessons guarantee a maximum of 3 students per teacher. Use keyword "smallclass" (no spaces) to view and register for small classes online!

# Indoor Lessons at LONGMONT RECREATION CENTER

## SUNDAY MORNING

	Time	Ssn 1	Ssn 2
	Date	5/31-7/5	7/12-8/9
	Fee	\$28.50/\$35.50	\$23.75/\$29.75
<b>Aquababy</b>	9:20 AM	310711.1A	310711.2A
<b>Aquatot</b>	9:55 AM	310712.1A	310712.2A
<b>Water Ex</b>	9:55 AM	310714.1A	310714.2A
	10:30 AM	310714.1B	310714.2B
<b>Turtle</b>	8:45 AM	310721.1A	310721.2A
	9:20 AM	310721.1B	310721.2B
	9:55 AM	310721.1C	310721.2C
	10:30 AM	310721.1D	310721.2D
<b>Alligator</b>	8:45 AM	310722.1A	310722.2A
	9:20 AM	310722.1B	310722.2B
	9:55 AM	310722.1C	310722.2C
	10:30 AM	310722.1D	310722.2D
<b>Seal</b>	8:45 AM	310723.1A	310723.2A
	9:20 AM	310723.1B	310723.2B
	9:55 AM	310723.1C	310723.2C
	10:30 AM	310723.1D	310723.2D
<b>Level 1</b>	9:20 AM	310731.1A	310731.2A
	10:30 AM	310731.1B	310731.2B
<b>Level 2</b>	9:20 AM	310732.1A	310732.2A
	9:55 AM	310732.1B	310732.2B
<b>Level 3</b>	9:20 AM	310733.1A	310733.2A
	9:55 AM	310733.1B	310733.2B
<b>Level 4</b>	9:20 AM	310734.1A	310734.2A
	9:55 AM	310734.1B	310734.2B
	Fee	\$37.50/\$47	\$31.25/\$39.25
<b>Beginning Blast</b>	8:30 AM	310740.1A	310740.2A
	10:30 AM	310740.1B	310740.2B
<b>Blast 1</b>	8:30 AM	310741.1A	310741.2A
	10:30 AM	310741.1B	310741.2B
<b>Blast 2</b>	8:30 AM	310742.1A	310742.2A
<b>Blast 3</b>	10:30 AM	310743.1A	310743.2A
<b>Teen 1</b>	8:30 AM	310751.1A	310751.2A
<b>Teen 2</b>	8:30 AM	310752.1A	310752.2A
<b>Adult 1</b>	7:40 AM	310761.1A	310761.2A
<b>Adult 2</b>	7:40 AM	310762.1A	310762.2A

## TUESDAY AFTERNOON

	Time	Ssn 1	Ssn 2
	Date	5/26-6/30	7/7-8/4
	Fee	\$28.50/\$35.50	\$23.75/\$29.75
<b>Turtle</b>	4:15 PM	310321.1A	310321.2A
	5:25 PM	310321.1B	310321.2B
<b>Alligator</b>	4:50 PM	310322.1A	310322.2A
	5:25 PM	310322.1B	310322.2B
<b>Seal</b>	4:50 PM	310323.1A	310323.2A
<b>Level 1</b>	4:50 PM	310331.1A	310331.2A
<b>Level 2</b>	4:15 PM	310332.1A	310332.2A
	4:50 PM	310332.1B	310332.2B
<b>Level 3</b>	4:15 PM	310333.1A	310333.2A
	4:50 PM	310333.1B	310333.2B
<b>Level 4</b>	4:15 PM	310334.1A	310334.2A
	Fee	\$37.50/\$47	\$31.25/\$39.25
<b>Beg Blast</b>	5:25 PM	310340.1A	310340.2A
<b>Blast 1</b>	5:25 PM	310341.1A	310341.2A
<b>Blast 2</b>	5:25 PM	310342.1A	310342.2A

## SMALL CLASSES TUESDAY AFTERNOONS

	Time	Ssn 1	Ssn 2
	Date	5/26-6/30	7/7-8/4
	Fee	\$60/\$75	\$50/\$62.50
<b>Turtle</b>	4:50 PM	310321.S1	310321.S2
<b>Alligator</b>	4:15 PM	310322.S1	310322.S2
<b>Seal</b>	5:25 PM	310323.S1	310323.S2
	Fee	\$72/\$90	\$60/\$75
<b>Beg Blast</b>	4:00 PM	310340.S1	310340.S2



## THURSDAY AFTERNOON

	Time	Ssn 1	Ssn 2
	Date	5/28-7/2	7/9-8/6
	Fee	\$28.50/\$35.50	\$23.75/\$29.75
<b>Water Explorers</b>	4:10 PM	310514.1A	310514.2A
<b>Turtle</b>	4:10 PM	310521.1A	310521.2A
	4:45 PM	310521.1B	310521.2B
	5:20 PM	310521.1C	310521.2C
<b>Alligator</b>	4:10 PM	310522.1A	310522.2A
	4:45 PM	310522.1B	310522.2B
	5:20 PM	310522.1C	310522.2C
<b>Seal</b>	4:45 PM	310523.1A	310523.2A
<b>Level 1</b>	4:50 PM	310531.1A	310531.2A
	5:20PM	310531.1B	310531.2B
<b>Level 2</b>	5:25PM	310532.1A	310532.2A
<b>Level 3</b>	4:10 PM	310533.1A	310533.2A
<b>Level 4</b>	4:00 PM	310534.1A	310534.2A
	Fee	\$37.50/\$47	\$31.25/\$39.25
<b>Beginning Blast</b>	4:00 PM	310540.1A	310540.2A
	4:45 PM	310540.1B	310540.2B
<b>Blast 1</b>	5:35 PM	310541.1A	310541.2A
<b>Blast 2</b>	4:35 PM	310542.1A	310542.2A
<b>Blast 3</b>	5:25 PM	310543.1A	310543.2A

## TUESDAY & THURSDAY MORNING

	Time	Ssn 1	Ssn 2	Ssn 3
	Date	5/26-6/18	6/23-7/16	7/21-8/6
	Fee	\$38/\$47.50	\$38/\$47.50	\$28.50/\$35.50
<b>Aquababy</b>	8:30 AM	310211.1A	310211.2A	310211.3A
<b>Aquatot</b>	9:05 AM	310212.1A	310212.2A	310212.3A
<b>Water Explorers</b>	9:40 AM	310214.1A	310214.2A	310214.3A
<b>Turtle</b>	10:15 AM	310214.1B	310214.2B	310214.3B
	8:30 AM	310221.1A	310221.2A	310221.3A
	9:05 AM	310221.1B	310221.2B	310221.3B
	9:10 AM	310221.1C	310221.2C	310221.3C
	9:40 AM	310221.1D	310221.2D	310221.3D
	10:15 AM	310221.1E	310221.2E	310221.3E
<b>Alligator</b>	8:30 AM	310222.1A	310222.2A	310222.3A
	9:05 AM	310222.1B	310222.2B	310222.3B
	9:40 AM	310222.1C	310222.2C	310222.3C
	10:35 AM	310222.1D	310222.2D	310222.3D
<b>Seal</b>	9:05 AM	310223.1A	310223.2A	310223.3A
	9:40 AM	310223.1B	310223.2B	310223.3B
<b>Level 1</b>	8:30 AM	310231.1A	310231.2A	310231.3A
	9:05 AM	310231.1B	310231.2B	310231.3B
<b>Level 2</b>	9:40 AM	310232.1A	310232.2A	310232.3A
<b>Level 3</b>	8:30AM	310233.1A	310233.2A	310233.3A
	Fee	\$50/\$62.50	\$50/\$62.50	\$37.50/\$47
<b>Beginning Blast</b>	8:20 AM	310240.1A	310240.2A	310240.3A
	9:45 AM	310240.1B	310240.2B	310240.3B
<b>Blast 1</b>	10:15 AM	310241.1A	310241.2A	310241.3A
<b>Blast 2</b>	10:15 AM	310242.1A	310242.2A	310242.3A
<b>Blast 3</b>	10:15 AM	310243.1A	310243.2A	310243.3A

### Pool Admittance Policy:

All swim lesson participants, including parents and siblings, are required to exit the facility at the conclusion of lessons. Lessons do not include facility open swim admittance; please plan to pay admittances fees to attend open swim.

Children 5 & under MUST Have an adult in the water them during open swim. Thank you for your cooperation.



# Indoor Lessons

at CENTENNIAL POOL

## SWIM LESSONS



### MONDAY, WEDNESDAY & FRIDAY MORNINGS

	Time	Ssn 1	Ssn 2	Ssn 3	Ssn 4	Ssn 5
	Date	6/1-6/12	6/15-6/26	6/29-7/10	7/13-7/24	7/27-8/7
	Fee	\$28.50/\$35.50	\$28.50/\$35.50	\$28.50/\$35.50	\$28.50/\$35.50	\$28.50/\$35.50
Turtle	9:40 AM	320421.1A	320421.2A	320421.3A	320421.4A	320421.5A
	10:10 AM	320421.1B	320421.2B	320421.3B	320421.4B	320421.5B
Alligator	9:05 AM	320422.1A	320422.2A	320422.3A	320422.4A	320422.5A
	10:15 AM	320422.1B	320422.2B	320422.3B	320422.4B	320422.5B
Seal	10:50 AM	320423.1A	320423.2A	320423.3A	320423.4A	320423.5A
Level 1	9:35 AM	320431.1A	320431.2A	320431.3A	320431.4A	320431.5A
	10:10 AM	320431.1B	320431.2B	320431.3B	320431.4B	320431.5B
Level 2	9:35 AM	320432.1A	320432.2A	320432.3A	320432.4A	320432.5A
	10:45 AM	320432.1B	320432.2B	320432.3B	320432.4B	320432.5B
Level 3	9:00 AM	320433.1A	320433.2A	320433.3A	320433.4A	320433.5A
	10:25 AM	320433.1B	320433.2B	320433.3B	320433.4B	320433.5B
Level 4	9:00AM	320434.1A	320434.2A	320434.3A	320434.4A	320434.5A
	Fee	\$37.50/\$46.75	\$37.50/\$46.75	\$37.50/\$46.75	\$37.50/\$46.75	\$37.50/\$46.75
Beginning Blast	10:30 AM	320440.1A	320440.2A	320440.3A	320440.4A	320440.5A
Blast 1	8:50 AM	320441.1A	320441.2A	320441.3A	320441.4A	320441.5A
Blast 2	9:40 AM	320442.1A	320442.2A	320442.3A	320442.4A	320442.5A

### SMALL CLASS MONDAY, WEDNESDAY & FRIDAY MORNINGS

	Time	Ssn 1	Ssn 2	Ssn 3	Ssn 4	Ssn 5
	Date	6/1-6/12	6/15-6/26	6/29-7/10	7/13-7/24	7/27-8/7
	Fee	\$60/\$75	\$60/\$75	\$60/\$75	\$60/\$75	\$60/\$75
Alligator	9:50 AM	320422.S1	320422.S2	320422.S3	320422.S4	320422.S5
	Fee	\$72/\$90	\$72/\$90	\$72/\$90	\$72/\$90	\$72/\$90
Beginning Blast	9:00 AM	320440.S1	320440.S2	320440.S3	320440.S4	320440.S5

### MONDAY & WEDNESDAY EVENINGS

	Time	Ssn 1	Ssn 2	Ssn 3
	Date	5/27-6/17	6/22-7/15	7/20-8/5
	Fee	\$33.25/\$41.50	\$38/\$47.50	\$28.50/\$35.75
Water Explorer	5:25 PM	320114.1A	320114.2A	320114.3A
Turtle	6:00 PM	320121.1A	320121.2A	320121.3A
Alligator	6:00 PM	320122.1A	320122.2A	320122.3A
	6:35 PM	320122.1B	320122.2B	320122.3B
Seal	5:25 PM	320123.1A	320123.2A	320123.3A
Level 1	5:25 PM	320131.1A	320131.2A	320131.3A
	6:00 PM	320131.1B	320131.2B	320131.3B
Level 2	6:00 PM	320132.1A	320132.2A	320132.3A
	6:35 PM	320133.1A	320133.2A	320133.3A
Level 3	6:35 PM	320133.1A	320133.2A	320133.3A
	7:10 PM	320134.1A	320134.2A	320134.3A
Level 4	7:10 PM	320134.1A	320134.2A	320134.3A
	Fee	\$37.50/\$47	\$37.50/\$47	\$43.75/\$54.75
Beginning Blast	6:35 PM	320140.1A	320140.2A	320140.3A
Blast 1	7:10 PM	320141.1A	320141.2A	320141.3A
Blast 2	6:50 PM	320142.1A	320142.2A	320142.3A
Blast 3	6:00 PM	320143.1A	320143.2A	320143.3A

### SMALL CLASS MON & WED EVENINGS

	Time	Ssn 1	Ssn 2	Ssn 3
	Date	5/27-6/17	6/22-7/15	7/20-8/5
	Fee	\$70/\$87.50	\$80/\$100	\$60/\$75
Turtle	6:35 PM	320121.S1	320121.S2	320121.S3
Alligator	7:10 PM	320122.S1	320122.S2	320122.S3



### SMALL CLASS SWIM LESSONS

Does your child learn better in smaller group environments? Our Small Class Swim Lessons guarantee a maximum of 3 students per teacher. Use keyword "smallclass" (no spaces) to view and register for small classes online!

### SATURDAY MORNINGS

	Time	Ssn 1	Ssn 2
	Date	5/30-6/27	7/11-8/8
	Fee	\$23.75/\$29.75	\$23.75/\$29.75
Aqua Baby/Tot	9:25 AM	320613.1A	320613.2A
Turtle	10:00 AM	320621.1A	320621.2A
	11:10 AM	320621.1B	320621.2B
Alligator	10:35 AM	320622.1A	320622.2A
	11:45 AM	320622.1B	320622.2B
Seal	10:00 AM	320623.1A	320623.2A
Level 1	10:50 AM	320631.1A	320631.2A
	11:25 AM	320632.1A	320632.2A
Level 2	11:25 AM	320632.1A	320632.2A
	10:35 AM	320633.1A	320633.2A
Level 3	10:35 AM	320633.1A	320633.2A
	10:00 AM	320634.1A	320634.2A
Level 4	10:00 AM	320634.1A	320634.2A
	Fee	\$31.25/\$39.25	\$31.25/\$39.25
Beginning Blast	10:00 AM	320640.1A	320640.2A
Blast 1	10:00 AM	320641.1A	320641.2A
Blast 2	10:50 AM	320642.1A	320642.2A
Blast 3	11:40 AM	320643.1A	320643.2A
Teen 2	11:10 AM	320652.1A	320652.2A
Adult 1	10:35 AM	320661.1A	320661.2A

### SUNDAY AFTERNOONS

	Time	Ssn 1	Ssn 2
	Date	5/31-7/5	7/12-8/9
	Fee	\$28.50/\$35.75	\$23.75/\$29.75
Water Explorers	4:10 PM	320714.1A	320714.2A
Turtle	3:00 PM	320721.1A	320721.2A
	3:35 PM	320721.1B	320721.2B
Alligator	3:00 PM	320722.1A	320722.2A
	3:35 PM	320722.1B	320722.2B
Seal	3:00 PM	320723.1A	320723.2A
	3:35 PM	320723.1B	320723.2B
Level 1	4:10 PM	320731.1A	320731.2A
	3:00 PM	320732.1A	320732.2A
Level 2	3:00 PM	320732.1A	320732.2A
	3:00 PM	320733.1A	320733.2A
Level 3	3:00 PM	320733.1A	320733.2A
	3:00 PM	320734.1A	320734.2A
Level 4	3:00 PM	320734.1A	320734.2A
	Fee	\$37.50/\$47	\$31.25/\$39.25
Beginning Blast	3:35 PM	320740.1A	320740.2A
Blast 1	3:35 PM	320741.1A	320741.2A
Blast 2	3:35 PM	320742.1A	320742.2A
Blast 3	4:10 PM	320743.1A	320743.2A
Teen 1	4:25 PM	320751.1A	320751.2A
Teen 2	4:25 PM	320752.1A	320752.2A
Adult 1	4:25 AM	320761.1A	320761.2A

## CARA SWIM TEAM

CARA swimming is a recreational swim team for youth ages 6-18 who are not USS swimmers, with an emphasis placed on technique building, endurance building and FUN! Monthly, optional swim meets.

Register for age-group child will be on the first day of practice. Child will compete in age group of age January 1, 2020. Choose between 45, 60, and 75 minute practices below.

CARA Pre-Requisite: Ability to swim one length of pool freestyle with rotary breathing and backstroke without stopping or using assistance. All participants are evaluated on the first day of practice.

### Longmont Recreation Center Piranhas

**Dates:** Jun 1-Aug 5, Mon & Wed  
**Parent Meeting:** Jun 10, Wed, 5pm

Meets: TBA

6-8 yrs:	<b>4:15-5pm</b>	311112.1A	\$75/\$93.75
9-14 yrs:	<b>4:15-5:15pm</b>	311113.1A	\$80/\$100
	<b>5:05-6:05pm</b>	311113.1B	\$80/\$100
10-16 yrs:	<b>5:20-6:20pm</b>	311114.1A	\$80/\$100
11-18 yrs:	<b>6:25-7:25pm</b>	311115.1A	\$80/\$100

Location: Longmont Recreation Center, 310 Quail Rd

### Centennial Pool Tsunamis

**Dates:** Jun 2-Aug 6, Tue & Thurs  
**Parent Meeting:** Jun 11, Thurs, 6:45pm

Meets: TBA

6-10 yrs:	<b>6-6:45pm</b>	321112.1A	\$75/\$93.75
6-10 yrs:	<b>6:45-7:30pm</b>	321112.2A	\$75/\$93.75
9-14 yrs:	<b>6-7pm</b>	321113.1A	\$80/\$100
13-18 yrs:	<b>7-8pm</b>	321114.1A	\$80/\$100

Location: Centennial Pool, 1201 Alpine St

### Sunset Pool Swordfish

**Dates:** Jun 1-Aug 7, Mon-Fri  
**Parents Meeting:** Jun 5, Fri, 8:30am

Meets: TBA

6-9 yrs:	<b>8:30-9:15am</b>	331112.1A	\$187.50/\$234.50
9-12 yrs:	<b>8:30-9:30am</b>	331113.1A	\$200/\$250
10-18 yrs:	<b>7:10-8:25am</b>	331114.1A	\$212.50/\$266.50

Location: Sunset Pool, 1900 Longs Peak Ave

### Swim Stroke Clinics with Coach Hawksworth

Stroke Clinics are geared towards swimmers comfortable in the water who are interested in specific technique, speed, and endurance training. Focus is on breaking down each stroke to maximize efficiency in the water.

8-18 yrs:	<b>Tue &amp; Thurs, 6:15-7:15pm</b>	
Sessions:	<b>Jun 2-25</b>	326440.1
	<b>Jun 30-Jul 23</b>	326440.2
	<b>Jul 28-Aug 13</b>	326440.3

Instructor: Geoff Hawksworth  
Location: Longmont Recreation Center, 310 Quail Rd  
Fee: \$100 resident/\$125 non-resident  
Drop-In Fee:\$15



### Skyhawks Mini-Hawk

This baseball, basketball and soccer program gives children a fun and positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination and skill development at their own pace.

### Skyhawks Track & Field

Combines technical development and fundamental techniques with safety with a major focus on fun! Using special equipment, our staff cover the fundamentals of body positioning, stride, proper stretching and cool down techniques.

### Skyhawks Beginner Tennis

Learn proper grips, footwork, strokes, volleys and serves, as well as the rules and etiquette that make tennis an exciting game. Programs fill quickly due to limited court space. Beginners camps use low compression balls.

### Skyhawks Indoor Volleyball

The fundamental skills of volleyball are taught through game-speed drills and daily scrimmages that focus on passing, setting, hitting and serving. This co-ed program is designed for the beginner and intermediate player.

### Skyhawks Indoor Basketball

A fun, skill-intensive program designed for the beginning to intermediate player. An active week of passing, shooting, dribbling and rebounding. Learn respect, teamwork and responsibility.

### Skyhawks Cheerleading

We teach the essential skills to lead crowds and support the home team! Learns cheers, proper hand & body movements and jumping techniques. The week concludes with a choreographed performance.

### Skyhawks Flag Football

Campers learn skills on both sides of the football including the core components of passing, catching and defense – all in a fun and positive environment. The week ends with the Skyhawks Super Bowl!

### Skyhawks Baseball

Learn the fundamentals of fielding, catching, throwing, hitting and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons. Bring baseball glove.

## Skyhawks Sports Camps

Skyhawks sports provides a safe, fun, non-competitive environment to teach sports to children 4 to 14. Our programs are designed to give each child a positive introduction into sports and ensure they walk away with a smile on their face wanting to learn more. Our patient and knowledgeable staff use a variety of games and activities to give each athlete an overview of the sport while building valuable skills. Since 1979, Skyhawks has taught over two million boys and girls Life Skills through Sports, such as teamwork, respect and sportsmanship. Please visit our website at [www.skyhawks.com/colorado](http://www.skyhawks.com/colorado) for additional information. All campers receive a t-shirt and merit award for each camp.

**Gear/food to bring to camp** – two snacks and water bottle plus lunch if your camp is over four hours. Wear appropriate clothing – sunscreen and athletic shoes if outdoors and non-marking gym shoes if camp is indoors.

Full camp descriptions, including location details, available online [rec.ci.longmont.co.us](http://rec.ci.longmont.co.us) keyword "smrcamp" or 303-651-8398.

**Key for Locations:** LRC=Longmont Recreation Center, 310 Quail Rd | CCP=Clark Centennial Park, 1100 Lashley | AFF=Affolter Park, 1400 Holly | SSR4=Sandstone Ranch Ballfields #4, 2525 E Hwy 119 | SDP=Stephen Day Park, 1340 Deerwood | Pratt= Pratt Park, 1540 Ithica Ct | WFP=Willow Farm Park, 901 S Fordham | RNR=Rough N Ready, 301 E 21st St

Camp	Day/Time	Ages	# days	Fee R=resident NR=non-resident	May 27-29	June 1-5	June 8-12	June 15-19	June 22-26	Jun/Jul 29-2	July 6-10	July 13-17	July 20-24	July 27-31	Aug 3-7
Track&Field	W-F 9am-12pm	7-13	3	\$81 r/\$101.25 nr	CCP										
Mini Hawk	W-F 9am-12pm	4-7	3	*\$81 r/\$101.25 nr	*WFP										
	M-F 9am-12pm		5	\$135 r/\$168.75 nr			SDP					Pratt			
Beginner Tennis	M-F 9am-12pm	5-9	5	\$135 r/\$168.75 nr		AFF				AFF					
Indoor Volleyball	M-F 9am-12pm	7-14	5	\$135 r/\$168.75 nr		LRC							LRC		
	M-Th 9am-12pm		4	\$108 r/\$135 nr						LRC					
Indoor Basketball	M-F 9am-3pm	7-12	5	\$190 r/\$237.50 nr			LRC				LRC				
STEM Soccer	M-F 9am-3pm	9-13	5	\$200 r/\$250 nr				WFP							
Flag Football	M-F 9am-3pm	7-12	5	\$190 r/\$237.50 nr				RNR							
	M-F 9am-12pm		5	\$135 r/\$168.75 nr								CCP			
Baseball	M-F 9am-12pm	6-12	5	\$135 r/\$168.75 nr					SSR4						
Tennis	M-F 9am-12pm	9-14	5	\$135 r/\$168.75 nr					AFF						AFF
Beginner Golf	M-Th 9am-12pm	5-8	4	\$108 r/\$135 nr						SDP					
Cheerleading	M-F 9am-12pm	5-9	5	\$135 r/\$168.75 nr								CCP			
Lacrosse	M-F 9am-12pm	6-12	5	\$135 r/\$168.75 nr									RNR		
STEM BB	M-F 9am-3pm	9-13	5	\$200 r/\$250 nr										WFP	
Beginner Soccer	M-F 9am-12pm	5-9	5	\$135 r/\$168.75 nr										SDP	

### Skyhawks Tennis

Players learn proper grips, footwork, strokes, volleys and serves, as well as the rules and etiquette that make tennis an exciting game. Programs fill quickly due to limited court space.

### Skyhawks Beginning Golf

Learn the fundamentals of swinging, putting and body positioning. Using the Short Golf system, we have simplified instruction so that young players can make an effective transition onto the golf course. All equipment is provided.

### Skyhawks Lacrosse

Lacrosse combines basic skills used in soccer, basketball and hockey into one fast-paced game. Learn the fundamentals of stick handling, cradling, passing and shooting in a fun, no-checking environment. Gear needed – mouthpiece, protective gloves, helmet with full mask and lacrosse stick. \*Limited lacrosse kits available for on-line rental. Call 303-222-8039 or visit [www.skyhawks.com/Colorado](http://www.skyhawks.com/Colorado) to reserve your kit.

### Skyhawks Beginning Soccer

The #1 camp for learning the fundamentals of soccer. Using our progressive curriculum, campers gain the technical skills and sport knowledge required for that next step into soccer.

### NEW! STEM Sports – Basketball

Skyhawks STEM Basketball is designed to pair strategic STEM-based activities with essential game-play and current hot topics. STEM Basketball gives participants the opportunity to get behind the sport they love with lessons centered around the transformation and technology behind basketball shoes, calculating calories with general game-play, velocity and acceleration with passing, and much, much more.

### NEW! STEM Sports – Soccer

Skyhawks STEM soccer is designed to pair strategic STEM-based activities with essential game-play and current hot topics. STEM Soccer gives participants the opportunity to get behind the sport they love with lessons centered around the transformation and technology behind a soccer ball's design and the materials that make it up, the history and innovation of goal-line technology and more.

## SUMMER FREE EVENT

### Rockies Skill Challenge

For boys and girls ages 6-13 as of December 31, 2020. Participants will compete in throwing, running and hitting. Boys and girls compete separately in four age divisions (6/7, 8/9, 10/11 & 12/13). Winners in each age and gender group will advance to the sectional competition in July. The winners of the sectional competition move on to the state competition in August. Registration forms are available at the competition. Participants must provide a copy of their birth certificate on the day of the competition. Adult signature is required to participate.

6-13 yrs: **Jun 6, Sat, 9-10:30am**  
 Location: Sandstone Ranch Ballfields, 2525 E Hwy 119

### Preschool Sports

These clinics are indoors and/or outdoors and focus on the basics of the game. Come prepared for the weather (sunscreen). The Goal Sports Sport clinic includes soccer, lacrosse and scooter hockey. Please have your child wear non-marking tennis shoes.

3-5 yrs: 10:30-11:15am

**Basketball** \*Tuesday, Aug 4-18 312116.T  
 Wednesday, Jul 8-29 312116.W  
 \*Thursday, Aug 6-20 312116.R

**Soccer** Tuesday, Jul 7-28 312121.T  
 Wednesday, Jun 3-24 312121.W  
 Thursday, Jul 9-30 312121.R

**T-ball** Tuesday, Jun 2-23 312122.T  
 Wednesday, May 6-27 212122.W  
 Thursday, Jun 4-25 312122.R

**Goal Sports** Tuesday, May 5-26 212156.T  
 \*Wednesday, Aug 5-19 312156.W  
 Thursday, May 7-28 212156.R

Location: Longmont Recreation Center, 310 Quail Rd  
 Fee: \$34 resident/\$42.50 non-resident  
 \*Fee: August/3 wks \$25.50 resident/\$32 non-resident

### CARA Track Team

In a recreational atmosphere, participants gain exposure to and have the opportunity to compete in a variety of track and field events appropriate to age and skill level. Practices are coed. Saturday meets held along the Front Range. A copy of a birth certificate is required at time of registration (or at first practice if registering online). Register according to child's age as of Aug 1, 2020. Bring water bottle to practice.

Dates: **Jun 2-Jul 18, Tues/Thurs Mornings**  
 5-10 yrs: **8-9:15am** 312263.50  
 11-16 yrs: **9:30-11am** 312263.16

Dates: **Jun 1-Jul 18, Mon/Wed Evenings**  
 5-16 yrs: **6-7:30pm** 312263.EV

Location: Skyline High School Track, 600 E Mountain View  
 Fee: \$95 resident/\$118.75 non-resident

### Daytime T-ball & Coach Pitch Baseball

Learn how to play the great game of baseball. The season concludes with a fun scrimmage on Thursday, July 30 in the evening. Please wear running shoes (no sandals or crocs) and bring a baseball glove and water bottle.

**T-Ball** 4 to 5 years  
**Jul 7-30, Tues/Thurs 8:15-9am** 312272  
 Fee: \$47.25 resident/\$59 non-resident

**Coach Pitch** 6 to 7 years  
**Jul 7-30, Tues/Thurs 9:15-10:15am** 312282  
 Fee: \$63 resident/\$78.75 non-resident  
 Location: Rodriguez Field at Clark Centennial Park, 1135 Alpine St

### Youth Triathlon Training

Learn the basics of triathlon, including swimming, cycling, running, and transitions. Great prep for the kids only Triathlon Aug 22nd. Required: ability to swim 25 yards unassisted, without



needing to grab on to lane lines. Also, must have a safe, working mechanically sound bike and good running shoes.

6-15 yrs: **Jun 2-Jul 30, Tue/Thurs, 9-10:30am** 326412-1  
 Instructor: Jim Hallberg  
 Location: Centennial Pool, 1201 Alpine St  
 Fee: \$180 resident/\$225 non-resident

### Table Tennis Camp

Table Tennis (also known as ping-pong) is fun and challenging. Learn the basics of this Olympic sport. Learn the rules, technique and strategy, top spin and even a smash. Balls and table provided. Please bring your own paddle.

8-17 yrs: **Jul 27-29, Mon-Wed, 5:30-7:30pm** 312295-JY  
 Instructor: David Vollmar, 30 yr. veteran coach  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
 Fee: \$50 resident/\$62.50 non-resident

### Volleyball Camp

Join us for a power-packed camp that teaches the fundamentals of the sport: serving, setting, hitting and defense. For beginners and intermediate players. No previous experience necessary. Equipment provided. Bring water bottle and wear tennis shoes.



Grades 6-8: **Aug 4-6, Tue-Thurs, 9am-12pm** 312296-MS  
 Location: Longmont Recreation Center, 310 Quail Rd  
 Fee: \$65 resident/\$81.25 non-resident

## SkateStart Plus - Skateboard Lessons

For beginners and never-ev-ers, Skatestart Plus focuses on mastering the fundamentals and encouraging participants to push faster, roll faster, and master the basics. Bring water, snack, shoes, and a desire to learn. Skateboard & helmet provided.



5-12 yrs: **May 29, Fri, 9am-12pm** 312235-06  
**Jun 12, Fri, 9am-12pm** 312235-07

Instructor: Skatestart LLC, [www.skatestart.com](http://www.skatestart.com)  
 Location: Sandstone Ranch Skate Park, 3001 E Hwy 119  
 Fee: \$65 resident/\$81.25 non-resident

## SkateStart - Skateboarding Camp

For the little ripper who has skills or those who have completed Skatestart Plus lessons. Camp focuses more on tricks and progression while always promoting fun, safety and success. Skaters master drop-ins, grinds, ollies and more tricks!

6-14 yrs: **Jul 17, Fri, 9-12:30pm** 312298-6  
**Aug 7, Fri, 9-12:30pm** 312298-8

Instructor: Skatestart LLC, [www.skatestart.com](http://www.skatestart.com)  
 Location: Sandstone Ranch Skate Park, 3001 E Hwy 119  
 Fee: \$70 resident/\$87.50 non-resident

## 3v3 Outdoor Basketball League

Bring a friend and come enjoy a fun filled hour of 3v3 basketball. Boys and girls in grades 7-12 are placed on teams each night and play a minimum of 2 games. Games are self-officiated with a court monitor present. Must be registered to participate.

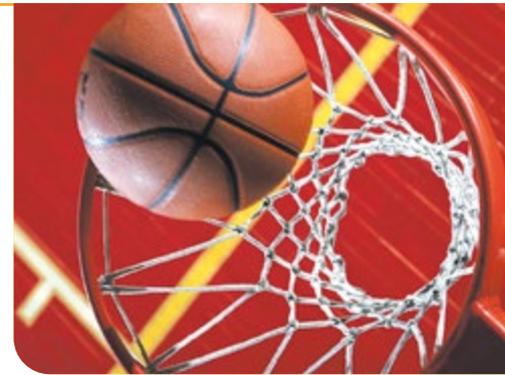


Dates: **Jun 3-24 or Jul 8-29, Wednesday**  
**Grades 7-9, 6:15-7:30pm** 312293  
**Grades 10-12, 7:30-8:45pm** 312293

Location: Clark Centennial Basketball, 1135 Alpine St  
 Fee: \$31.50 resident/\$39.50 non-resident

## Basketball Camp

Teaching ball handling, dribbling and shooting fundamentals, this camp is a great way to build confidence and ability. Camp includes 3v3 fun games and drills. All levels are welcome. Bring a water bottle and a snack.



8-12 yrs: **Jun 23-25, Tue-Thurs, 9am-12pm** 312291

Instructor: Legends Youth Athletics  
 Location: Longmont Recreation Center, 310 Quail Rd  
 Fee: \$110 resident/\$137.50 non-resident

**Job opportunities exist as sports officials, instructors, field/facility supervisor and more visit [www.longmontcolorado.gov/jobs](http://www.longmontcolorado.gov/jobs)**

## FENCING CAMPS

These focused and fun camps are offered by truly outstanding coaches. Camps include all fencing equipment.  
 Instructor: Fencing Academy of Denver

### Jedi Training Camps

Long, long ago in a galaxy far, far away the Jedi Knights protected the innocent from evil doers. Train your mind and body to become the greatest heroes of all time. Participate in strength and agility training using various exercises and games, learn Jedi lore and history and how to put together a massive battle.

8-15 yrs: **Jun 15-19, Mon-Fri, 9am-12pm** 312297-3  
 Location: Longmont Recreation Center, 310 Quail Rd

**Jul 27-31, Mon-Fri 9am-12pm** 312297-4  
 Location: Sunset Pool Party Room, 1900 Longs Peak Ave  
 Fee: \$175 resident/\$218.75 non-resident

### Fencing Camp

Designed for all skill levels, this camp includes an introduction to the history of fencing, footwork and blade work (parries and ripostes). The program also provides for intermediate and progressive saber fencers.

8-15 yrs: **Jun 15-19, Mon-Fri, 1-4pm** 312297-1  
 Location: Longmont Recreation Center, 310 Quail Rd

**Jul 27-31, Mon-Fri, 1-4pm** 312297-2  
 Location: Sunset Pool Party Room, 1900 Longs Peak Ave

### Register for both camps – save \$75

8-15 yrs: **Jun 15-19, Mon-Fri, 9am-4pm** 312297-B  
 Location: Longmont Recreation Center, 310 Quail Rd

**Jul 27-31, Mon-Fri, 9am-4pm** 312297-B2  
 Location: Sunset Pool Party Room, 1900 Longs Peak Ave  
 Fee: \$275 resident/\$343.75 non-resident

## Youth Tennis Tournaments

Longmont Recreation hosts two Junior USTA sanctioned tennis tournaments.

Location: Quail Tennis Courts, 310 Quail Rd

### City of Longmont Jr. Championships #1 (Level 6)

May 9 & 10 – for ages 12 and under through age 18. Registration closes on May 4. Register at: <https://tennislink.usta.com/tournaments/TournamentHome/Tournament.aspx?T=251409>

### City of Longmont Jr. Championships #2 (Level 6)

Sept 19 & 20 – for ages 12 and under through age 18. Registration closes on Sept 14. Register at: <https://tennislink.usta.com/tournaments/TournamentHome/Tournament.aspx?T=248722>

## Look Towards Fall Youth Athletic Programs

Registration is available now for the following fall youth athletics programs. For full descriptions, see online or the fall brochure direct mailed the week of July 27. Made possible by volunteer coaches, please call 303-651-8398 to volunteer.

### CARA Lacrosse League

8-14 yrs: **Aug 17-Oct 17** \$79r/\$99nr 312264

### CARA Cross Country

7-14 yrs: **Aug 17-Oct 1** \$53r/\$66nr 412262-MW

### Fall Middle School Soccer

Grades 6-8: **Aug 24-Oct 16** \$55 412725

### Fall Youth Volleyball

Grades 3-8: **Sept 1-Oct 24** \$79r/\$99nr keyword "volleyball"

### CARA High School Girls Volleyball League

Grades 9-12: **Aug 24-Oct 24** \$90r/\$112.50nr 412429

## GONZO TENNIS



Gonzo Tennis is devoted to fostering the development of players from 4 years of age and up and giving them the opportunity to discover even more about this international and life-long sport. Participants must supply their own racket. It's all about tennis! Balls are provided. For inclement weather and cancelations visit [www.Gonzotennis.com](http://www.Gonzotennis.com).

Tennis Lessons and Clinics

Location: Quail Tennis Courts, 310 Quail Rd

### Youth Tennis Lessons – Age 4-10

A developmental program that uses a variety of fun games to develop motor skills, enjoyment of the game and helping create self confidence in a safe and friendly environment.

Class day options: Tue, Wed, Thurs or Sat

**Session 1: Jun 2-27**

**Session 2: Jul 7-Aug 1**

4-5 yrs: **MINI Gonzos, T,W or Th 4-4:30pm**  
**Sat, 9-9:30am** 312600

Fee: \$22 resident/\$27.50 non-resident

6-7 yrs: **TINY Gonzos, T,W, or Th 4:30-5:15pm**  
**Sat, 9:30-10:15am** 312601

Fee: \$33 resident/\$41.25 non-resident

8-10 yrs: **MIGHTY Gonzos, T,W,or Th 5:15-6:15pm**  
**Sat, 10:15-11:15am** 312602

Fee: \$44 resident/\$55 non-resident

### Junior Tennis – Ages 11-15

Divided into different levels determined by age and ability. These game-based programs use specific exercises and fun games to help students understand the aspects of tennis. Must have instructor approval to register for the intermediate lessons.

**Session 1: Jun 2-25**

**Session 2: Jul 7-30**

Beginner: **Tue or Thurs, 4-5pm** 312603

Intermediate: **Tue or Thurs, 5-6pm** 312613

Fee: \$44 resident/\$55 non-resident

### CARA Tennis Team

Join GONZO Tennis for the CARA Tennis program. A recreational team tennis opportunity. Optional Friday matches played along the Front Range. Participants must provide a copy of their birth certificate. Please register according to child's age as of August 1, 2020. Second child discount is 5%.

8-18 yrs: **Mon practice, Fri Matches**  
**Jun 1-Jul 24, 9-11am** 312261-10

Instructor: Gonzo Tennis

Location: Quail Tennis Courts, 310 Quail Rd

Fee: \$140 resident/\$175 non-resident

### Gonzo Summer Tennis Clinics

Tennis, tennis, tennis! A good combination of exercise, fun games and other activities on the court to help improve your game in a safe and fun environment. Fee is per week.

5-18 yrs: **Jun 2-Aug 6, Tue-Thurs, 9am-12pm** 312606  
Weekly Fee: \$99 resident/\$123.75 non-resident

### Private Tennis Lessons

Sign up for youth and adult private lessons to get focused attention and improve your skills. To set up a private lesson, email Gonzo at [gonzo@gonzotennis.com](mailto:gonzo@gonzotennis.com)

### Adult Tennis – Ages 16+

Adult clinics introduce the basic tennis strokes to beginners and improve skills for intermediate players. Appropriate games for different levels improve stroke technique and consistency.

**Session 1: Jun 2-24**

**Session 2: Jul 7-29**

Adult Beginner: **Wednesday, 6-7:30pm** 312605

Adult Intermediate: **Tuesday, 6-7:30pm** 312615

Fee: \$66 resident/\$82.50 non-resident

## Indoor Archery Camp

Come and learn the exciting sport of Archery. Learn the different types of bows and arrows and get to shoot many different targets from bowling pins, balloons, zombies, and even archery tag. All Archery and Safety equipment is provided.

8-14 yrs: **Jun 15-19, Mon-Fri, 9am-2pm** 312294.1

**Jul 13-17, Mon-Fri, 9am-2pm** 312294.2

Location: High Altitude Archery, 455 Weaver Rd, Ste 500

Fee: \$325 resident/\$406.25 non-resident

## Youth Outdoor Archery Lessons

Archery is an Olympic Sport that teaches discipline and concentration. All equipment provided. Instructor meets participants at the second gate.

Location: St Vrain Archery Club, South of Hwy 119 on WCR 5, past the City of Longmont Firing Range

Fee: \$53 resident/\$66 non-resident

**Beginner Archery Lessons** teach shooting skills, safety, scoring, types of equipment and terminology.

10-17 yrs: **May 5-26, Tue, 4-5pm** 212242.B2

**Jun 2-23, Tue, 4-5pm** 312242.B1

**Jul 7-28, Tue, 4-5pm** 312242.B2

**Aug 4-25, Tue, 4-5pm** 312242.B3

**Intermediate Archery Lessons** teach aiming techniques, and the fundamentals of tournament archery. Must have instructor approval.

10-17 yrs: **May 5-26, Tue, 5:15-6:15pm** 212242.I2

**Jun 2-23, Tue, 5:15-6:15pm** 312242.T1

**Jul 7-28, Tue, 5:15-6:15pm** 312242.T2

**Aug 4-25, Tue, 5:15-6:15pm** 312242.T3

## Youth & Teen Pickleball Lessons

A combination of badminton, ping pong and tennis played with a whiffle ball on a short tennis court. It's fun, social and easy. Learn the basics while meeting new friends. Equipment provided.

9-11 yrs: **May 5-26, Tue, 5:30-6:30pm** 212222.05

**Jun 2-23, Tue, 5:30-6:15pm** 312222.1

**Jul 7-28, Tue, 5:30-6:15pm** 312222.3

12-15 yrs: **Jun 2-23, Tue, 6:30-7:30pm** 312222.2

**Jul 7-28, Tue, 6:30-7:30pm** 312222.4

Instructor: Ian McPherson, Impact Pickleball

Location: Hover Pickleball Courts, 1361 Charles Drive

Fee: \$26 resident/\$32.50 non-resident



## FOR DROP-IN ATHLETIC PROGRAMS,

please see facility pages for specific days/times. See the Longmont Recreation Center, page 6, for Basketball, Volleyball, & Pickleball. See the St Vrain Memorial Building, page 4, for Table Tennis and Floor Hockey.

## ADULT ATHLETICS



## Adult Outdoor Archery Lessons

Archery is great for improving strength and concentration. Includes shooting skills, safety, scoring, types of equipment and terminology. All equipment provided. Instructor meets participants at the second gate.

18 & up: **Tuesday, 6:30-7:30pm**

Sessions: **May 5-26** 212342

**Jun 2-23 | Jul 7-28 | Aug 4-25** 312342

Location: St Vrain Archery Club, South of Hwy 119 on WCR 5, past the City of Longmont Firing Range

Fee: \$53 resident/\$66 non-resident

## Senior Golf Association

Get out and play 9 holes of golf with other senior golfers at Sunset Golf Course. All levels welcome; no GHIN number required. This fun, noncompetitive, weekly co-ed group plays Fridays, May 15-mid Oct. Please attend the Kick-Off Meeting on Friday, May 8, 11:30am at the Senior Center, 910 Longs Peak Ave.

Fee: \$20 resident/\$24 non-resident 287003

## Adult Beginner Pickleball Lessons

A combination of badminton, ping pong and tennis is played with a whiffle ball on a short tennis court. Learn rules, techniques and basic strategies. Designed for beginner and advanced beginner players. Equipment provided.

16 & up: **Thurs, 5:30-6:30pm**

Session: **May 7-28** 212322

**Jun 4-25 | Jul 9-30 | Aug 6-27** 312322

Fee: \$30 resident/\$37.50 non-resident

Instructor: Impact Pickleball

Location: Hover Pickleball Courts, 1361 Charles Dr

## Pickleball Advanced Play

Join us for advanced skills and tournament play.

Instructor: Impact Pickleball

Location: Hover Pickleball Court, 1361 Charles Dr.

Fee (per session): \$10 resident/\$12.50 non-resident

Skills & Drills - participants spend 3-5 minutes on each drill with the emphasis on building up consistency and confidence in their shots. Each day focuses on a specific aspect of the court.

**Jun 4-Jul 28, Tues, 3:30-4:30pm** 312392

Game Play - Structured play where participants are required to perform certain shots/strategies during the game. Designed to incorporate skills learned in skills & drills into game situations.

**Jun 4-Jul 28, Tue, 4:30-5:30pm** 312393

## ADULT SPORTS LEAGUES

New in town? Looking for a team? Free agents are individuals who don't have a team, but want to play in an adult sports league. Free agents are combined to form a team(s). Split Payment Option – pay half the fee when registering and remainder by the third week of the season. Includes \$10 convenience fee to league pricing. Early Bird Discount – pay early and get substantial discount! Look for before and after dates listed in description.



### Spring and Summer Adult Basketball

3v3 Women's and 3v3 Men's 40+ league played half court. 3v3 teams includes 5 players. 5v5 teams include up to 9 players. Teams play one game per week – eight game season. Spring registration through Apr 12. Summer registration May 4-Jun 14.

18 & up: Longmont Recreation Center, 310 Quail Rd

**3v3 Leagues:** **Men's 40+ & Women's Apr 15-Jun 3, Wednesdays**  
 Spring Dates: \$250 on/before 4/12; \$280 after  
 Total Team Fee:

Summer Dates: **Jun 17-Aug 5, Wednesdays**  
 Total Team Fee: \$250 on/before 6/14; \$280 after  
 Free Agent Fee: \$50 resident/\$62.50 non-resident

18 & up: Longmont Recreation Center, 310 Quail Rd

**5v5 League:** **Thursday Night 5v5**  
 Spring Dates: **Apr 16-Jun 11, Thursdays**  
 Total Team Fee: \$420 on/before 4/13; \$450 after

Summer Dates: **Jun 18-Aug 20, Thursdays**  
 Total Team Fee: \$420 on/before 6/15; \$450 after  
 Free Agent Fee: \$50 res/\$65.50 non-resident

### Summer and Fall Softball

Men's, Women's and Coed leagues are offered for ages 16 to adult. Register through Apr 27 (summer) or Aug 10 (fall) at the Longmont Recreation Center or online. Check out the new 5v5v5 league (men/coed) – more at-bats, more action and fun.

16 & up: Garden Acres Park, 2058 Spencer St  
 Summer Dates: **May 4-Jul 31**  
 Total Team Fee: \$570 on/before 4/15; \$600 after (includes up to 16 players)

**NEW 5v5v5 League:** \$260 on/before 4/15; \$290 after (includes up to 9 players)  
 Free Agent Fee: \$50 resident/\$63 non-resident

Fall Dates: **Aug 17-Oct 16**  
 Total Team Fee: \$480 on/before 7/27, \$510 after (includes up to 16 players)

**NEW 5v5v5 League:** \$208 on/before 7/27, \$238 after (includes up to 9 players)  
 Free Agent Fee: \$46 resident/\$57 non-resident

### Summer and Fall Coed Kickball

Join the craze! Adult kickball is wild fun - a sport that athletes of all abilities can play. Coed kickball league is played with 4 men and 4 women on the field. Registration packets available at Longmont Recreation Center or online. Register by May 29 for summer and Aug 11 for fall.

16 & up: Garden Acres Park, 2058 Spencer St  
 Summer Dates: **Jun 4-Jul 30, Tuesdays**  
 Total Team Fee: \$290 on/before 5/11; \$320 after (includes up to 16 players)

Fall Dates: **Aug 18-Oct 6, Tuesdays**  
 Total Team Fee: \$290 on/before 7/27; \$320 after (includes up to 16 players)  
 Free Agent Fee: \$30 resident/\$39 non-resident

### Adult Indoor Coed Volleyball

Get your dig, bump and spike on playing Recreation Coed Volleyball for adults. Games begins Jun 7 starting at 5pm. Registration deadline is Jun 1.

16 & up: St Vrain Memorial Bldg, 700 Longs Peak Ave  
 Summer Dates: **Jun 7-Aug 4, Sunday after 5pm**  
 Total Team Fee: \$280 on/before 5/18; \$310 after (includes up to 10 players)  
 Free Agent Fee: \$38 resident/\$48 non-resident

### Spikeball

Spikeball features elements of volleyball and 4-square played on a round net. The fast action game is played 2v2 (max 4 per roster) with no gender requirements for this 6 game league. Equipment provided. Games begin Jun 17, register by Jun 12.

16 & up: Roosevelt Park, 700 Longs Peak Avenue  
 Season Dates: **Jun 17-Jul 22, Wednesdays**  
 Team Fee: \$60 on/before 5/29, \$80 after (includes up to 4 players)  
 Free Agent Fee: \$32 resident/\$40 non-resident

A FREE drop-in demo night is scheduled for Jun 3 at 6:30pm at Roosevelt Park.

### Adult Outdoor Grass 4v4 Coed Volleyball

Longmont offers both competitive and social outdoor grass 4v4 adult coed volleyball leagues. Register for summer league by Jun 1 or fall league by Aug 3 at the Longmont Recreation Center or online. All teams must have at least two women.

16 & up: Roosevelt Park, 700 Longs Peak Ave  
 Summer Dates: **Jun 8-Jul 20, Mondays**  
 Total Team fee: \$110 on/before 5/18, \$140 after (includes up to 9 players)

Fall Dates: **Aug 10-Sept 23, Mondays**  
 Total Team fee: \$110 on/before 7/20, \$140 after (includes up to 9 players)  
 Free Agent Fee: \$32 resident/\$40 non-resident

# SAVE WATER AND SAVE YOUR WATERWAYS



**Irrigation of outdoor landscaping is the largest use of water in the City. Reducing the water you use for irrigation leaves more water for the future and saves you money.**

Some of the things that can be done to conserve water can also reduce the pollution in our ponds, rivers and creeks. Any water that goes into the soil will not end up on driveways, sidewalks, streets or gutters where it can carry pollutants to the storm sewers. The storm sewers all discharge to our waterways, including Left Hand Creek and St. Vrain Creek, without any treatment.

**You can save water, save money and help the environment by:**

- Making sure your sprinkler system does not waste water
- Using plants that are adapted to our climate
- Preparing your soil with organic materials
- Using landscaping features that allow water from both sprinklers and rainfall to soak into the ground instead of running off

➤ **The City, in partnership with the Center for ReSource Conservation, offers several programs to help you reduce your outdoor water use. The number is limited and it's first come, first served. Call the Center for Resource Conservation at 303-999-3820 x217 or visit [ConservationCenter.org](http://ConservationCenter.org).**

### **Garden in a Box.**

This is a professionally designed xeriscape garden kit that includes water-conserving plants and a "plant-by-number" plan.



### **Automatic Sprinkler System Audits.**

A sprinkler system inspector will take soil samples, evaluate your system and watering schedule, measure the water output, look for leaks, identify problems and recommend improvements.



➤ **Here are some things you can do to help water soak into the soil instead of running off and carrying sediment and other pollutants into the storm drains.**

**Create a drainage way**, or swale, that directs stormwater away from your house to landscaped areas and allows it to soak into the soil.

**Use the proper sprinkler types** and adjust them so that they water the landscaping and not the sidewalk, street or driveway.

**Consider using permeable pavements** for your garden walkways.

**Add organic materials** to your soil before planting so that the soil can retain more water. Soils in this area can take up to three cubic yards of organic material (such as compost) for every 1000 square feet.



**KEEP  
IT CLEAN**  
'cause WE'RE ALL  
DOWNSTREAM

**STORMWATER  
QUALITY**

To learn more about stormwater quality  
visit our web page at [KeepItCleanPartnership.org](http://KeepItCleanPartnership.org)



# 2020 CALENDAR OF EVENTS & HAPPENINGS

## MAY



### OUTDOOR POOLS OPEN FOR THE SEASON

- MAY 22: Friday, 10am-5pm at Sunset Pool**  
1900 Longs Peak Ave | 303-651-8300
- MAY 29: Friday, 10am-4pm at Roosevelt Activity Pool**  
903 8th Ave | 303-774-4455
- MAY 29: Friday, 10am-5pm at Kanemoto Activity Pool**  
1151 S. Pratt Pkwy | 303-774-3784

### MAY 25

#### MEMORIAL DAY

City offices closed. Modified Recreation Facility hours. Trash collection one day later than normal throughout the week.

At publication time, the COVID-19 response continues to be rapidly evolving. Please note that the availability of programs and events contained within these pages are subject to current recommendations and may not be offered as listed. For the most up-to-date information, please refer to LongmontColorado.gov/news & LongmontColorado.gov/rec.

## JULY

### JULY 3

#### INDEPENDENCE DAY OBSERVED

City offices closed. Regular Recreation Facility Hours

### JULY 4

#### INDEPENDENCE DAY

Modified Recreation Facility hours.

### JULY 4

#### LONGMONT SYMPHONY CONCERT

Saturday, 11am at Thompson Park, 4th & Brass



Title Sponsor



### JULY 10

#### ROGER'S RIVER RUN 5K: THE GREENWAY GLOW

Friday, 7:30pm start at Boston Ave near the entrance to the fairgrounds. Registration ends at noon, July 12: \$20 adults, \$15 youth/senior. Race day registrations accepted on a space-available basis with \$5 late fee.

### JULY 10&11

#### RHYTHM ON THE RIVER

Friday & Saturday, 5-10pm at Roger's Grove

Concerts on two stages with food and beverage sales. Family Friendly and Adult Activities. Free shuttle and free parking at the Boulder County Fairgrounds. LongmontColorado.gov/rotr



### JULY 19

#### CALLAHAN HOUSE OLD FASHIONED ICE CREAM SOCIAL

Sunday, 1-4pm at the Historic Callahan House & Garden, 312 Terry St

Enjoy an old fashioned Ice Cream Social and help us celebrate the Roaring '20s in style. Take a step back in time and indulge in a Victorian summer outing that harks back to the old days while enjoying ice cream sundaes amidst the beauty of our Italian garden. Old Fashioned music, yard games, a photo booth and a face painter are only a few of the vintage pleasures to enjoy while helping raise funds for building preservation and exterior restoration. Fee increase to \$25 day of event.

Fee: \$20 per person, children 2 & under free 304407

### JULY 31

#### PAR TEE

Friday, 6:30-8pm at Twin Peaks Golf Course, 1200 Cornell Dr

Come Par Tee it up with a FREE summer concert on the driving range! Featuring Tom Petty cover band, Petty Fools, this night will be a hole in one. Food and beverages available for sale. Bring a blanket and enjoy a summer night with fun for the whole family!



# AUGUST



**AUGUST 19-23 & 26-29**

## **DOG DAYZ OF SWIMMING**

**Wednesday through Sunday at Roosevelt Activity Pool, 903 8th Ave**

All Dogs: 10am-12pm & 5-7pm | Small Dogs Only: 9-10am & 4-5pm  
At the end of the summer, the activity pool closes for human use and the rest of the time goes to the dogs! Dog swimming only. Please pick up after your dog. Social dogs only, no refunds.  
\$4 per dog, Recreation passes not valid.

**AUGUST 30**

## **DOG DAYZ EXPO**

**Sunday, 10am-3pm**

Bring your socialized dog for swimming and fun! Visit the multiple dog friendly vendors that are in attendance. \$4 per dog. Recreation passes not valid.

**AUGUST 22 & 23**

## **LONGMONT TRIATHLON WEEKEND**

Celebrate our 40th offering of the Longmont Triathlon at its new location and date. Featuring beautiful run and bike courses, all races start and finish at the Longmont Recreation Center which is dedicated exclusively to the event. Registrations are being accepted NOW, prices increase Aug 1. LongmontColorado.gov/rec



### **16TH ANNUAL LONGMONT KIDS ONLY TRIATHLON**

6-17 yrs: **Sat, Aug 22**, first heat at 7:45am \$40

### **9TH ANNUAL LONGMONT TRY-A-TRI**

17 & up: **Sat, Aug 22**, first heat at 9:45am \$50

### **40TH ANNUAL LONGMONT TRIATHLON**

17 & up: **Sun, Aug 23**, first heat at 7am \$75/Team \$125



Longmont Triathlon Weekend is proudly brought to you by our Title Sponsor: Altitude Physical Therapy!

**It is not too late to be an event sponsor!** Contact 303-774-4694 for more information

## **COMMUNITY NIGHTS AT SANDSTONE RANCH**

### **5:30-7:30pm at SSR Visitors & Learning Center, 3001 Sandstone Dr**

Bring a sack dinner and join us at 5:30pm before the main event to enjoy the lawn games, coloring table, and scenery at SSR. Main event begins at 6:30pm. Outdoor events, weather permitting: bring something to sit on. No registration needed. FREE.

### **JUNE 16 Tuesday, 6:30-7:30pm**

#### **LOCO UKULELE**

Come join us for a fun-filled, toe-tapping time. Don't be surprised if you find yourself singing along with one of the largest Ukulele groups in the area. Fun for the young, and the young at heart.

### **AUGUST 18 Tuesday, 6:30-7:30pm**

#### **HAWK QUEST - BIRDS OF PREY**

This outdoor program features a live eagle, owl, falcon, and hawk. Come learn about the importance of different raptor species, their specially-adapted tools, and their role in our ecosystems.



**JULY/AUGUST:**

see [downtownlongmont.com](http://downtownlongmont.com) for dates

Free Friday night Downtown Summer Concerts: come to dance in the street and enjoy local food, drink, and great live music! Bring the whole family for kids' activities, local food trucks, craft beverages and more! More information available at [www.downtownlongmont.com](http://www.downtownlongmont.com)

Select Fridays,  
**6-9:30pm**  
at 4th Ave and  
Kimbark St

## **FITNESS IN THE PARKS**

Mix up your workouts by taking them outside this summer! Join us Fridays this summer at various Longmont parks for free classes made possible by the generous sponsorship of Watermark Apartments at Harvest Junction. Childcare not available. Updated class and location available online at [LongmontColorado.gov/fitness](http://LongmontColorado.gov/fitness)

14 & up: select Fridays, 9am

**Jun 5:** Yoga at Kanemoto Park

**Jun 12:** Hula Hoop Fitness at Dawson Park

**Jun 19:** Escentrics at Thompson Park

**Jun 26:** Zumba at Stephen Day Park

**Jul 3:** Yoga at Hover Acres Park

**Jul 10:** Tai Chi at Roosevelt Park

**Jul 17:** Zumba at TBD

**Jul 24:** Yoga at Thompson Park

**Jul 31:** Boot Camp

at SSR E2 Shelter

**Aug 7:** Zumba at

Rogers Grove

**Aug 14:** Yoga at Collyer

Park

**Pull Out and Save**

# CELEBRATE GOOD TIMES COME ON!

Think outside of the box when it comes to fun with your family & friends and the milestones in your lives. Whether it be the big "5-0" or simply the big "5", we have something for everyone.

**Did someone say "Party!"?**

**Come party with Longmont Recreation. Explore our Birthday Party packages or create your own event!**

## **BIRTHDAY PARTIES AT THE LONGMONT RECREATION CENTER**

Rent an hour or two of room time for your child's next birthday party. Fee includes entry for up to 10 people to enjoy the pool, gym and/or climbing wall either before and/or after your room time. Able to accommodate groups up to 20, group rate admission applies to 11+.

If you would prefer to have a dedicated instructor for an hour of climbing wall time for your group, there is an additional charge of \$30/hr.

Fee: \$80 1st hour/\$50 each additional hour  
Location: Longmont Recreation Center,  
310 Quail Rd  
Reserve: 303-774-4800

## **POOLSIDE PARTY SPACE**

Enjoy a reserved, dedicated deck space under the slides by the leisure pool for your birthday party needs. Have your cake and eat it too by the pool! Room for up to 16 people. Admission not included.

Location: Longmont Recreation Center, 310 Quail Rd  
Fee: \$80 for up to two hours

## **BIRTHDAY PARTY PACKAGE AT THE ST VRAIN MEMORIAL BUILDING**

Party-goers enjoy an hour-full of activity for the youth - a variety of themes available. Includes a ½ hour set up time for parents to decorate and a ½ hour for cake and presents after the hour of fun.

Fee: \$148 for up to 12 children.  
Larger party pricing available upon request.

Location: St Vrain Memorial Building,  
700 Longs Peak Ave  
Reserve: 303-651-8404

**Itty Bitty City Theme Parties available!**

## **CREATE YOUR OWN PARTY AT THE POOL**

Rent a shelter or room for your cake, presents, and guests, or rent the entire pool for your party! Year-round. Indoor pool options exist at Centennial Pool and the Longmont Recreation Center. Outdoor options exist at Sunset Pool beginning in late May. Pricing for pool rentals is online or by calling 303-651-8406.

Room Fee: \$27 for up to 2 hours + prescheduled group rate for all who swim or work out.  
Location: Centennial Pool, 1201 Alpine St  
Reserve: 303-651-8406

## **FACILITY AND ROOM RESERVATIONS WITH LONGMONT RECREATION**

Explore the variety of unique rental options for your celebration or gathering. Whether you are wanting a more intimate location or prefer a larger venue, want something low-key casual or more classy formal, we have a location that will meet your needs and budget. See page 48 for facility options.

Call us for your:

**Baby Gender Reveal Party**

**Baptism Celebrations**

**Anniversary Party**

**REHEARSAL DINNERS**

**Birthday Milestones**

**Graduations**

**Celebrations of Life**

**Small Weddings**

## **SMALL GROUP ADVENTURES**

Tired of paint and sip? Gather a group of friends and try something different with use of log rolling at the pool, or reserved use of the climbing wall at the Longmont Recreation Center.

Aquatic Adventures: Contact Luke 303-774-4759  
Climbing Adventures: Contact Kris 303-774-4758

**Have something larger in mind?**

Contact the Rental Specialist to help your dream become a reality!  
303-651-8443 RecSupport@LongmontColorado.gov



# THERAPEUTIC RECREATION



**The SCOPE** (Supportive, Captivating, & Original Programs & Experiences) This Program encourages people of all abilities to participate in recreational programs and activities. The mission of SCOPE is to provide specialized support and recreational opportunities to people with disabilities. Our vision is to enrich lives and create experiences that are memorable, empowering, fun and safe for all participants.

## SCOPE: Bowling

Basic knowledge of bowling required: no instruction is given. Each bowler participates at his/her own pace. Each week, a \$1.00 is collected from each bowler for Centennial Lanes.

12 & up: **Jun 11-Jul 30, Thurs, 3-4pm** 349100.A  
 Location: Centennial Bowling, 110 E 9th Ave  
 Fee: \$16 resident/\$20 non-resident

## SCOPE: Softball

Call 303-651-8394 if you aren't sure which league (Softball ForAll or Unified) to sign up for. *\*No games July 6.*  
 Location: Clark Cent Park, 1100 Lashley St

### Softball For All

Beginning level softball program for athletes who need one on one assistance and/or instruction.

8 & up: **Jun 1-Jul 27\*, Mon, 6-7pm** 349115.A  
 Fee: \$16 resident/\$20 non-resident

### Unified Softball

For athletes who know the fundamentals of the game. Unified Softball League teams are comprised of athletes with developmental disabilities and non-disabled partners. All players (athletes and partners) must register. Games are played at 7pm and 8pm.

14 & up: **Jun 1-Jul 27\*, Mon, 7- 9pm** 349115.U  
 Fee: \$16 resident/\$20 non-resident

## SCOPE: Bocce Ball

Come participate in this outdoor social game! This program offers instruction and training in the optional Special Olympics competition.

8 & up: **Jun 9-Jul 28, Tue, 6-6:45pm** 349117.A  
 Location: Collyer Park, 6th Ave and Collyer St  
 Fee: \$16 resident/\$20 non-resident

## SCOPE: Drumming

This introduction to drumming for people with special needs is fun, easy and accessible to anyone. Djembe drums are provided. Simple rhythms are presented slowly and patiently.

16 & up: **Tue, 5:15-6:15pm**  
 Sessions: **May 5-26** 249400  
**Jun 2-23; Jul 7-28; Aug 4-25** 349400  
 Location: Izaak Walton Clubhouse, 18 S Sunset  
 Fee: \$32 resident/\$40 non-resident

## SCOPE Try A Sport: Yoga **NEW!**

Mindful physical movements paired with meditative exercises and discussions on techniques in self-regulation to calm students. Caretakers and Guardians encouraged to participate for themselves or with students. All supplies are provided. *\*No May 25.*

18 & up: **May 4-Jun 15, Mon, 10-11am** 347912-D  
 Fee: \$32 resident/\$40 non-resident

18 & up: **Jun 22-Jul 27, Mon, 10-11am** 347912-E  
 Fee: \$30 resident/\$37.50 non-resident

Instructor: Lyndie Costello  
 Location: Thompson Park, 4th & Bross

## SCOPE: Golf

Learn the fundamentals of form, swinging, putting and body positioning. We start using the SNAG (Starting New at Golf) equipment to build confidence then gradually introduce regular golf equipment.

14 & up: **Jun 11-Jul 9; Jul 16-Aug 6, Thurs, 6-7pm** 349116  
 Location: Sunset Golf Course / Roosevelt Park  
 Required Info meeting: Jul 9, Tues, 6-7pm at St Vrain Memorial Building, 700 Longs Peak Ave  
 Fee: \$16 resident/\$20 non-resident

## SCOPE CAMPS

**Space is limited!** Packets available online and at the St Vrain Memorial Building. Daily fees apply with a registration fee of \$65 resident / \$76.25 non-resident.

Campers will experience a wide variety of activities, including crafts, swimming, and social and educational outings. Please note, SCOPE Camps are summer recreation programs, not day care programs.

**SCOPE Camp** is a non-licensed recreation program for adults.

18 & up: **Jun 1-Jul 24, Mon-Fri, 9am-4pm**

**SCOPE Teen Camp** is licensed through the State of Colorado.

14-17 yrs: **Jun 1-Jul 24, Mon-Fri, 9am-4pm**

Location: St Vrain Memorial Building, 700 Longs Peak Ave  
 Daily Fee: \$46 resident/\$57 non-resident

## Scope Highlight



**The Longmont Lemonheads took first place in their division for Regionals on February 15th at the UNC Greeley Recreation Center.** The team won both of their games and all their hard work in practice paid off. Thank you to volunteer coaches Manny and Marcus Cano for leading the team to victory. While the State Tournament was canceled due to the COVID-19 outbreak, our team is victorious in our minds. Great job Longmont Lemonheads!!

If you are interested in sharing your time or talents, please call 303-774-3795. More volunteer opportunities exist for adults, teens, and families. Sign up online at [www.LongmontColorado.gov/donate](http://www.LongmontColorado.gov/donate)



# FITNESS & WELLNESS

## LAND AND WATER DROP-IN FITNESS CLASSES

Over 30 types of land and water drop-in fitness classes are offered between five different facilities: Centennial Pool, The Longmont Recreation Center, the St Vrain Memorial Building, Lashley Street Station, and, seasonally, Sunset Pool.

**Class schedules, updated monthly/bi-monthly, and descriptions can be found at each of the recreation facilities and online at [www.LongmontColorado.gov/fitness](http://www.LongmontColorado.gov/fitness) by clicking on the Fitness & Wellness Programs link.**

**No Regular Fitness Classes:** Sun, Apr 12; Mon, May 25; Sat, July 4

**Special Fitness Classes: Free Fitness in the Parks - see calendar pull out for dates**  
Aqua Zumba® July 4, Sat, 9-10:30am at Sunset Pool, 1900 Longs Peak Ave  
Come JOIN the Party! Regular daily admittance/passes accepted.



### Weight Room Orientations

Call the Longmont Recreation Center at 303-774-4800, to enroll in no-cost orientations the 2nd Wednesday at 7pm or the 4th Sunday at 3:15pm of each month. To set up a day/time for no-cost orientations at other facilities, contact the Fitness Specialist at 303-774-4752. 14 years and older.

### Fitness Assessment and Orientation

Designed for those who just want to take the first step and don't know where to start. Fee includes: Inbody scan, health history screening, 30-minute consultation, and weight room orientation. Call the Fitness Specialist at 303-774-4752 for more information and get your program set up today!

Fee: \$38 resident/ \$48 non-resident  
Location: Longmont Recreation Center, 310 Quail Rd

### Nutrition Consultation

Do you need guidance on navigating healthy food choices? Confused about how nutrition supports optimal health? As a clinical nutritionist Michelle Beyer M.S. offers personalized nutrition consultations focused on your specific health needs and goals.

1 session: \$49 resident/\$61 non-resident  
3 sessions: \$140 resident/\$175 Nnn-resident

### Personal Training Policy

The Longmont Recreation Center, St Vrain Memorial Building, Sunset Pool and Centennial Pool are City of Longmont operated and insured facilities. Therefore, only City employees can perform Personal Training, swim lesson instruction, and other coaching within City facilities.

### Personal Training

Training can include core and balance training, basic weight training, nutrition advice and muscle building. Individual workout programs can be designed to fit all your fitness needs. Call the Longmont Recreation Center at 303-774-4800 for more information. Days and Times by appointment.

Fees:	Private	Semi-Private
1 session	\$49/ \$61	1 session \$60/ \$75
5 sessions	\$220/ \$275	5 sessions \$273/ \$341
10 sessions	\$383/\$479	10 sessions \$495/ \$618

### Intro to Training Package

If you are new to training or haven't trained in over one year this is a great place to start! Our trainers will work to inspire and encourage YOU to develop healthy habits and routines through the safe delivery of effective programs, instruction, motivation and education. Each session is 1 hour.

**3 sessions for \$105 resident/ \$130 non-resident**  
**3 semi-private \$162 resident/ \$200 non-resident**

### Body Composition with the InBody 270

Go beyond the scale with the InBody Test, a non-invasive body composition analysis that provides a detailed breakdown of your weight in terms of muscle, fat, and water/hydration on an Inbody Result Sheet. Identify muscular imbalances that could affect performance or lead to potential injury. Get better information to create health and fitness goals with precision and actionable objectives. Call the Fitness Specialist at 303-774-4752 for more information.

Single Session: \$20 extended pass-holder/\$25  
Five Pack Session: \$75 extended pass-holder/\$100  
Location: Longmont Recreation Center, 310 Quail Rd



**CHECK OUT  
SESSION-BASED  
FITNESS CLASSES**

on page 29 & 31.



## TRX

Strength, core and more! This energetic workout is for all abilities and complements any exercise or racing program. Drop ins are available if session is running

16 & up:	<b>Tuesday &amp; Thursday 4:15-5:15pm</b>		
Dates:	<b>Jun 2-30</b>	\$45 res/\$56.25 non-res	323512
	<b>Jul 7- Aug 6</b>	\$50 res/ \$62.50 non-res	323512
16 & up:	<b>Monday &amp; Thursday 5:30-6:30pm</b>		
Dates:	<b>Jun 1-29</b>	\$45 res/\$56.25 non-res	323512
	<b>Jul 6-Aug 6</b>	\$50 res/\$62.50 non-res	323512
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave		
16& up	<b>Mon &amp; Wed 7-7:45am</b>		
Dates:	<b>Jun 1-Jul 1</b>	\$50 res/\$62.50 non-res	323512
	<b>Jul 13-Aug 19</b>	\$60 res/ \$75 non-res	323512
Location:	Longmont Recreation Center, 310 Quail Rd		

## Essentrics®

A dynamic, full body workout suitable for all fitness levels, that combines stretching and strengthening to increase flexibility and mobility for a healthy, toned and pain free body. This class is a combination of standing and floor. Pace is moderate and constant. Bring a mat. Monthly session pricing dependent on number of classes at \$10 res/class. See online or facility for specific dates. Drop in Fee: \$12 resident/\$15 non-resident

16 & up:	<b>Tue, 9:30-10:30am</b>	213922	313922
Instructor:	Sephra Albert Level 4 Essentrics Trainer		
Location:	Longmont Rec Center, 310 Quail Rd		
16 & up:	<b>Wed, 10:30-11:30am</b>	213923	313923
Instructor:	Kim Zimmer L4 Essentrics® Trainer		
Location:	Memorial Building, 700 Longs Peak Ave		
16 & up:	<b>Thurs, 9:30-10:30am</b>	213922	313922
Instructor:	Sephra Albert Level 4 Essentrics Trainer		
Location:	Longmont Recreation Center, 310 Quail Rd		

## Essentrics® Barre

Essentrics® BARRE offers a dynamic full-body workout that works fascia and muscles. Barre work allows muscles to experience a gentle but deeper stretch in order to relieve pain and permit full range of motion. Develop lean, strong and flexible muscles. Moderately paced. Barefoot. Bring a mat. Drop in Fee: \$12 resident/ \$15 non-resident

16 & up:	<b>Fri, 10:30-11:30am</b>		
Dates:	<b>Jun 5-26</b>	\$40 res/\$50 non-res	313924-4
	<b>Jul 3-31</b>	\$50 res/\$62.50 non-res	313924-5
	<b>Aug 7-28</b>	\$40 res/\$50 non-res	313924-6
Instructor:	Kim Zimmer, L4 Essentrics® Trainer		
Location:	Memorial Building, 700 Longs Peak Ave		

**FREE TRX ORIENTATIONS**  
the 3rd Tuesday of each Month, 5-5:30pm,  
at the St Vrain Memorial Bldg,  
700 Longs Peak Ave.

## SILVERSNEAKERS® & RENEW ACTIVE™ PROGRAMS

Designed for Medicare participants with select insurance plans. Are you a United Healthcare customer? Did your SilverSneakers® pass change to Renew Active™ by Optum? Don't worry! Your new pass works just like the SilverSneakers® pass. Both programs include use of facility amenities and group fitness classes with unlimited daily admission at the Longmont Recreation Center, Centennial Pool, and the St Vrain Memorial Building. Both programs are also valid for admission for the SilverSneakers® classes held at the Senior Center and Lashley St Station. To find out more, call 303-774-4800 or stop in at the Longmont Recreation Center and get signed up!



55+, see the GO for additional wellness activities at [www.longmontcolorado.gov/senior-services](http://www.longmontcolorado.gov/senior-services)

### SilverSneakers® Orientations

Facility orientations for SilverSneakers® and RenewActive™ participants involve a tour of the Longmont Recreation Center and an overview of the fitness equipment.

Days/Times:	<b>May 7, Jun 4, Jul 2, Aug 6; Thurs, 9am</b> <b>May 21, Jun 18, Jul 16, Aug 20; Thurs, 2pm</b>
Location:	Longmont Recreation Center, 310 Quail Road
Fee:	FREE, however pre-registration is required

### SilverSneakers® Fitness Classes

Choose from these 45 to 60 minute classes geared specifically for the unique fitness needs of older individuals. Class descriptions and schedule of classes are available online and at Recreation facilities.

<b>SilverSneakers® Boom</b>	<b>SilverSneakers® Cardio</b>
<b>SilverSneakers® Classic</b>	<b>SilverSneakers® Circuit</b>
<b>SilverSneakers® Splash</b>	<b>SilverSneakers® Yoga</b>
<b>SilverSneakers® Stability</b>	

Note: SilverSneakers® and/or Renew Active™ membership is NOT required to attend SilverSneakers® fitness classes. SilverSneakers® and/or Renew Active™ members are welcome to explore regular fitness classes as part of their membership. Non-SilverSneakers® and/or Renew Active™ members pay regular admission fees.

### Lunch & Learns Special Event

Join us on the 2nd Tues of each month for an educational class! Bring a lunch or snack. Meals on Wheels is available prior to the classes.

	<b>May 12, Jun 9, Jul 14, Aug 11</b>	213401 & 313401
Fee:	Free for SilverSneakers® & Renew Active™ members	
Location:	Longmont Senior Center, 910 Longs Peak Ave	

# FITNESS & WELLNESS



## Yoga



For yoga class descriptions, see fliers at recreation facilities or online at [LongmontColorado.gov/fitness](http://LongmontColorado.gov/fitness)

**Yoga students:** Please bring your own yoga mat, and a thick blanket if you have one. Yoga drop-in students are welcome. Please purchase drop-in pass in advance for drop-in dates online, at the St Vrain Memorial Building, or the Longmont Recreation Center. Monthly registered participants have priority and will be notified by e-mail of any changes.

Monthly registrants enjoy \$2 discount per class; partial months are charged at drop-in rate.

Drop-in fee: 1-1.25 hr: \$11 resident/\$13.75 non-resident  
 1.5 hr: \$13 resident/\$16.25 non-resident  
 1.75 hr: \$15 resident/\$18.75 non-resident  
 2 hr: \$16 resident/ \$20 non-resident

Day	Time		Class	Code	Location	Instructor
Mon	9:30-10:30am	1 hr	<b>YOGA FOR ACTIVE ADULTS</b>	343134	Izaak	Urszula Bunting
Mon	4-5:15pm	1.25 hr	<b>ALIGNMENT BASED YOGA</b>	343117	Izaak	Gwyn Cody
Mon	5:30-6:45pm	1.25 hr	<b>YOGA FOR FLEXIBILITY</b>	343118	Izaak	Josine Michels
Tues	9:15-10:30am	1.25 hr	<b>BEGINNER FRIENDLY YOGA</b>	343152	Izaak	Diana Shellenberger
Wed	10:30-11:45am	1.25 hr	<b>GENTLE YOGA</b>	343133	Izaak	Urszula Bunting
Wed	5:30-7:15pm	1.75 hr	<b>THERAPEUTIC STRUCTURAL YOGA</b>	343138	Izaak	Shar Lee
Thurs	9-11am	2 hr	<b>WOMEN'S HATHA YOGA</b>	343142	Izaak	Shar Lee
Thurs	5:15-6:30pm	1.25 hr	<b>GENTLE FLOW &amp; RESTORE YOGA</b>	343119	Izaak	Katharine Kaufman
Fri	9-10:30am	1.5 hr	<b>WELL BEING YOGA</b>	343120	Izaak	Katharine Kaufman
Sun	9:30-10:45am	1.25 hr	<b>SUNDAY MORNING YOGA</b>	343171	Izaak	Katharine Kaufman

Yoga Locations: Izaak Walton - 18 S Sunset | *Spring (Mar, Apr, May) begins with "2", Summer (Jun, Jul, Aug) begins with "3"*

### Tea and Yoga- Yin and Restore

Are you tired, stressed, or simply don't feel your best? This combination of Yin and Restorative yoga might be what you need. In addition to soothing and relaxing postures, we use essential oils, soft music, candlelight and a warming cup of herbal tea. Please bring a mat and a blanket

Dates: **May 17, Sun, 3:30-5:30pm** 243300

Instructor: Urszula Bunting

Location: Izaak Walton Clubhouse, 18 S Sunset

Daily Fee: \$25 resident/\$31.25 non-resident

### Restorative Yoga

Unwind, refresh, and allow your body and mind to heal and restore the first Friday of each month. We use variety of props, Tibetan bowls, candlelight, and essential oils. Please bring a yoga mat and a blanket. \$5 discount/class if you register for all 5.

16 & up: **May 1, Fri, 6-8pm** \*No Jun 5 243155

16 & up: **Jul 3 or Aug 7, Fri, 6-8pm** 343155

Instructor: Urszula Bunting

Location: Izaak Walton Clubhouse, 18 South Sunset

Fee: \$25 resident/\$30 non-resident

## RETREATS

Enjoy these retreats from hustle and bustle of everyday living at Longmont's Hidden Jewel – Sandstone Ranch.

Location: SSR Visitors & Learning Center, 3001 Sandstone Dr

### Yoga and Mindfulness Retreat

Relax, restore, renew, practice yoga, breath, sip and inhale aroma of freshly made tea, and create balance and harmony in your body, mind, and in your life. Homemade lunch and tea included. Perfect gift for Mother's Day!

16 & up: **May 8, Fri, 9:30am-5pm** 243198-A

Instructor: Urszula Bunting

Location: SSR Visitor Center, 3001 Sandstone Drive

Fee: \$80 resident/\$100 non-resident

### Women's Retreat with Yoga & Mindfulness

Enjoy a day with other like-minded women while discovering and enhancing your internal and external beauty. Experience the power of yoga, Ayurveda, mindfulness, nature, and social connections.

16 & up: **Aug 1, Sat, 9am-4:30pm** 343195-9

Instructor: Urszula Bunting

Fee: \$85 resident/\$106.25 non-resident

### Summer Yoga & Meditation Sanctuary Retreat

Spend an entire day practicing nourishing yoga, sitting, and walking meditation from the inside out. Release pain and stress, rejuvenate balance and energy. Bring your yoga mat, blanket, a meditation cushion if you have one, and a lunch (chairs available)

16 & up: **Jun 6, Sat, 10am-4:30pm** 343190-W

Instructor: Katharine Kaufman

Fee: \$52 resident/\$65 non-resident

### Yoga and Mindfulness Retreat

Relax, restore, renew, practice yoga; breath, sip and inhale aroma of freshly made tea; and create balance and harmony in your body, mind, and in your life. Homemade lunch and tea included. Perfect gift for Mother's Day!

16 & up: **May 8, Fri, 9:30am-5pm** 243198-A

Instructor: Urszula Bunting

Fee: \$80 resident/\$100 non-resident



## Yoga Workshop- Dancing with Dakinis

Learn how to use dakinis -Tibetan sticks- and explore fun and enlivening way of practicing yoga. During the workshop, decorate your dakini and practice yoga poses and movements. Bring a yoga mat and lunch + \$20 dakinis material fee.

18 & up: **May 30, Sat, 10am-4pm** 243199-A

Instructor: Shar Lee

Location: SSR Visitor Center, 3001 Sandstone Drive

Fee: \$75 resident/\$93.75 non-resident + \$20 materials fee

## Tai Chi: 37 posture Yang short form

Tai Chi is a mind-body exercise utilizing slow, relaxed movement that stimulate the flow of chi. When the chi flows harmoniously, the mind, body and spirit are in balance, enhancing ones physical and mental well-being. This class is for people with Tai Chi experience.

18 & up: **Jun 1-Aug 31, Mon, 11am-12pm** 343125

Instructor: Barb Larsen

Location: Izaak Walton Clubhouse, 18 S Sunset

Daily Fee: \$6 resident/\$7.50 non-resident

## Chinese Twenty Brocades

Twenty Chinese exercises designed for health and flexibility. They include different stances, fluid movements and breath work. No previous experience is necessary

18 & up: **May 2, Sat, 2-3:30pm** 213128-A

**Aug 22, Sat, 2-3:30pm** 313128-A

Instructor: Carmen Baehr

Location: Longmont Recreation Center, 310 Quail Rd

Fee: \$15 resident/\$18.75 non-resident

## Shotokan Karate

Shotokan karate training helps increase physical fitness, confidence, improved motor skills, flexibility, speed, concentration, discipline & personal safety. Register with keyword "Shotokan"

6 & up: Tue & Thurs, 6:40-7:40pm

Sessions: Ongoing, monthly

Instructor: Budo Shotokan, Sensei Chad Callaghan

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

Youth Fee: \$70 resident/\$87.50 non-resident

Adult Fee: \$90 resident/\$112.50 non-resident

## Bollywood Dance Workout

Bollywood Dance workout is based on Bollywood (Indian film industry) songs. Inspired by dance and fitness, it combines dynamic choreography with the hottest Bollywood music. High and low intensity dance sequences to get you moving, sweating, and smiling.

18 & up: **Jun 7-Aug 15, Sat, 12-1pm** 313763

Instructor: Ankita Soni

Location: Longmont Recreation Center, 310 Quail Rd

Daily Fee: \$6 resident/\$7.50 non-resident

## Hula Hoop Fitness

This high energy, somatic fitness class builds confidence, improves balance, minimizes chronic pain, decreases belly fat, reduces anxiety, and increases mindfulness and joy! No experience necessary; hoops provided. Arrive 15 minutes early to be fitted for a hoop. Children 9-15 ok with parent also attending.

16 & up: **Mon, 5-5:45pm**

Dates: **May 4-18** \$45 res/\$56.25 non-res 213925-3

**Jun 1-22** \$60 res/\$75 non-res 313925-1

**Jul 13-27** \$45 res/\$56.25 non-res 313925-1

**Aug 3-31** \$45 res/\$56.25 non-res 313925-2

Instructor: Melody Erickson

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

## Running H2O

Receive the benefits of land running without any impact or even getting your hair wet. This class is held in the deep end of the program pool and aqua-jogging belts are provided for flotation. Running H2O is coached by Mary Ritter, Owner of Body Transformations, Certified Running H2O instructor, USTA and IRONMAN coach and CPT/CES/PES/SSI.

18 & up: **Tue & Thurs, 7-8am**

Dates: **May 5-21** \$54 res/\$68 non-res 233600-3

Location: Centennial Pool, 1201 Alpine St

18 & up: **Tue & Thurs, 7-8am**

Dates: **Jun 2-30** \$81 res/\$101 non-res 333600-1

**Jul 7-30** \$72 res/\$90 non-res 333600-2

**Aug 4-13** \$36 res/\$45 non-res 333600-3

Location: Sunset Pool, 1900 Longs Peak Ave

Drop in Fee: \$13 resident/\$16.25 non-resident

## D2G SocaFit

D2G SocaFit® is a dance fitness program dedicated to the beautiful and energetic sounds of Soca Music. This program combines high cardio, toning and fun dance moves to gain proven fitness results.

18 & up: **Tue, 2-3pm**

Dates: **May 5-26** 213770

**Jun 2-Aug 18** 312770

Instructor: Karina Xaubet

Location: Longmont Recreation Center, 310 Quail Rd

Daily Fee: \$6 resident/\$7.50 non-resident



## DANCE DIMENSIONS

Dance Dimensions has a policy of allowing visitors to observe at the first and last class. For ballet classes, ballet shoes and appropriate attire is needed: please no satin ballet shoes from discount stores as they do not fit properly. For tap classes, no Highlight or Dancetime shoes or discount store shoes will be allowed due to poor fit and soft metal residue.

**Free Dance Day July 25!** Call Dance Dimensions for schedule at 303-772-3750.

### Tiny Tutus

This class is a wonderful introductory dance experience for the very young student. Creative movement and basic technique will provide confidence, coordination, strength and fun! Wear ballet shoes and appropriate dress. \*NO Class: 07/03, 07/04

3 yrs: **Jun 5-Jul 31\*, Fri, 9-9:45am** 344500-F  
**Jun 6-Aug 1\*, Sat, 9:45-10:30am** 344500-FF

Location: Dance Dimensions, 638 Main St  
Fee: \$94 resident/\$117.50 non-resident

### Pre-Ballet & Tumbling

A highly recommended, energetic class for the beginning of dance technique for the young student. Basic tumbling, ballet technique and creative movement will be the emphasis of this class. Ballet shoes and appropriate attire needed for class. \*NO Class: 07/03

4-5 yrs: **Jun 5-Jul 31\*, Fri, 10:30-11:15am** 344501-F

Location: Dance Dimensions, 638 Main St  
Fee: \$94 resident/\$117.50 non-resident

### Pre-Ballet & Tap

A fun class for the child whose feet are always moving. This class introduces students to the basic techniques of tap and ballet, as well as rhythm and coordination. Tap shoes and ballet shoes are necessary, as well as appropriate apparel. \*NO Class: 07/03

4-5 yrs: **Jun 5-Jul 31\*, Fri, 9:45-10:30am** 344502-F

Location: Dance Dimensions, 638 Main St  
Fee: \$94 resident/\$117.50 non-resident

### Magical Princess Dance Camps

Four of the favorite Disney Princesses are introduced in the fun-filled four-day camp. Each day includes ballet, story time or watching a movie, freeze dance/creative movement, and choreography. All Princes welcome. Bring a snack & water bottle

4-6 yrs: **Saturday, 12-2pm**  
**Princess Mulan Camp: Jul 11** 344504-A1  
**Princess Ariel Camp: Jun 20** 344505-A2  
**Princess Belle Camp: Jul 25** 344506-A3  
**Princess Elsa Camp: Jul 18** 344507-A4

Location: Dance Dimensions, 638 Main St  
Fee: \$50 resident/\$62.50 non-resident or  
all four \$150 resident/\$187.50 non-resident

### Musical Theatre

A class designed to give students an opportunity to develop their movement talents in theatre and dance. Become a triple threat by enhancing movement and dance skills in a fun and supportive environment. \*NO Class: 07/04

10-14 yrs: **Jun 20-Aug 1\*, Sat, 10:30-11:30am** 346380-06

Location: Dance Dimensions, 638 Main St  
Fee: \$75 resident/\$93.75 non-resident

### Lil Dancing Dynamite

A wonderful class for the young child that LOVES music and LOVES to move. This class offers different introductory styles of dance from ballet to jazz to hip hop for the young energetic dancer.

4-6 yrs: **Jun 3-Jul 22, Wed, 4:30-5:30pm** 344520-A  
Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
Fee: \$98 resident/\$122.50 non-resident

### Creative Movement

Children are introduced to basic concepts of rhythm and movement through the fun exploration of their own imagination, music and games. They strengthen their bodies and develop coordination and flexibility to ready themselves for the next level of dance.

3-5 yrs: **Jun 4-Jul 23, Thurs, 10-10:45am** 344521-A

Location: Dance Dimensions, 638 Main St  
Fee: \$94 resident/\$117.50 non-resident

### Pee Wee Hip Hop

This class is the perfect one for those energetic young dancers who love to move. A fun and easy paced experience! Boys are especially welcome! Inexpensive white soled tennis shoes not worn on the street are required. No black soled or street shoes allowed. \*NO Class: 7/04

6-8 yrs: **Jun 3-Jul 22, Wed, 5:30-6:15pm** 344600-W

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

6-8 yrs: **Jun 6-Aug 1\*, Sat, 10-10:45am** 344600-DD

Location: Dance Dimensions, 638 Main St  
Fee: \$94 resident/\$117.50 non-resident

### Hip Hop Dance

A fun class to learn the latest moves in hip hop. If you love to move, this is the class for you. Please wear inexpensive tennis shoes that have not been worn on the street. \*NO Class: 07/04

9-12 yrs: **Jun 6-Aug 1\*, Sat, 10:45-11:45am** 344601-A

Location: Dance Dimensions, 638 Main St  
Fee: \$102 resident/\$127.50 non-resident

### Ballet Beginning

A wonderful class for learning basic ballet positions, terminology and a foundation for posture, strength and flexibility. Ballet shoes and attire required. \*NO Class: 07/03

6-8 yrs: **Jun 5-Jul 31\*, Fri, 11:30am-12:15pm** 344621-DD

Location: Dance Dimensions, 638 Main St  
Fee: \$94 resident/\$117.50 non-resident

### Beginner Acrobatics and Tumbling

This clinic introduces participants to rolls, bridges, cartwheels, handstands, inversions and basic tumbling skills in a safe and fun environment.

7.5-15 yrs: **Aug 6-8, Thurs-Sat, 3-4pm** 344625-DD

Location: Dance Dimensions, 638 Main St  
Fee: \$50 resident/\$62.50 non-resident



## LONGMONT DANCE THEATRE ACADEMY

Appropriate apparel must be worn to every class – requirements available online and on registration receipt. Optional recital on May 18 for March sessions for an additional fee. For more information, call 303-317-2707.

Location: Longmont Dance Theatre, 1422 Nelson Rd

### Tutu Terrific & Time

Combination Ballet/Tap class where imagination and storytelling through dance is emphasized using guided, creative and age-appropriate movement. Students must be potty-trained by first day of class.

2-5 yrs:	<b>Jun 8-Jul 13, Mon, 4:30-5:30pm</b>	344510-6A
	<b>Jun 10-Jul 15, Wed, 4-5pm</b>	344510-6B
Fee:	\$99 resident/\$123.75 non-resident	



### Aerial Dance for Kids & Teens

Dance in the air with a combination of aerial silks, circus arts, and theatrical dance techniques. Climbs, foot-wraps, knee-hooks and inversions condition, challenge and engage every muscle in your body.

8-12 yrs:	<b>Jun 8-Jul 13, Mon, 4:30-5:30pm</b>	344614-06
13-18 yrs:	<b>Jun 8-Jul 13, Mon, 5:30-6:30pm</b>	344614-6A
Fee:	\$99 resident/\$123.75 non-resident	

### Ballet Dance

Classes for new and returning to ballet students that offer an introduction to fundamentals of ballet technique for all ages, whether the goal is to learn about ballet or transition into transition into ballet classes.

6-8 yrs:	<b>Jun 8-Jul 13, Mon, 5:30-6:30pm</b>	344616-6B
	<b>Jun 9-Jul 14, Tue, 4:30-5:30pm</b>	344616-6A
Fee:	\$99 resident/\$123.75 non-resident	

## DANCE CAMPS

Each day of these two-week camps includes a ballet class, a focus class, and a craft or activity with story-based choreography that introduces technical dance basics while supporting vital literacy skills in comprehension, memorization & performance.

### Story Time Dance Camp

Brave knights, fierce dragons, magical fairies! Let's dance through popular storybooks.

5-9 yrs:	<b>Jun 8-18, Mon-Thurs, 1-4pm</b>	344610-A
Fee:	\$360 resident/\$450 non-resident	

### Broadway Dance Camp

The curtain is rising! Dance, sing & act your way through popular musical theatre songs.

6-9 yrs:	<b>Jun 22-Jul 2, Mon-Thurs, 1-4pm</b>	344611-A
Fee:	\$360 resident/\$450 non-resident	

### TumbleStars Tot

Enjoy one-on-one time with your child while they learn basic tumbling skills on the mats, trampoline, bars, beam and vaulting board. Improve coordination, strength, and flexibility thru parachute games, obstacle courses, rhythmic streamers, music and more! **\*NO Class: 07/22**

1-2 yrs:	<b>Jun 3-24, Wed, 9:15-9:50am</b>	345161-06
	<b>Jul 1-29*, Wed, 9:15-9:50am</b>	345161-07

Instructor: Airborne Gymnastics & Dance  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
 Fee: \$36 resident/\$45 non-resident

### TumbleStars

Beginning gymnastics skills are taught while developing strength, balance and flexibility. Learn the fundamental skills on bars, balance beam, trampoline, vaulting board and mats. Fun props and music are used in this fast paced and fun filled class. **\*NO Class: 07/22**

3-4 yrs:	<b>Jun 3-24, Wed, 10-10:35am</b>	345175-06
	<b>Jul 1-29*, Wed, 10-10:35am</b>	345175-07
5-6 yrs:	<b>Jun 3-24, Wed, 10:45-11:20am</b>	345150-06
	<b>Jul 1-29*, Wed, 10:45-11:20am</b>	345150-07

Instructor: Airborne Gymnastics & Dance  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
 Fee: \$36 resident/\$45 non-resident

### Shotokan Karate Tigers

Shotokan Karate training helps increase physical fitness, confidence, improved motor skills, flexibility and listening skills. This class is developmentally age appropriate and is an introduction to the Youth and Adult Karate class. Wear comfortable gym clothing. **\*NO Class: 7/9 or 8/8-15**

3-6 yrs:	<b>Sat, 11-11:45am</b>	
Sessions:	<b>May 2-30</b>	244255
	<b>Jun 6-27, Jul 11 &amp; 18, Aug 1-29*</b>	344255
Fee:	\$45 resident/\$56.25 non-resident	

3-6 yrs:	<b>Tue or Thurs, 6:15-6:45pm</b>	
Sessions:	<b>May 5-28</b>	344255
	<b>Jun 2-25, Jul 2-30*, Aug 6-27</b>	344255
Fee:	\$40 resident/\$50.50 non-resident	

### Shotokan Karate

6 & up: **Tue & Thurs, 6:40-7:40pm**  
 Sessions: Ongoing, monthly  
 Youth Fee: \$70 resident/\$87.50 non-resident  
 Adult Fee: \$90 resident/\$112.50 non-resident  
 Instructor: Budo Shotokan  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave



## Goosebumps

Turn the human body inside out in this behind the scenes science exploration. From top to bottom, make models of your organs and body parts, lungs, brain, and blood. Make your muscles twitch. Get your skin ready for goose bump fun in this wild journey through the human body!

5-11 yrs: **Jun 8, Mon, 9am-12pm** 345459-07  
Instructor: Science Matters  
Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
Fee: \$50 resident/\$62.50 non-resident

## Bristle Bots Science

Mix science and imagination to design and build your very own motorized moving Bristle Bot. Make Art with a Drawbot. Join us to explore the science of circuits, electromagnetism and motion. Prepare your bots for drag racing and wrestling. Finally put all your knowledge to the test to engineer the perfect robot critter to take home.

5-11 yrs: **Jun 8, Mon, 12:30-3:30pm** 345450-07  
Instructor: Science Matters  
Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
Fee: \$50 resident/\$62.25 non-resident

## NEW! Cupcake Decorating

Learn how to decorate cupcakes using sugar fondant, sugar craft tools and a lot of creativity. In a small group, get step-by-step instructions to create themed designs. Leave with 6 beautifully decorated cupcakes. \$10 material fee payable to instructor.

6-12 yrs: **Hawaii Jun 12, Fri, 2-4pm** 346150-06  
**Everything Summer! Aug 4, Tue, 2-4pm** 346150-08  
13 & up: **Succulents Jul 11, Sat, 10am-12pm** 346150-07  
Instructor: Ellen Goetzeluck  
Location: Izaak Walton Clubhouse, 18 S Sunset  
Fee: \$25 resident/\$31.25 non-resident + \$10 materials fee



## Music Together

Early childhood music and movement program for children from birth through age 5 and their parents. It is a research-based early childhood music curriculum that strongly emphasizes adult involvement. Classes include singing, movement activities and instrumental jam sessions. \$35 material fee (per family)

0-5 yrs: **Jun 3-Jul 8, Wed, 9:30-10:15am** 345352-06  
**Jul 15-Aug 19, Wed, 9:30-10:15am** 345352-07  
Instructor: Rhonda Ritter  
Location: Izaak Walton Clubhouse, 18 S Sunset  
Fee: \$78 resident/\$97.50 non-resident +\$35 materials fee

## NEW! American Sign Language for Kids

Fun American Sign Language vocabulary classes with songs, stories, dance, rhymes, movement and actives. Great for increasing brain development, communication before you can speak, reduce tantrums for toddlers, and start to learn another language.

0-5 yrs: **Jul 7-Aug 4, Tue, 12:15-1pm** 345355-06  
**Jul 9-Aug 6, Thurs, 12:15-1pm** 345355-07  
Instructor: Jennifer Choy  
Location: Lashley St Station, 1200 Lashley St  
Fee: \$100 resident/\$120 non-resident

## Creative Cooking Ollin Farms

This is a hands-on class, kids have fun while cooking with vegetables, fruits and other healthy options. Kids will learn the importance of having 5 colors on your plate and understand the meaning of nutrient dense vegetables.

Let's have fun with veggies!

5-12 yrs: **Jul 10, Fri, 11am-12:15pm** 346176-7A  
**Jul 17, Fri, 11am-12:15pm** 346176-7B  
**Jul 24, Fri, 11am-12:15pm** 346176-8A

Instructor: Kenna Guttridge  
Location: Izaak Walton Clubhouse, 18 S Sunset  
Fee: \$25 resident/\$31.25 non-resident



## Preschool Spanish and the Outdoors

Kids have fun learning and experiencing the Spanish language. Enjoy arts and crafts, games, songs, instruments, storytelling and movement all in Spanish. This is a drop off class. All levels welcome. Bring a snack and bottle of water.

3-6 yrs: **Jun 8-12, Mon-Fri, 9am-12pm** 345350-06  
Instructor: Kenna Guttridge  
Location: Willow Farm Park, 901 S Fordham  
Fee: \$180 resident/\$225 non-resident



## NEW! Little Medical School

At Little Medical School® we encourage children to dress up and play doctor as they explore the exciting and inspiring world of medicine. Using role-playing, interactive demonstrations, crafts, and games, kids learn how the body and organs work, how to use instruments that real doctors use, administer first aid, and perform basic techniques.

### Little Doctor School:

6-10 yrs: **Jun 8-12, Mon-Fri, 9am-12pm** 346562-A  
 Location: Centennial Pool, 1201 Alpine St

### Little Veterinarian School:

5-10 yrs: **Jul 6-10, Mon-Fri, 9am-12pm** 346562-B  
 Location: Sunset Pool, 1900 Longs Peak Ave

### Wilderness Medicine School:

6-10 yrs: **Jul 6-10, Mon-Fri, 1-4pm** 346562-C  
 Location: Sunset Pool, 1900 Longs Peak Ave

Instructor: Mind of a Child  
 Fee: \$239 resident/\$298.75 non-resident

## Action Stop Motion + Minecraft vs Robo Flix

Full Day Option! Bring a sack lunch & water bottle

7-13yrs: **Jul 20-24, Mon-Fri, 9am-4pm** 346122-07

Instructor: IncrediFlix Inc.  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
 Fee: \$415 resident/\$518.75 non-resident

## Action Stop Motion Flix

Use stop motion tricks to create fires, explosions, and even floods, as your characters can battle it out or work together to save the day in this action packed stop motion class. Work in small groups to storyboard, create the action, film, and voice-over these exciting movies. \*Flix emailed after camp ends.

7-13yrs: **Jul 20-24, Mon-Fri, 9am-12pm** 346120  
 Fee: \$220 resident/\$275 non-resident

## Mince Craft vs Robo Flix

Make a Minecraft movie, or make a Roblox movie, or make a mashup movie! Choose Minecraft or Roblox action figures to create a movie full of games or challenges for your character to overcome. Work in small groups to create and voice-over your movies. \*Flix emailed after camp ends.

7-13yrs: **Jul 20-24, Mon-Fri, 1-4pm** 346121  
 Fee: \$220 resident/\$275 non-resident

## Tabletop Catapults

Throw things...really really far with catapults, trebuchets and cannons in this half day camp! We'll have things whizzing around the room for the whole camp.

5-11 yrs: **Jun 1-5, Mon-Fri, 9am-12pm** 346189-06  
 Instructor: Science Matters  
 Location: Willow Farm Park, 901 S Fordham  
 Fee: \$225 resident/\$281.25 non-resident

## Roller Coaster Science

Bring the science of amusement park alive in this half day camp! Build roller coasters, Merry go round or ferris wheel. Help Egg Mo survive the Tower of Doom. Enter our glow lab and explore things glowy and creepy! Join us for this Carnival of Fun!

5-11 yrs: **Jun 1-5, Mon-Fri, 12:30-3:30pm** 346194-06  
 Instructor: Science Matters  
 Location: Willow Farm Park, 901 S Fordham  
 Fee: \$225 resident/\$281.25 non-resident



## Chess Wizards Camp

Say yes to chess! Join Chess Wizards for an interactive, scholastic program where kids collaborate, gain confidence, improve chess skills, meet new friends, and work out their most powerful muscle...their brains! Appropriate for beginner to intermediate chess players. All students receive a wizards t-shirt.

6-12 yrs: **Jun 15-19, Mon-Fri, 12:30-3:30pm** 346113-6A  
**Jul 13-17, Mon-Fri, 12:30-3:30pm** 346113-7A

Instructor: Chess Wizards Inc  
 Location: Sunset Pool, 1900 Longs Peak Ave  
 Fee: \$200 resident/\$250 non-resident

## I Can Knit

Learn basic knitting stitches to create a fun pouch! Learn how to use knitting needles, learn about different yarns, and how to attach things to projects. Bring a snack and water bottle.

8-15 yrs: **Jun 9-11, Tue-Thurs, 10am-12pm** 346475-06  
 Location: Longmont Yarn Shoppe, 454 Main St  
 Fee: \$80 resident/\$100 non-resident

## I Can Crochet

Crochet is a great way to relax, and it is portable, too! Learn basic crochet stitches to create a fun monster or accessories! Learn how to use a crochet hook, learn about different yarns, and how to attach things to projects.

8-15 yrs: **Jun 16-18, Tue-Thurs, 10am-12pm** 346311-01  
 Location: Longmont Yarn Shoppe, 454 Main St  
 Fee: \$80 resident/\$100 non-resident



## Funtastic Workshops: Wonderful Wizardy

Join in the escapades of Harry and your favorite magical characters and creatures. We brew some fantastic potions to drink. Let's create and watch some amazing chemical reactions. Make cool crystals. Experiment with colored magic sand. See a mysterious glowing ball. Wonder where the sorting hat will place you? For children who enjoy books like the Harry Potter series.

6-11 yrs: **Jun 1- 5, Mon-Fri, 9am-12pm** 346501-07  
Instructor: Funtastic Workshop  
Location: Lashley St Station, 1200 Lashley St  
Fee: \$196 resident/\$245 non-resident

## Funtastic Workshops: Animals & Insects

Have you ever wondered which birds fly the fastest? Or how many pairs of legs insects have? Or how some rocks float? Watch birds and insects in nature, create animal and insect-based art projects, compare rocks and minerals, and use microscopes to look at specimens up close. Get in on all of this animal, insect, rock, and mineral fun!

6-11 yrs: **Jun 8-12, Mon-Fri, 9am-12pm** 346502-07  
Instructor: Funtastic Workshop  
Location: Willow Farm Park, 901 S Fordham  
Fee: \$196 resident/\$245 non-resident



## Funtastic Workshops: Can you Dig it? Dinosaurs!

Partake in a simulated fossil excavation, uncovering the different bones, then assemble the bones to form a completed 3-dimensional dinosaur to take home. Use our geological time and fossil charts as well as excavation tools, labels, and specimen bags. Make a plaster fossil replica of an ammonite, Tyrannosaurus rex tooth or choose from other molds.

6-11 yrs: **Jun 15-19, Mon-Fri, 9am-12pm** 346506-07  
Instructor: Funtastic Workshop  
Location: Centennial Pool, 1201 Alpine St  
Fee: \$196 resident/\$245 non-resident



## Superhero with LEGO

Save the world with LEGO® Super Heroes! Enter the Phantom Zone, travel on Wonder Woman's Invisible Jet, and face off against Galactus. Create motorized and architectural projects with imagination and engineering to bring your super powers to life.

5-6 yrs: **Jun 29-Jul 2, Mon-Thurs, 9am-12pm** 346128-06  
Instructor: Play-Well TEKnologies  
Location: Lashley St Station, 1200 Lashley St  
Fee: \$144 resident/\$180 non-resident

## Jedi Master with LEGO

The Force is strong in this advanced engineering course for young Jedi! Use the Force and tens of thousands of LEGO® parts to raise your X-Wing from the Dagobah swamp, challenge the AT-AT walkers on Hoth, and fly the Millennium Falcon through the Kessel Run. Apply real-world concepts in physics, engineering, and architecture while you explore a galaxy, far, far away.

7-12 yrs: **Jun 29-Jul 2, Mon-Thurs, 1-4pm** 346126-06  
Instructor: Play-Well TEKnologies  
Location: Lashley St Station, 1200 Lashley St  
Fee: \$144 resident/\$180 non-resident

## Animal Architect with LEGO

Let your imagination run wild with tens of thousands of LEGO® parts as we design and build leaping dolphins, buzzing beehives, and towering giraffes. Play, create, and learn in a world inspired by the animal kingdom. Design and build as never before and explore your craziest ideas

5-6 yrs: **Aug 3-7, Mon-Fri, 9am-12pm** 346190-08  
Instructor: Play-Well TEKnologies  
Location: Lashley St Station, 1200 Lashley St  
Fee: \$180 resident/\$225 non-resident

## Level Up Pro with LEGO

Bridge the gap between virtual gaming worlds and the physical world with LEGO® Materials and NO SCREENS. Save the princess with the Super Mario Brothers, and travel on the Fortnite Battle Bus. Explore real-world concepts in physics, engineering, and architecture while recreating your favorite video games in LEGO®.

7-12 yrs: **Aug 3-7, Mon-Fri, 1-4pm** 346198-08  
Instructor: Play-Well TEKnologies  
Location: Lashley St Station, 1200 Lashley St  
Fee: \$180 resident/\$225 non-resident



## Outdoor Summer Exploration Camp

In this outdoor adventure camp, explore all that nature has to offer in the beautiful, nature-rich setting of Sandstone Ranch. Explore the stream and pond, build forts and aluminum foil boats, sail our boats in the stream, indulge in imaginative play and connect with our peers in team building activities & games. Bring lunch for full day option



5-10 yrs: **Jun 8-12, M-F, 9am-12pm or 9am-3:30pm** 345464

**Jul 20-24, M-F, 9am-12pm or 9am-3:30pm** 345464

Half-Day Fee: \$145 resident/\$181.25 non-resident

Full-Day Fee: \$285 resident/\$356.25 non-resident

Instructor: Happy Space Studios

Location: SSR Visitor & Learning Center, 3001 Sandstone Dr

## Nature Art and Water Exploration Camp

INSPIRATION ABOUND when your studio is the great outdoors! From tree-branch paintbrushes to painted rocks, to branch weaving looms, use the materials we find in and around the creek to create a different natural art project each day. Spend time foraging for "art materials" to create the masterpiece within. Bring lunch for full day option

5-10 yrs: **Jul 6-10, M-F, 9am-12pm or 9am-3:30pm** 345465

Half-Day Fee: \$145 resident/\$181.25 non-resident

Full-Day Fee: \$285 resident/\$356.25 non-resident

Instructor: Happy Space Studios

Location: SSR Visitor & Learning Center, 3001 Sandstone Dr

## Equine Insights

Develop unique bonds with equine partners and learn how to listen to horses. Workshop includes all aspects of care, grooming and fun activities to boost self-confidence and comfort, gain horse knowledge and build relationships with horses. Come away with an understanding of horse terminology and equine behavior in a safe and encouraging atmosphere.

8-14 yrs: **Jun 14, Sun, 10am-3pm** 346906-04

Location: Horses Make Miracles, 13770 Davis Ln

Fee: \$60 resident/\$75 non-resident

## LONGMONT SUMMER DAY CAMP



Longmont Recreation Services offers state-licensed summer day care for youth ages 5\* to 13 (\*5 year olds must have completed kindergarten). With a single family registration fee, youth are able to attend either camp as their age allows. Once registered, enrolling for the Longmont Summer Day Camp and Tween LOCO camp is as easy as selecting the days you are interested in. Enroll early knowing that you will be able to change dates until May 1 without a \$5 change fee assessed per date. No sure when you will need days? You can enroll as you go: daily registrations are accepted on a space available basis until 4pm the day before.

Please note: as state-licensed programs, a completed enrollment packet is required a minimum of 7 days PRIOR to attendance. For all forms and other detailed information such as weekly themes and daily activities, see [www.LongmontColorado.gov/rec](http://www.LongmontColorado.gov/rec).

Registration Fee: 346700-RG & 346800-RG

**Feb 1 to Apr 15:** \$45 resident / \$56.25 non-res family

**After Apr 15:** \$65 resident/ \$75 non-res family

### PreCamp

A scaled-back version of the Summer Day Camp featuring games and activities to ease into the summer routine. Includes swimming at Sunset Pool on Friday.

Ages 5\*-13: **May 26-29, Tue-Fri, 7am-6pm** 346702

Daily Fee: \$42.50 resident/ \$53 non-resident

### Longmont Summer Day Camp

Activity-based traditional summer camp with swimming twice a week, weekly field trips to various parks throughout Longmont, and optional add-on enrichment activities available for an additional fee. Open registration begins February 1.

\*5 year olds must have completed kindergarten.

Ages 5\*-10: **June 1-Aug 7,** 346701

**Mon-Fri, 7am-6pm**

Daily Fee: \$42.50 resident/ \$53 non-resident

Weekly Fee (5 days x \$42.50/day) = \$212.50 resident/ \$265 non-resident



### Tween LOCO

Experiential-based summer camp utilizing local opportunities and camper input. \*\*Wrap around care before/after is available. Open registration begins February 1.

Ages 11-13: **June 1-Aug 7, Mon-Fri, 9am-4pm\*\*** 346801

Daily Fee: \$44 resident/ \$55 non-resident

Weekly Fee (5 days x \$44/day) = \$220 resident/ \$275 non-resident.



# OUTDOOR

## KAYAKING AT MCINTOSH LAKE

Enjoy learning how to paddle a kayak with a majestic mountain backdrop. Kayaks, paddles, and life vests are provided. Class meet street side on Dawson Park near the boat launch area on Lakeshore Drive.



Instructor: Jim Dlouhy  
Location: Dawson Park, 1757 Harvard

### **NEW! Kayaking: Women's Tours**

Come have fun and make new friends while paddling a variety of kayaks at various locations. Start out learning basic skills and move to more advanced performances.

18 & up: **Jun 16-Jul 7, Tue, 9am-12pm** 327023-01

Fee: \$80 resident/\$100 non-resident

### **Introduction to Recreational Kayaking**

This class teaches various techniques to safely paddle your kayak. Learn how to properly fit a personal flotation device, get into and out of your kayak, launch and land your kayak.

16 & up: **May 30, Sat, 9am-12pm** 327024-1

**Jul 11, Sat, 9am-12pm** 327024-2

Fee: \$25 resident/\$31.25 non-resident

### **Kayaking: McIntosh Lake Paddle**

Enjoy the spectacular Rocky Mountain sunrise, sunset, or the full moon while paddling a kayak.

16 & up:

Sunrise Paddle: **Jun 13, Sat, 5:30-7am** 327026-01

Full-Moon Paddle: **Jul 4, Sat, 8-10pm** 327027-01

**Aug 3, Mon, 8-10pm** 327027-02

Sunset Paddle: **Aug 11, Tue, 7-8:30pm** 327025-01

Fee: \$20 resident/\$25 non-resident

### **Introduction to Kayak Touring**

Learn how to safely paddle a touring kayak for day trips and overnight camping. Learn how to fit a life vest, various paddle strokes, launch and land your kayak.

18 & up: **Jun 20-27, Sat, 9am-12pm** 327028-01

Fee: \$50 resident/\$62.50 non-resident

### **Union Sailing Club**

Learn to sail with the Union Sailing Club this summer! All skills are taught in a fun, safe environment with certified instructors.

5-17 yrs: **M-F, 9am-3:30pm**

Dates: Weekly sessions, June & July

Registration: [www.communitysailing.org](http://www.communitysailing.org) (303) 757-7718

Location: Union Reservoir, Weld County Rd 26

Weekly Fee: \$445

### **ABLE to Sail**

Learn to SAIL, and then some, with this "US Sailing award-winning program!" A youth empowerment camp.

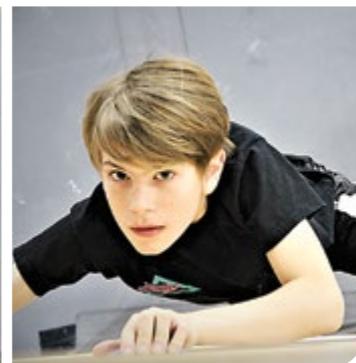
11-18 yrs: **Mon-Thurs, 10am-4pm**

Learn more & register: [www.abletosail.org](http://www.abletosail.org)

Location: Union Reservoir, Weld County Rd 26

Weekly Fee: \$275-\$345

## CLIMBING COLLECTIVE CAMPS



Time off from school means a chance to climb, an opportunity to do something different, meet new friends, and hang with the crew at the Longmont Climbing Collective. Bring a non-perishable snack and packed lunch. Questions? Call Longmont Climbing Collective at 720-340-3640.

Instructor: Longmont Climbing Collective

Location: Longmont Climbing Co, 33 S Pratt Pkwy Ste 300

### **Climbing Collective Day Off School Camp**

Climb with our expert coaches and learn essential climbing skills and play climbing games.

6-12 yrs: **Apr 27 or May 22, Fri, 9am-3pm** 246887

Daily Fee: \$82.50 resident/\$102 non-resident

### **Climbing Collective Animal Day Camp**

Get in touch with your inner primate, reptile and marsupial. Fun climbing games, daily yoga practices and skill building activities create a fun and imaginative camp environment.

6-14 yrs: **Jun 8-12, Mon-Fri, 9am-3pm** 346689-A

**Jul 6-10, Mon-Fri, 9am-3pm** 346689-B

Fee: \$412.50 resident/\$515.50 non-resident

### **Climbing Collective Olympic Day Camp**

Olympic Masters Camp at LCC will explore what is required to become an Olympic Champion! Campers will be able to keep track of their progress as they learn specific skills and techniques such as dynamic movements, endurance building and footwork

6-14 yrs: **Jun 22-26, Mon-Fri, 9am-3pm** 346690-A

**Jul 20-24, Mon-Fri, 9am-3pm** 346690-B

**Aug 3-7, Mon-Fri, 9am-3pm** 346690-C

Fee: \$412.50 resident/\$515.50 non-resident

### **Climbing Collective Amazing Race Day Camp**

In groups and individually, following clues to complete puzzles and earn fun prizes. Learn skills such as agility, coordination, speed, teamwork and leadership through organized games and challenges.

6-14 yrs: **Jun 15-19, Mon-Fri, 9am-3pm** 346691-A

**Jul 27-31, Mon-Fri, 9am-3pm** 346691-B

Fee: \$412.50 resident/\$515.50 non-resident



## Fly Fishing in Colorado: What Fly Do I Use

How do you know what fly to use? Learn about the foods trout eat and the flies used to imitate them. We cover the classic aquatic and terrestrial insect families and other aquatic life such as leeches, worms and crustaceans.

14 & up: **Jul 27, Mon, 6-7:30pm** 347714-07  
**Aug 4, Tue, 6-7:30pm** 347714-08

Instructor: Dick Shinton, Laughing Grizzly Fly Shop  
 Location: Senior Center, 910 Longs Peak Ave  
 Fee: \$25 resident/\$31.25 non-resident

## Fly Fishing Basics: Learn Fly Fish

Try to fool fish with fur, foam and feather imitations of the things they eat. Learn about equipment, types of flies for various fish species, and rigging your rod and flies for lake and stream fishing. The hands on class includes a basic casting lesson. Equipment provided.

14 & up: **Jul 25, Sat, 3:30-6:30pm** 347716-08

Instructor: Laughing Grizzly Fly Shop  
 Location: Sandstone Ranch, 3001 E Hwy 119  
 Fee: \$25 resident/\$31.25 non-resident

## Hike and Draw Beneath the Flatirons

Nature is an endless source of inspiration. Explore a variety of drawing media and apply the basic visual elements of art: line, shape, space, light, color, and texture. Hike is approximately 3 miles round trip. Wear sturdy boots, bring rain gear and a snack. Rain Date: May 3.

18 & up: **May 2, Sat, 1-4pm** 247941-A

Instructor: Suzanne Michot  
 Location: Chautauqua Dining Hall, 900 Baseline Rd, Bldr  
 Fee: \$35 resident/\$43.75 non-resident

## Learn to Belay Clinic

Learn the PBUS top-rope belay technique, gear use, commands and safety. Repeatable. Once belay certified you can belay your partner when wall is open. Pay for clinics at the Front Desk and bring your receipt to the climbing wall.

15 & up: **Ongoing, Friday 6-8 pm**

Location: Longmont Recreation Center, 310 Quail Rd Clinic  
 fee: \$33 resident/\$42 non-resident

## Climbing Technique Classes for All Ages

These classes cover climbing safety and explore a variety of basic techniques to aide in increasing the climber's skill level. Intermediate and advanced classes extend these skills. If you are unsure which class would be appropriate, please check with the climbing wall staff. It may be advised to do a class level more than once!

Session Dates: **Apr 6-May 7** (code begins with "2")  
**Jun 1-Jul 7; Jul 20-Aug 18**

6-9 years: **Child Beginner: Mon or Tue 5-6pm** 317346

**Child Intermediate: Wed 6-7pm** 317346

10-14 yrs: **Youth Beginner: Mon 6-7pm** 317347

**Youth Intermediate: Wed 7-8pm** 317347

6-14 yrs: **Child/Youth Advanced: Thurs 6:30-7:30pm** 317347

Fee: \$55 resident/\$69 non-resident

15-adult: **Adult Beginner: Tue 6-7pm** 317344

Fee: \$71 resident/\$89 non-resident

Location: Longmont Recreation Center, 310 Quail Rd



## Wildflower Identification Hike

Discuss flower families, traditional uses, and how they are named. The hike is approximately 3 miles with an elevation gain of 400 feet. Rain Date: May 24.

18 & up: **May 23, Sat, 10:30am-12:30pm** 247945-A

Instructor: Suzanne Michot  
 Location: Chautauqua Dining Hall, 900 Baseline Rd, Bldr  
 Fee: \$25 resident/\$31.25 non-resident

## Personal Climbing Training

Can't attend a scheduled climbing class or want individualized instruction? For information or to schedule, email Rebecca Allison: lynch-rebecca@hotmail.com

All ages: By Appointment Only-1 hour sessions

Location: Longmont Recreation Center, 310 Quail Rd

<b>Fee:</b>	<b>One Participant</b>	<b>Two participant</b>
1 Session	\$32 res/\$40 non-res	\$42 res/\$52 non-res
5 Sessions	\$135 res/\$169 non-res	\$185/\$231 non-res

## Parent-Child Climbing Class

This class introduces very young children to the world of rock climbing! Children learn basic climbing techniques. Parents learn about safety and encouraging their young climbers. (NOTE: This is NOT a technique course for adults.)

**3-5 years: Sat or Sun, 9-10am**

Sessions: **Apr 6-May 5** 217345

**May 20-June 28, or Jul 18-Aug 16** 317345

Location: Longmont Recreation Center, 310 Quail Rd

Fee: \$55 resident/\$69 non-resident





## Learn To Sew

Sign up for one or all of these beginner sewing classes! Bring your own sewing machine and supplies or borrow one during class. Full class descriptions available online. Materials list on receipt.  
 Instructor: Cathy Georgerian  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
 Fee: \$25 resident/\$31.25 non-resident

### Sewing: Beach Bag

8 & up: **Jun 4, Thurs, 10am-2pm** 347431-06

### Sewing: Cross Body Purse

8 & up: **Jun 6, Sat, 10am-2pm** 346156-09

### Sewing: Towel Hideaway Bag

8 & up: **Jun 10, Wed, 10am-2pm** 347433-06

### Sewing: Tote Bag

8 & up: **Jun 12, Fri, 10am-2pm** 347432-06

### Sewing For Adults: Mug Rug

15 & up: **Fri, Jul 17, 10am-2pm** 347434-06

Location: Senior Center, 910 Longs Peak Ave

### Sewing: Learn to Sew a Skirt

Imagine a skirt that is comfortable and stylish and made by you! Learn how to measure yourself, read a pattern, sew darts, put in a zipper, and set a waistband. Bring your own sewing machine and sewing supplies, or borrow mine during class. Materials list on receipt.

15 & up: **Aug 8, Sat, 9am-3pm** 347435-06

Instructor: Cathy Georgerian  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
 Fee: \$45 resident/\$56.25 non-resident

## MACRAMÉ

Bring warmth, texture and some boho vibe to your home by taking these various workshops learning knots and techniques to create projects uniquely your own. No experience necessary, all supplies are included. \$10 material fee due at time of class

Instructor: Ellen Goetgeluck  
 Fee: \$25 resident/\$31.25 non-resident + \$10 materials fee

### Plant Hanger

12 & up: **Aug 2, Sun, 10am-12:30pm** 347474-A

Location: Lashley St Station, 1200 Lashley St

### Macramé Wall Hanging

12 & up: **May 2, Sat, 10am-1pm** 347477-A

Location: Longmont Recreation Center, 310 Quail Rd

### Macraweave

Create your own macraweave, a beautiful combination of macramé and weaving.

12 & up: **Jul 25, Sat, 10am-1pm** 347478-A

Location: Longmont Recreation Center, 310 Quail Rd

### Macramé Wall Hanging with Rings

12 & up: **Jun 14, Sun, 10am-12:30pm** 347479-A

Location: ElleBelle, 4561 Heatherhill St

## Beginner Stained Glass 101

No experience required. Join us for this fun class and see if stained glass appeals to you before making the investment in tools and supplies. Learn about safety and the tools required. Cut glass, foil and solder to assemble your piece. Tools and materials provided.

18 & up: **Sat, 9am-12pm** 347350

Dates: **May 30, Jun 13, Jul 11, or Aug 8**

Instructor: Jackie Bahr  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
 Fee: \$75 resident/\$93.75 non-resident

## Intermediate Stained Glass 102

Expand your skill and knowledge by creating a 3-dimensional glass art piece. Use your basic skills to cut and grind glass triangles, foil and assemble them with solder and twisted wire. Tools and materials provided. \*Pre-requisite is Beginner Stained Glass\*

18 & up: **May 30, Sat, 1-5pm** 347351-06

**Jul 11, Sat, 1-5pm** 347351-07

Instructor: Jackie Bahr  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
 Fee: \$95 resident/\$118.75 non-resident

## Intermediate Stained Glass 103

Expand your skill and knowledge by creating a flat panel glass piece that will fit inside a 6" x 6" sized frame. Learn to use the Morton blocking system to set up a template for your panel. Select from several designs. Tools and materials provided. \*Pre-requisite is Beginner Stained Glass\*

18 & up: **Jun 13, Sat, 1-5pm** 347349-06

**Aug 8, Sat, 1-5pm** 347349-07

Instructor: Jackie Bahr  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
 Fee: \$95 resident/\$118.75 non-resident

## NEW! Shibori and Tie-Dye

Shibori is the ancient art of folding, tying, wrapping and clamping fabric to make resist patterns for dyeing with beautiful colors. Create multi-layered pieces that can be mounted as wall hangings or used to make decorative or wearable art.

15 & up: **Aug 3 & 10, Mon, 1:30-4:30pm** 345345-1A

Instructor: Claudia Lewis  
 Location: Full Circle Art Studio, 5707 Gunbarrel Rd  
 Fee: \$115 resident/\$143.75 non-resident

## NEW! Beginning Batik

Batik is a traditional art technique using wax to make resist designs and patterns on fabric. Then the fabric is painted with beautiful procion dyes! Learn a variety of ways to apply the wax and dyes, creating wearable or decorative pieces.



15 & up: **Jun 4 & 11, Thurs, 1:30-4:30pm** 345346-1A

Instructor: Claudia Lewis  
 Location: Full Circle Art Studio, 5707 Gunbarrel Rd  
 Fee: \$120 resident/\$150 non-resident



## NEW! Fresh Summer Pasta!

Discover the beauty and simplicity of making pasta from scratch! Learn to make a basic egg dough, practice essential rolling techniques and how to use herbs and summer fresh veggies to lighten up any classic pasta recipe. This class is taught by Chef Andrea Foro

18 & up: **Jul 1, Wed, 5:30-7:30pm** 347464-06  
**Aug 4, Tue, 5:30-7:30pm** 347464-07

Location: Kitchen Company, 464 Main St  
 Fee: \$49 resident/\$61.25 non-resident

## NEW! Cupcake Decorating

Learn how to decorate cupcakes using sugar fondant, sugar craft tools and a lot of creativity. In a small group, get step-by-step instructions to create themed designs. Leave with 6 beautifully decorated cupcakes. \$10 material fee payable to instructor.



13 & up: **Succulents Jul 11, Sat, 10am-12pm** 346150-07  
 Instructor: Ellen Goetzeluck  
 Location: Izaak Walton Clubhouse, 18 S Sunset  
 Fee: \$25 resident/\$31.25 non-resident + \$10 materials fee

## Mosaic Basics

Use a variety of materials to create a simple project such as a garden stone, cigar box or picture frame. Adhesives, tools and techniques are discussed as well as finishing applications of grout or epoxy. Bring a bag lunch and prepare to spend a fun day with a master mosaic maker. Bring \$10 materials fee payable to the Instructor.

16 & up: **May 30, Sat, 10am-3pm** 247344-B  
**Jul 25, Sat, 10am-3pm** 347341-07  
**Aug 15, Sat, 10am-3pm** 347341-08

Instructor: Trish Singelyn  
 Location: Laughing Heart Studio, 43 Placer Ave  
 Fee: \$54 resident/\$67.50 non-resident

## Drawing Essentials

Gentle "how to" guidance provided through simple exercises designed to boost your confidence and improve your drawing skills. Use a variety of drawing materials including pencil, pen and ink and charcoal. Topics include line, shape, value, texture and form. Material list provided with enrollment.

18 & up: **Jul 13-Aug 3, Mon, 6:30-8pm** 347317-A

Instructor: Trish Singelyn  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
 Fee: \$58 resident/\$72.25 non-resident

## Alcohol Inks

Achieve spontaneous and colorful results by applying alcohol inks to ceramic tiles. Absolutely no artistic skills needed! In this class, make four 4x4 tiles which may be used as coasters or wall decoration. \$5 materials fee payable to instructor at class.

18 & up: **May 27, Wed, 6:30-8:30pm** 247390-05  
**Jul 15, Wed, 6:30-8:30pm** 347390-07  
**Aug 5, Wed, 6:30-8:30pm** 347390-08

Instructor: Trish Singelyn  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
 Fee: \$28 resident/\$35 non-resident + \$5 materials fee

## NEW! Knife Skills 1: Kitchen Rookie

Make 2020 the year you learn to chop like a pro! Together we discuss which knives most experienced home cooks and chefs use daily and why. Learn proper knife safety and storage, how and when to sharpen your knives but most importantly what that recipe means when it says chop, dice or mince. This class is open to all skill levels.

18 & up: **Jun 17, Wed, 5:30-7:30pm** 347459-06  
**Jul 23, Thurs, 5:30-7:30pm** 347459-07

Location: Kitchen Company, 464 Main St  
 Fee: \$39 resident/\$48.75 non-resident

## NEW! Knife Skills 2: Kitchen Regular

If you've been using your favorite chef knife for some time, elevate and expedite your home food prep with some simple shortcuts commonly used in professional kitchens. Learn proper knife safety and storage, how and when to sharpen your knives but most importantly how to practice and perform finer cuts like the julienne, brunoise and chiffonade.

18 & up: **Jul 6, Mon, 5:30-7:30pm** 347461-06  
**Aug 11, Tue, 5:30-7:30pm** 347461-07

Location: Kitchen Company, 464 Main St  
 Fee: \$39 resident/\$48.75 non-resident

## Yard Art

Make whimsical art for your garden from recycled glass, plates, bowls, metal and more. This technique can be used to make garden flowers, towers or bird baths. Easy to assemble, you choose the project you make from the wide variety of materials provided. \$10 materials fee payable to the Instructor at the class.

18 & up: **Sat, 10am-12pm or 2-4pm**  
 Dates: **Jun 6 or Jul 18, or Aug 1** 347394

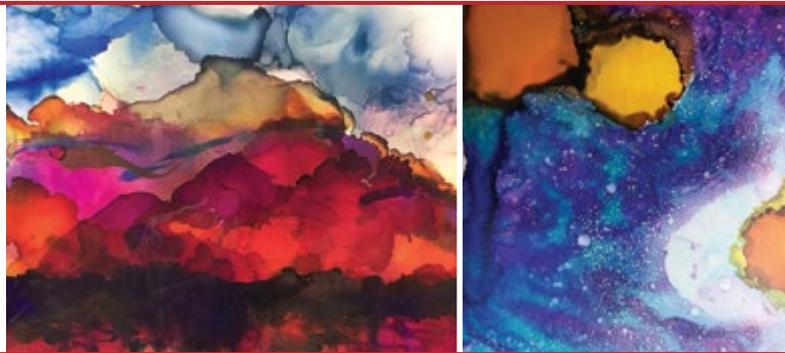
Instructor: Trish Singelyn  
 Location: Laughing Heart Art, 43 Placer Ave  
 Fee: \$28 resident/\$33 non-resident

## Watercolor Explorations

Experience the "magic" of watercolor. Learn basic techniques by painting a series of miniatures. Experiment with wet and dry brush, resist, salt pour, spatter and more. \$5 materials fee payable to the Instructor at the beginning of class.

18 & up: **Wed, 2-4:30pm**  
 Dates: **Jun 3 or Jul 22 or Aug 12** 347319

Instructor: Trish Singelyn  
 Location: Laughing Heart Studio, 43 Placer Ave  
 Fee: \$34 resident/\$42.50 non-resident



## Fundamentals of Real Estate Investing

Learn how to get 15% or more return on your money. We cover 1031 Exchanges, how to reduce income taxes & buying foreclosure homes. Get immediate cash flow! Learn how to invest in cash flow mini-storages. There is a \$20 material fee due to instructor at time of class

18 & up: **Jul 14, Tue, 6-9:15pm** 347120-06  
 Instructor: Jim Flint, Better Way Realty  
 Location: Senior Center, 910 Longs Peak Ave  
 Fee: \$25 resident/\$31.25 non-resident

## Managing Your Rental Property

Learn how to screen your prospective tenants and keep the bad ones out. \$20 materials fee due to the instructor.

18 & up: **Jul 16, Thurs, 6-9:15pm** 347122-08  
 Instructor: Jim Flint Better Way Realty  
 Location: Senior Center, 910 Longs Peak Ave  
 Fee: \$25 resident/\$30 non-resident

## Spanish 201 Conversational

Have fun building conversational Spanish through daily life activities and situations. Different theme each month. For those with advance beginner and intermedia Spanish. \$7 Materials fee payable to instructor at first class.

16 & up: **Thurs, 6:30-7:30pm**

<b>May 7-21</b>	\$30 res / \$37 non-res	247158-05
<b>June 4-25</b>	\$40 res / \$50 non-res	347156-06
<b>July 9-30</b>	\$40 res / \$50 non-res	347156-07
<b>Aug 6-27</b>	\$40 res / \$50 non-res	347156-08

Instructor: Kenna Guttridge  
 Location: Senior Center, 910 Longs Peak Ave

## Introduction to Voice Over

The Insiders Guide to Voice-Over Success! Learn how to get started in the voice over industry from a working voice talent. Topics such as industry background, what producers are looking for and copy reading techniques. We will practice narration to help you discover the power of your voice!



18 & up: **Jun 16, Tue, 7-8:30pm** 347196-M2  
**Aug 18, Tues, 6:30-8pm** 347196-M3  
 Instructor: Rachel Alena  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
 Fee: \$38 resident/\$47.50 non-resident

## Audiobook Narration 101

Learn where audiobook narration work is found! Discover what audiobook writers and producers expect. Practice basic story telling skills. Learn to develop characters for animation, industry works, time management and audiobook voice acting preparation.

18 & up: **Jul 28, Tue, 6:30-8pm** 347197-M2  
 Instructor: Rachel Alena  
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
 Fee: \$38 resident/\$47.50 non-resident



## DRUMMING FOR HEALTH AND THERAPY

If you can talk - you can drum. These classes are fun, easy and accessible to anyone regardless of age or physical condition. The Djembe drum from West Africa is the drum of choice and drums are provided.

Instructor: Gregg Hansen  
 Location: Izaak Walton Clubhouse, 18 S Sunset

### Beginning Drumming

Simple rhythms are presented slowly and patiently. *\*No sessions June or July.*

16 & up: **May 16 & 23, Sat, 10-11am** 247330  
**Aug 15 & 22, Sat, 10-11am** 347330  
 Fee: \$25 resident/\$31.25 non-resident

### Continuing Drumming

Now that you've learned the basics, it's time to go deeper. Pre-requisite: Beginning Drumming. *\*No class Mon, 5/25*

Sessions: **May 4-Jun 1\*, Jun 2-29, Jul 6-30, Aug 3-27**  
 Fee: \$40 resident/\$50 non-resident

	May Code	Summer Code
<b>Beginner 1: Foundations</b>		
16 & up: <b>Tue, 6:30-7:30pm</b>	247332	347331
<b>Wed, 12-1pm</b>	247332	347331

### Intermediate 1: Deeper Rhythms 1

16 & up: Tue, 7:45-9pm	not offered	347333
16 & up: Thurs, 12-1:15pm	247333	347333
16 & up: <b>Thurs, 7-8:15pm</b>	247333	not offered

### Intermediate 2: Deeper Rhythms 2

16 & up: <b>Wed, 1:30-2:45pm</b>	247334	347334
16 & up: <b>Thurs, 7-8:15pm</b>	not offered	347334

### Advanced 1: Songs & Arrangements/Orchestra #1

Must get permission from Gregg Hansen at communitydrum@earthlink.net to enroll in advanced classes.

16 & up: <b>Mon, 7:15-8:30pm</b>	247335*	347335
16 & up: <b>Tue, 11:30am-12:45pm</b>	247335	347335
16 & up: <b>Thurs, 1:30-2:45pm</b>	247335	347335

### Advanced 1: Djembe Howler's Orchestra #2

16 & up: <b>Wed, 7:30-8:45pm</b>	247336	347336
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## Will Maker

In a single easy session, complete a will, a financial power of attorney, and a combined medical directive all with the help of licensed attorney Rebecca L. Bennetti and her staff. Includes all materials, witnessing, notarizing, individual review and plenty of time for discussion and questions. Pre-registration required. This is a per person fee, couples must have their own individual wills. Bring \$30 materials fee payable to the Instructor to the class.

16 & up:	<b>Jun 20, Sat, 1-4pm</b>	347125-06
	<b>Jul 25, Sat, 1-4pm</b>	347125-07
	<b>Aug 22, Sat, 1-4pm</b>	347125-08

Instructor: Rebecca Bennetti

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

Fee: \$100 resident/\$125 non-resident

## Alive at 25

Designed by the National Safety Council to be an early intervention program for young drivers, the class helps prevent traffic violations, collisions, and/or fatalities. Registration is through Alive@24 on the website [www.aliveat25.us](http://www.aliveat25.us) or at 720-269-4046.

15-25 yrs:	<b>Saturday, 8am-12:30pm</b>	
Dates:	<b>Apr 11, May 9, Jun 20, Jul 18, or Aug 15</b>	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$49 driver permit/ \$79 court ordered	

## ADULT DANCE

### Adult Tap

A great class for adult tappers who have always wanted to tap or to continue to develop their skills. Come join a fun, non-threatening class, starting with the basics and giving a good foundations to build on. Tap shoes required

18 & up:	<b>Jun 4-Jul 23, Thurs, 10:45-11:45am</b>	344736-A
Location:	Dance Dimensions, 638 Main St	
Fee:	\$108 resident/\$135 non-resident	

### Adult Barre Fitness

The ballet barre warm-up was developed by a ballerina, for both dancers and non-dancers. It is a fun energetic class that focuses on improving balance, enhancing flexibility and posture, and strengthening muscles, creating long, lean muscles. No experience necessary.

18 & up:	<b>Jun 3-Jul 22, Wed, 6:15-7:15pm</b>	344739-DD
Instructor:	Dance Dimensions	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$98 resident/\$122.50 non-resident	

### Adult Ballet Beginner

Adults of all ages who are new or returning to ballet will enjoy this introduction to the fundamentals of ballet techniques in a fun and supportive environment. Whether your goal is to learn about ballet or incorporate ballet into your fitness routine, this class is for you.

18 & up:	<b>Jun 9-Jul 14, Tue, 6:30-8pm</b>	344745-A
Location:	Longmont Dance Theatre, 1422 Nelson Rd	
Fee:	\$99 resident/\$123.75 non-resident	

### Ballroom for Couples

Come learn the fundamentals of ballroom dance while having fun with your partner (dance with the partner you come with - no partner rotation). Learn basic lead and follow techniques and fundamental body mechanics in four dances. Great beginning or refresher class, sign up with your partner. Fee includes 2 participants.\*NO Class: 08/10

14 & up:	<b>Jun 1-22, Mon, 7:30-8:30pm</b>	344700-05
	<b>Jun 29-Jul 20, Mon, 7:30-8:30pm</b>	344700-06
	<b>Jul 27-Aug 24*, Mon, 7:30-8:30pm</b>	344700-07

Instructor: Christian Thierens

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

Fee: \$120 resident/\$150 non-resident

### Aerial Dance Class

Dance in the air with a combination of aerial silks, circus arts, and theatrical dance techniques. Climbs, foot-wraps, knee-hooks and inversions condition, challenge and engage every muscle in your body.

18 & up:	<b>Jun 8-Jul 13, Mon, 6:30-7:30pm</b>	344750-A
Instructor:	Longmont Dance Theatre Academy	
Fee:	\$99 resident/\$123.75 non-resident	

### Salsa

This is the most popular and fastest of the Latin dances, but don't let that scare you away. There is always slower music to start with, and we progress as you become more comfortable. It is primarily done in one spot on the dance floor, with small steps and turns to add to the ease of the movements.



16 & up:	<b>May 15-Jun 5, Fri, 8-9pm</b>	344704-A
Instructor:	Casablanca Dance Studio	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$50 resident/\$62.50 non-resident	

### Jitterbug Swing

Swing is lively, up-beat and done to a variety of music. This is the most common dance done at social gatherings. Learn the Jitterbug Swing -the simplest and easiest to do- while dancing to Big Band, Popular and Country music. Fee is per person

16 & up:	<b>May 15-Jun 5, Fri, 7-8pm</b>	344720-A
Instructor:	Casablanca Dance Studio	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$50 resident/\$62.50 non-resident	

### Hula Dance Adult Beginner

Come learn basic hula steps, as well as ancient and modern hula dances. Hula is a holistic form of dance that incorporates physical, spiritual, musical, cultural and linguistic elements.

13 & up:	<b>Jul 9-Aug 6, Thurs, 7:30-8:30pm</b>	344760-06
Instructor:	Laelae Sundberg	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$60 resident/\$75 non-resident	

# LONGMONT MUSEUM



## LONGMONT MUSEUM

400 Quail Road | Longmont CO 80501

303-651-8374 | [www.LongmontColorado.gov/museum](http://www.LongmontColorado.gov/museum)

**Hours:** Monday-Saturday, 9am-5pm | Sunday 1pm-5pm  
Additional Evening Hours: Thursday, 5-9pm

**Closed:** Memorial Day, May 25

General Admission: \$8 adults, \$5 students/seniors (62+), children 3 and under free

Free admission on the second Saturday of every month.



## EXHIBITIONS

### Terry Maker: Because the World is Round Through Summer 2020

Local artist Terry Maker mines commonplace materials, cutting and re-combining them into dense and tactile wall reliefs and freestanding sculptures. By revealing unusual surfaces, Maker invites visitors to question normal art forms and gives permission for imaginative interpretations. The viewer just might start to imagine a new unexplored world or allow themselves to escape through some kind of planetary portal.



## KIDS PROGRAMS

### Discovery Days

Discovery Days is an early childhood program at the Longmont Museum that encourages children ages 2 to 6 and their parents/caregivers to engage together in educational, hands-on art activities. Through social interaction and inspiring experiences, this program is a place where play and learning connect.

#### Discovery Days Art

2 to 6 yrs: **Jan 15-May 8: Wed, Thurs, Fri**

Session I: 9-10:15 am      Session II: 10:30-11:45am

Session III: 12:30-1:45pm

#### Discovery Days Music and Movement

These sessions alternate weekly between Music-focused and Movement-focused activities.

2 to 6 yrs: **Jan 14-May 5, Tuesdays**

Session I: 9:30-10:30 am      Session II: 11am - Noon

Location: Longmont Museum, 400 Quail Rd

Fee: \$4.50 nonmembers/\$4 Museum members, no registration required

### Summer Camp

Summer Camp at the Museum means discovering art, history, science and technology and your creative self! Half day and full day options are available all of June and July for kids ages 3-16.

- Hogwarts, Magic & Fantasy Camps
- Missoula Children's Theatre
- Music & Songwriting Camps
- Zombie Apocalypse Training
- Science & Nature Camps
- Art Camps
- Dino Explorers
- History Camps
- Spanish Speaking Camps

Please visit the Museum's website for details and to register: [longmontcolorado.gov/museum](http://longmontcolorado.gov/museum).

### Kids' Movies at the Museum

This summer, cool off in the Stewart Auditorium with a bag of popcorn in a place where your don't have to worry if your kiddo cries in the middle of the movie. Your ticket gets you \$1 off the Terry Maker exhibit too! Buy tickets ahead [www.longmontcolorado.gov/museum](http://www.longmontcolorado.gov/museum); these movies sell out!

**Jun 2-Jul 21, Tues, 10 am**

Fee: \$2.50 general admission; babies age 1 & under are free

Become a museum member  
**SAVE 10%**  
on summer camps.  
See online.

## ADULT PROGRAMS

### Historic Walking Tours

Take a walking tour of Historic Longmont with Longmont Museum Curator of History, Erik Mason. Advanced registration required.

**Jun 16, Tue 5:30pm**

**Jun 17, Wed, 10am**

**Jun 23, Tue, 10am**

**Jun 24, Wed, 5:30pm**

## Summer Concert Series

The Museum hosts free summer concerts in their outdoor grassy courtyard!

**June 18 - July 30**

Thursdays, 6:30-8pm; Free



## SENIOR SERVICES

is a Division of the City's Community Services Department

910 Longs Peak Ave | 303-651-8411  
Office Hours: Monday - Friday, 8 am - 5 pm  
LongmontColorado.gov/senior-services  
email: senior@LongmontColorado.gov



**Don't miss our 60+ page GO Magazine!** Register online at [www.longmontcolorado.gov/senior-services](http://www.longmontcolorado.gov/senior-services).

**FITNESS | DAY TRIPS | INT'L TRAVEL | CLUBS | LIFELONG LEARNING | WELLNESS**

See the GO Magazine for the full list of offerings.

## TRAVEL...

**Quarterly trip registration dates: May 15 & Aug 14.** To register, contact the Longmont Senior Center at 303-651-8411.  
**Extended Trips:** Canadian Rockies and Rail, Jun 3-10, 2020  
I Santa Fe and Taos, Sept 14-18, 2020 I American Queen Paddlewheel Holidays trip on the Mississippi, Dec 6-13, 2020  
IFrance River Cruise, May 2-13, 2021  
Great Trains and Grand Canyons, coming in 2021

## ADVENTURE...

### Longmont Senior Cyclers - **FREE**

• **Ride the Greenway to SSR & Stop at Red Frog Coffee.**  
**Fri, Apr 24, 10am** 287007.04

**Wild Side 4x4 Tours** – This unique 4x4 adventure takes you into the wilds with unparalleled view of the majestic Rockies. Lunch on your own in Estes Park. Registration begins May 15.

55 & up: **Jun 5 or 12, Fri, 8am-3pm**  
Fee: \$114 resident/\$119 non-resident

## CULTURAL ENRICHMENT PROGRAMS

Sponsored by the Friends of the Longmont Senior Center, these programs are educational, insightful, and intriguing.  
Fee: FREE – but please register in advance

### Paris to Pittsburgh

Co-sponsored by Longmont Chapter of Citizens' Climate Lobby (CCL). From coastal cities to America's heartland, Americans are demanding and developing real solutions in the face of climate change.

55 & up: **Apr 17, Fri, 1:30-3pm** 283000.04

### Denver Zoo: Animal Expeditions

Celebrate the wonder and awe of animals through interactive and fun activities and amazing live animals.

55 & up: **May 8, Fri, 1-1:45pm** 283000.05

## DROP IN...

**A sample of our many drop-in programs:** Mah Jongg | Bridge | Pickleball | Billiards | Scrapbooking | Table Tennis | Woodcarving | Quilting by Hand | Great Ideas Reading & Discussion Group

## FITNESS & HEALTH...

**Classes:** SilverSneakers@Fitness Classes | Beginner Square Dance | Pilates | Tai Chi | Yoga Classes | Social Dance Lessons | Zumba® | Parkinson's Foundations

### AgeWell Health Services

Call 303-651-5080 for more information

### Wellness Clinic – The Nurse Is In!

**1st & 3rd Mondays, 9am-noon.** Drop-In. FREE

### Meditation Class

Learn a variety of techniques, both basic and advanced, to suit individual needs. Fee varies with number of classes in month.

55 & up: **Thursdays, 10-11:30am**

**April or May** 285002 **June or July** 385001

### Caregiver Support Groups

Contact Brandy Queen at 303-651-8414,  
Brandy.Queen@longmontcolorado.gov

## HISTORY, SCIENCE, HUMANITIES...

### The Calendar and Time

Journey through our reckoning of time, ranging from the earliest recorded calendars to atomic clocks.

55 & up: **May 20, Wed, 1-2:30pm** 284377.00

Fee: \$2 resident/\$3 non-resident

### Hong Kong

A British colony until 1997, Hong Kong has recently erupted into violent conflict between the Chinese government and protesters.

55 & up: **May 27, Wed, 1-2:30pm** 284378.00

Fee: \$2 resident/\$3 non-resident

### Awakening the Sage Within

Sage-in is a model for engaging the elder years more deliberately, joyfully, and compassionately.

55 & up: **Apr 26, Sun, 9am-4:30pm** 284435.20

Fee: \$75 – includes course materials & lunch.

## COMPUTER ASSISTANCE .....

This all-volunteer program includes both formal and informal instruction and 1:1 individual assistance for seniors 50+ regarding a large variety of technology devices (laptops, cameras, phones, tablets, eReaders); various applications; and software.

Drop in Labs | Workshops | Cell Phone/Smart Phone Tutoring | Personal Coaching **Register by calling 303-651-8411**

Locations: Longmont Senior Center, 910 Longs Peak Ave  
Lashley St Station, 1200 Lashley St  
FRCC, 2190 Miller Dr, Admin Bldg A1444



# FIRING RANGE & TRAINING CENTER



Longmont Department of Public Safety  
&  
Boulder County Sheriff's Office  
Firing Range and Training Center



## FIRING RANGE AND TRAINING CENTER

10916 County Rd 5 | 303-774-4587 or 303-774-4589

RangeSupport@LongmontColorado.gov

LongmontColorado.gov/firingrange

Range Members hours of use:

Friday 6-9pm (for special events only; please check calendar)

Saturday 8am-5pm | Sunday 8am-5pm

The Longmont Department of Public Safety and Boulder County Sheriff's Office Range is a great shooting and training facility. Used by Law Enforcement personnel during the week, the range is open specific weekend hours for public use by membership. The firing range features 10 shooting stations ranging from 3 to 100 yards with target retrievers controlled by the shooter.



One Sunday per month, shooting will be conducted from the 50/75/100 yard line for rifles only.

Member application process includes \$100 background check (non-refundable) and a range orientation class; upon completion of both you will be able to choose one of six shooting plans. Members will have the ability to reserve a shooting lane and time. To start the application process, visit the website above.

## FIRING RANGE MEMBERSHIP PLANS

<b>Premier</b>	<b>\$500/year</b>
Includes unlimited - 1 hr visits + unlimited paid guest visits	
<b>Plan A: Expert</b>	<b>\$400/year</b>
Includes 50 - 1 hr visits + unlimited paid guest visits	
<b>Plan B: Sharpshooter</b>	<b>\$350/year</b>
Includes 35 - 1 hr visits + unlimited paid guest visits	
<b>Plan C: Marksman</b>	<b>\$250/year</b>
Includes 25 - 1 hr visits + unlimited paid guest visits	
<b>Occasional Shooter</b>	<b>\$200/year</b>
Includes 12 - 1 hr visits + unlimited paid guest visits	
<b>A La Carte</b>	<b>\$20/per hour</b>
Unlimited number of visits + unlimited paid guest visits	
\$35 annual renewal fee for A La Carte plan	

Employees of the City of Longmont, Boulder County Sheriff's Office, retired law enforcement officers and retired military are eligible for a 20% discount on all membership plans (excludes A La Carte).

## CLASSES AT THE FIRING RANGE

All courses presented by professional instructors from the Longmont Department of Public Safety. For classes, bring own handgun, 100 rounds of ammunition, dual hearing protection and eye protection. If you don't have a handgun and would like to sign up for a class, please call 303-774-4589. Please check the events calendar on our webpage.

### Basic Handgun and Concealed Carry

Thinking of buying a handgun as a first time handgun owner or interested in getting training to apply for your concealed carry license? Learn how to safely store, carry, and shoot your handgun. This co-ed course is appropriate for all level of shooters. Gain valuable knowledge and skills of the shooting sport, fundamentals of marksmanship, reloads, and clearing malfunctions. *This course exceeds state standards for concealed carry permit (CCW) requirements. CCW permits must be obtained in the county in which you reside.*

18 & up: **Saturday, 8am-5pm**

**May 30** 299201

**Jun 27 or Jul 18** 399201

Fee: \$130

### Rifle Sundays and Public Hunter Sight In

Bring your rifles to sight in for hunting season for any distance from 3-100 yards. This public use activity at the range does not require a membership. Non-range member shooters may bring hunting caliber rifles only. For questions, please call 303-774-4589.

12 & up: **Sunday, 8am-5pm**

**May 24, Jun 28, Jul 19, Aug 23**

Fee: \$15 per 30 minute block for non-range members

## CLASSROOM & SIMS HOUSE RENTALS

### Classroom Rentals

Hosting up to 45 people in a meeting room with access to kitchen amenities? Need a place to present a class with computer access? This is your place!

Fee: \$50 per hour

### SIMS House Rental

Throw a birthday party, Nerf party, or laser tag party in our SIMS House with simulated shootinghouse rooms and obstacles, as well as tables, chairs, and an open area for party fun.

Fee: \$75 per hour

Rules and regulations will apply. For inquires or reservations, call 303-774-4589 or 303-774-4587.



**Book your Tee Time**  
online at  
[www.golflongmont.com](http://www.golflongmont.com)

Get the  
best golf  
discounts  
online

**303-651-8466**  
1900 Longs Peak Ave.

**303-651-8401**  
1200 Cornell Drive

**303-774-4342**  
2000 Ute Creek Drive



Like us on Facebook!  
GolfLongmont



Like us on Twitter!  
@GolfLongmont

### Senior Days

Each City golf course offers a special day just for Seniors! Rates include green fee and golf car rental.

Mondays at Twin Peaks 18 holes \$26; 9 holes \$16

Tuesdays at Sunset 18 holes \$18; 9 holes \$12

Wednesdays at Ute Creek 18 holes \$32; 9 holes \$19

### Associations, Leagues and Tournaments!

All courses have very active Men's and Women's Golf Associations and golf leagues that are always looking for members including Sunset which hosts a 55+ golf association. Join today at your course of choice. For more information call course for details.

**Golf Instruction** Please check with the course for more information on lessons and instruction.

## JUNIOR GOLF PROGRAMS

Drop-in group lessons geared to introduce youth to golf. Equipment use is available.

### Junior Golf at Twin Peaks

First Step 9 & under: **Jun 1-Aug 17, Mon, 10am-12pm**

Next Step 9 to 18 years: **May 26-Aug 11, Tues, 10am-12pm**

Exclusively for Next Step: After the lesson at 12:15pm, interested Juniors have the option to pair up into groups to play 9 holes of golf for an additional \$7. A \$3 lunch special is available after lesson.

Location: Twin Peaks Golf Course, 1200 Cornell Dr

Daily Fee: \$20

### Junior Golf at Ute Creek No experience required.

4-7 yrs: **Jun 9-Jul 11, Tue, 9-10:30am**

8-17 yrs: **Jun 11-Jul 16, Thurs, 11am-12:30pm**

Location: Ute Creek Golf Course, 2000 Ute Creek Dr

Daily Fee: \$25

## Upcoming Events

Ute Creek Invitational: April 25 & 26 | Men's City Tournament: July 17, 18, & 19 | City Junior Tournament: July 20, 21 & 22



## UNION RESERVOIR

### Union Reservoir Hours

Daily from Sunrise to Sunset

Note: Hours & fees subject to change

\*Weekend rates effective Memorial Day Weekend to Labor Day \*\*Requires purchase of Vehicle season pass.

### Admission Fees:

Bicycle/Walk-In	\$2/person
Daily Vehicle	\$10
Weekend Vehicle*	\$12
Daily Watercraft (canoe, kayak, paddleboard, raft, and Windsurfing board)	\$5
Trailer Boat	\$8
Season Pass	\$65/\$150
2nd Vehicle Pass	\$45/\$100
Senior Pass	\$35/\$88
2nd Vehicle Senior Pass	\$25/\$62
Watercraft Pass**	\$20/\$40
Trailer Boat Pass**	\$50/\$112
Commercial Vehicles	\$75/\$150
Bus:	\$100/\$200
Year-round Boat Storage	\$375/\$812

Storage requires vehicle & trailer boat passes

### Union Scheduled Events

Limited access or park closure may occur during these events. Please call the reservoir office for additional information:

**August 16:** Triathlon  
**September 20:** Triathlon

### UNION RESERVOIR

0461 Weld County Rd 26 | Longmont, CO 80504  
303-772-1265

Union Reservoir is a 736-acre body of water offering the best in wakeless boating and a variety of other outdoor activities. Call to reserve shelter or picnic areas. For more information: [LongmontColorado.gov/UnionRes](http://LongmontColorado.gov/UnionRes)

**No camping:** Areas are reconfigured to provide additional day use opportunities and parking during peak periods. Learn more at [www.bit.ly/unionmasterplan](http://www.bit.ly/unionmasterplan).

**Fishing:** Wiper, trout, catfish, perch, walleye, and crappie are abundant.

**Boating Activities:** Union Reservoir is wakeless.

**Picnicking:** Call 303-772-1265 for information on reserving shelter or picnic areas.

**Swimming:** A sandy beach with a roped-in waterfront area. Wading is not allowed outside of the swim beach area. Large groups are asked to call 1 week in advance of swimming.

### Beach Hours:

**Pre-Season: May 23-31**  
Sa-Sun & May 25 10am-6pm  
Tue-Fri 12-4pm

**Summer: Jun 2-Aug 9**  
Mon-Thurs 10am-6pm  
Fri-Su & July 4 10am-8pm

**Post-Season: Aug 15-Sept 7**  
Sa-Su & Sept 7 10am-7pm

**Dog Off Leash Area:** Specific area set aside for off-leash land and water activities

### Open Water Swims (OWS)

Please note: for the safety of all, open water swims are exclusively for open water swimmers. OWS fee is per person and includes gate admission. Recreation facility & Union season passes NOT accepted.

OWS Passes	
OWS unlimited pass	\$120
5 visit OWS pass	\$35
10 visit OWS pass	\$60
Drop-in OWS, per person	\$8

OWS Dates & Times	
Tues, Jun 2-Aug 11:	6pm-7:30pm
Wed, Jun 3-Aug 12:	6pm-7:30pm
Aug 19-Sept 16:	5:30pm-7pm
Fri, Jun 5-Aug 7:	6:30am-8am
Sat, Jun 6-Sept 19:	8:15am-9:45am

**Other Activities:** A modern Playground and Sand Volleyball pit.

**Paddleboard rentals available:**  
[rockymtnpaddleboard.com](http://rockymtnpaddleboard.com)

**The City of Longmont and Longmont Recreation Services have a number of facilities that are available to rent for a meeting or special event. Fees listed are for Longmont residents, non-resident rate slightly higher.**

Check out photos of many Longmont rental facilities at <http://bit.ly/COLRentals>

*Cancellations with two weeks notice or less are subject to loss of deposit and/or loss of a percentage of fees paid.*

*Please be aware that special permits are required if you are holding a large event, charging admission or serving or selling alcohol, regardless of date.*

## LONGMONT RECREATION SERVICES

All Recreation Services facilities offer during-hours and after-hours rentals. [LongmontColorado.gov/rec](http://LongmontColorado.gov/rec)



### Centennial Pool

1201 Alpine St | 303-651-8406  
Multipurpose Room, Pool Rental



### Izaak Walton Clubhouse

18 S Sunset St | 303-651-8404  
Capacity: 95 people with tables & chairs  
Cost is \$55/hr Fri, Sat, and Sun.  
Limited availability M-Th; call for details.  
\$200 deposit required



**Sunset Pool** - Seasonal  
1900 Longs Peak Ave | 303-651-8300  
Indoor Meeting/Party Room  
Outdoor pool and shade shelters



### St Vrain Memorial Building

700 Longs Peak Ave | 303-651-8404  
Meeting/Party Rooms, Gymnasium

### Willow Farm Barn

901 S. Fordham St | 303-651-8404  
Enclosed unheated shelter with six picnic tables adjacent to playground and modern restrooms. Mid-April to mid-October.  
\$65/4-hr time block; \$200 deposit required, \$50 deposit for electrical outlet.

**Athletic Fields** - Seasonal  
Long & short term | 303-774-4758

**Commercial Use of Parks** Looking to host classes or camps at public parks? Reservations Required, call 303-651-8443



### Longmont Recreation Center

310 Quail Rd | 303-774-4800  
Meeting/Party Rooms  
Gymnasium | Pool Rentals

### Lashley St Station

1200 Lashley St | 303-651-8443  
Meeting/party rooms, capacity 25-30.  
\$35-\$60/hr. Kitchenette, whiteboard, tables and chairs. Weekend availability.  
\$200 deposit & bldg supervisor required.

### Sandstone Ranch Visitors & Learning Center

3001 Sandstone Dr | 303-651-8443  
Small venue for weddings, anniversaries, meetings, retreats and other events.

**Roosevelt Ice Pavilion** - Seasonal  
725 8th Ave | 303-651-8443  
Outdoor cabana space & private ice rentals



### Historic Callahan House

312 Terry St | 303-776-5191  
Capacity In-house event: 80  
Sit-down meals: 50  
House and garden: 150  
Weddings & Receptions, Parties, Meetings, Retreats. Full-service catering available. Cost varies; deposit required.  
[LongmontColorado.gov/Callahan](http://LongmontColorado.gov/Callahan)

### Golf Course Rental Facilities

**Sunset | 1900 Longs Peak Ave rental number 303-774-4342**  
Meeting Room (off season), outdoor options for parties and weddings. Large trees, beautiful views. Onsite catering. Full bar onsite.  
**Twin Peaks | 1200 Cornell Dr rental number 303-877-4678**  
Meeting room (year-round), outdoor covered/uncovered patio. Indoor/outdoor options for parties & weddings. Full bar onsite.  
**Ute Creek | 2000 Ute Creek Dr rental number 303-774-4341**  
Meeting room (off season), covered outdoor patio and pavilion perfect for parties and weddings. Stunning Views. On and off-site catering. Full bar onsite



### NOT SURE WHERE TO START?

For assistance finding space for your special event please contact [RecSupport@longmontcolorado.gov](mailto:RecSupport@longmontcolorado.gov) with your particulars or call our event planning hotline 303-651-8443.

### Park Shelters

Apr 8-Oct 13: \$45-\$65 res day/\$56-\$81 nr  
Shelters are not available for rent between the 2nd Sunday in October and the 2nd Monday in April due to restroom winterization. Shelters are welcome to be used during winter months on a first-come, first-served basis. Reserve a shelter: call 303-651-8404 or online at [LongmontColorado.gov/park-shelters](http://LongmontColorado.gov/park-shelters)  
For info on parks: [bit.ly/parkfinder](http://bit.ly/parkfinder)

### Senior Center

910 Longs Peak Ave | 303-774-4714  
Nights and Weekends Only.  
Multiple spaces from small classroom to large event room with seating up to 200 people. Cost varies by room size, \$35/hr to \$130/hr; deposit required.  
[LongmontColorado.gov/senior-services](http://LongmontColorado.gov/senior-services)

### Longmont Museum

400 Quail Road | 303-651-8374  
Multiple spaces from 50-person classroom to 250-seat auditorium.  
[LongmontColorado.gov/museum](http://LongmontColorado.gov/museum)

### Longmont Public Library

409 4th Ave | 303-651-8795  
Capacity: 12 to 90 people  
Classroom and meeting space  
Free - Only non-profit/educational usage.



Title Sponsor



# RHYTHM ON THE RIVER

July 10 & 11, 2020 | 5-10pm | Roger's Grove, Longmont

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[longmontcolorado.gov/rotr](http://longmontcolorado.gov/rotr) | 303-651-8404

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# PARK SHELTER RESERVATIONS

## Good to know:

Park Shelters are \$65 per day (resident fee) during peak season unless otherwise noted.

Popular shelters are listed; a full list is available online at [bit.ly/park-shelters](http://bit.ly/park-shelters). Reservations are accepted for the months of April-October. Shelters are first come, first serve November-March.

A Use of Public Places (UOPP) Permit is required when park/park shelter use includes any of the following:

- Uses amplified sound
- Invites the Public
- Involves a charge or donation to attend
- Modifies the site – i.e. bringing in tents, tables, stage, etc
- Includes alcohol

A UOPP Permit application is available online at [bit.ly/LongmontUOPP](http://bit.ly/LongmontUOPP)

Questions about the UOPP process? City Clerk's Office: 303-651-8649



### Discover More with Park Finder

Longmont has more than 40 parks that offer a wide variety of settings and experiences. Whether you're looking for an active adventure or a peaceful respite, you're sure to find just the right park for the occasion by using our online park finder. Visit [bit.ly/parkfinder](http://bit.ly/parkfinder) today and discover all the possibilities.

## Popular Shelters-Northwest

### Flanders Park

Volleyball court, combination basketball/roller hockey court, playground, shelter and a picnic with a BBQ pit, and capability for fishing.

### Dawson Park

Two tennis courts, volleyball court, playground, two shelters, one restroom attached to the eastern shelter, capability for fishing.

### Hover Acres Park

This park has a shelter, pickle ball and volleyball courts, basketball court, as well as a multi-use field.

### Loomiller Park

This park offers a 9-hole disc golf course, a playground as well as two sheltered picnic areas with a BBQ pit.

### Carr Park

This park includes a playground, restroom, roller hockey, multi-use field, tennis and basketball courts as well as a baseball field.

## Popular Shelters-Southwest

### Izaak Walton Nature Area – Clubhouse and Shelter

\$200 building deposit (refundable when keys are returned and the condition of the building is good), \$55/hr on Friday, Saturday and Sunday only. Capacity is 95; parking spaces are limited and not reservable. Outdoor shelter available for use with clubhouse rental.

### Willow Farm Park - Barn and Shelter

\$200 building deposit, \$50 surge protector deposit (both refundable when keys are returned and the condition of the building is good), \$65 half day/\$100 daily fee. Inside barn capacity is 35. Parking spaces are limited. Outdoor shelter is located on West end of park.

### Thompson Park

Two shelters with picnic tables, restroom, electricity, playground, grills.

### Roosevelt Park

"Old Stone" shelter with electricity, playground, nearby restrooms. Rose Garden and large Pavilion available for special event rentals.

### Left Hand Park

Two shelters, restroom, basketball courts, volleyball court, roller hockey court and multi-use fields. A playground is available.

## Popular Shelters-Northeast

### Stephen Day Park

Two shelters with picnic tables and grills. Skate park, courts for sand volleyball and basketball, an all-ages seasonal water-spray area. Available are an off-leash dog park and a playground.

### Rough and Ready Park

Courts available for bocce ball, horseshoe tossing, sand volleyball and basketball. A playground and skate park as well as two shelters with tables. BBQ grill at small shelter. There is also a crawdad exploration area and an off-leash dog park.

### Lanyon Park

Available at this park are three baseball fields, a basketball court, two shelters with BBQ grills, a restroom and a playground.

### Jim Hamm Nature Area

A spacious walking path encompasses this westward facing park, which includes a shelter area with picnic tables and a grill, a blind for bird observation and interactive pergola, restroom and a children's natural play area.

## Popular Shelters-Southeast

### Kensington Park

This park has a shelter, playground, a restroom, picnic and BBQ area and a basketball court.

### Collyer Park

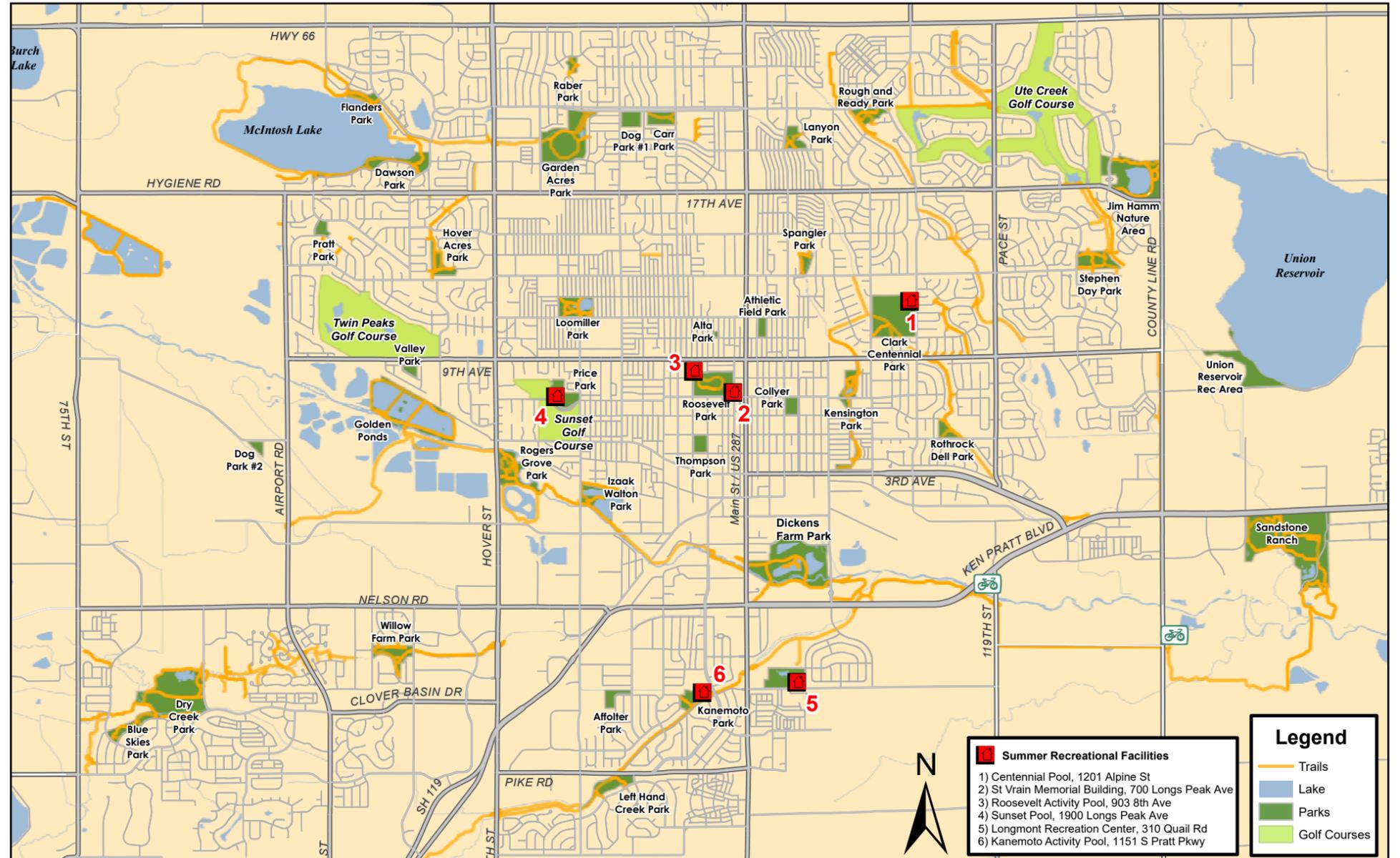
Two tennis courts, a volleyball court, restroom, playground and two shelters with BBQ grills.

### Rothrock Dell Park

This park includes a baseball field, basketball court, roller-hockey court, restroom, playground and shelter with picnic area.

### Sandstone Ranch

Four baseball fields, multi-use fields with lights, an adventure playground area, skate park, reservable shelters. E4 is on the east side of the playground near seasonal water spray area, E5 is on the western side of the playground; E3 at the playground with the restrooms is not rentable. Large E2 shelter on the southeast portion of the park near small playground and sand volleyball court is \$30/hr.



See a complete list of shelters and make reservations online: [www.LongmontColorado.gov/park-shelters](http://www.LongmontColorado.gov/park-shelters)

**Longmont Recreation & Golf Services**

City of Longmont  
700 Longs Peak Ave  
Longmont, CO 80501

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For more sponsorship information, please call 303-774-4771.