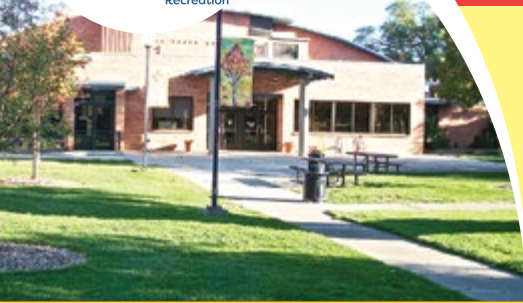


MEMORIAL BUILDING



ST. VRAIN MEMORIAL BUILDING

700 Longs Peak Ave | 303-651-8404

Building/Weight Room Hours

Monday-Friday 6:00 am - 8:00 pm
Saturday 7:00 am - 5:00 pm

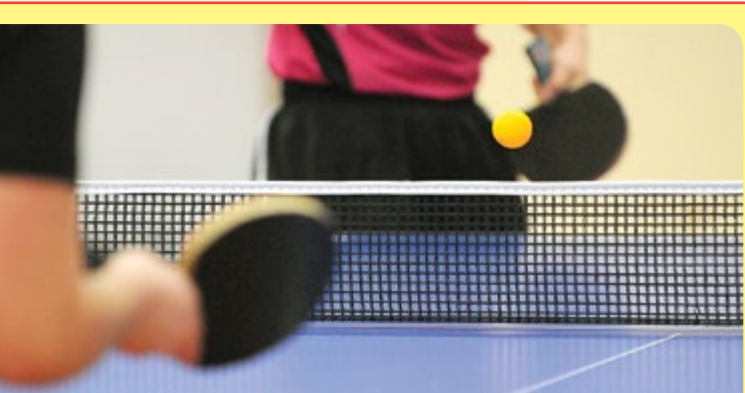
Closed Memorial Day, May 25, & July 4



A quieter, more intimate setting for your workout, to take a class, or to learn a new skill. Much of the same equipment as a large workout gym with none of the pretention or crowd. Offering a wide variety of fitness and general variety classes for little tykes to active older adults. Friendly and professional staff and great patrons make it a comfortable community atmosphere. Clean, quality amenities make it worth returning again and again.

Recreation in the heart of the Longmont:

- ✓ Weight room with free weights, selectorized machines, and cardio equipment
- ✓ Feature court gymnasium ✓ **NEW!** TRX classes
- ✓ Aerobics/Wellness room
- ✓ Classroom/Party and Conference room
- ✓ Season access to Longmont Ice Pavilion & Roosevelt Activity Pool
- ✓ Adjacent to Roosevelt Park walking loop
- ✓ Towel Service available; free for extended pass holders, \$1 all others



Drop-In Table Tennis

Engage with the Olympic sport of table tennis. Free instructional clinics on select Mondays teaches rules, technique, and strategy in a group setting; all experience levels welcome. The Clinic instructor is David Vollmar, one of the top players in the state of Colorado with over 40 years of experience. Bring your own paddle.

Open Play: Mondays, 7-10pm

Clinics: **1st & 3rd Monday of each month, 7-8pm**
Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
Fee: Regular facility admission fees.
Passes are accepted.

NEW! Drop-in Floor Hockey

Get a great workout while having a blast with new friends. Equipment provided. No experience necessary. Admission fees apply.

18 & up: Wednesdays, 6:30-8pm

Location: St Vrain Memorial Bldg,
700 Longs Peak Ave

Memorial Building Rental Fees

For Rental Availability Call 303-651-8404

Gymnasium Rental: \$60/hr
After Hours Supervisor: \$20/hr

*Table and Chairs are additional.
Rental deposit may be required.*



Strider Glider Wednesday

Looking for a safe, comfortable, and contained space for your child to use their strider glider? Join us on select Wednesdays for parent/child time in the gym to stride away along our fun courses! A limited number of loaner striders are available.



2-5 yrs: **Wed, 9:30-10:30am, Apr 8, May 6** 245450
Location: St Vrain Memorial Bldg,
700 Longs Peak Ave
Daily Fee: \$6 per child – Register keyword "strider"

Itty Bitty City NEW TOYS!

Snow or Shine, our toys are divine! Kids ages 6 months to 5 years have lots of room to run and play in the gym! Parents must supervise their children. Please, no older children. No fee for babies less than 6 months old.

Ages: 6 months to 5 years with a parent
Dates: **Jan 10-May 15, Fridays, 9-11am**
Location: St Vrain Memorial Building
Fee: \$3 per child; 10 visit pass \$24



**No summer
Itty Bitty City,
resumes in
September**