



OUTDOOR

KAYAKING AT MCINTOSH LAKE

Enjoy learning how to paddle a kayak with a majestic mountain backdrop. Kayaks, paddles, and life vests are provided. Class meet street side on Dawson Park near the boat launch area on Lakeshore Drive.



Instructor: Jim Dlouhy
Location: Dawson Park, 1757 Harvard

NEW! Kayaking: Women's Tours

Come have fun and make new friends while paddling a variety of kayaks at various locations. Start out learning basic skills and move to more advanced performances.

18 & up: **Jun 16-Jul 7, Tue, 9am-12pm** 327023-01

Fee: \$80 resident/\$100 non-resident

Introduction to Recreational Kayaking

This class teaches various techniques to safely paddle your kayak. Learn how to properly fit a personal flotation device, get into and out of your kayak, launch and land your kayak.

16 & up: **May 30, Sat, 9am-12pm** 327024-1

Jul 11, Sat, 9am-12pm 327024-2

Fee: \$25 resident/\$31.25 non-resident

Kayaking: McIntosh Lake Paddle

Enjoy the spectacular Rocky Mountain sunrise, sunset, or the full moon while paddling a kayak.

16 & up:

Sunrise Paddle: **Jun 13, Sat, 5:30-7am** 327026-01

Full-Moon Paddle: **Jul 4, Sat, 8-10pm** 327027-01

Aug 3, Mon, 8-10pm 327027-02

Sunset Paddle: **Aug 11, Tue, 7-8:30pm** 327025-01

Fee: \$20 resident/\$25 non-resident

Introduction to Kayak Touring

Learn how to safely paddle a touring kayak for day trips and overnight camping. Learn how to fit a life vest, various paddle strokes, launch and land your kayak.

18 & up: **Jun 20-27, Sat, 9am-12pm** 327028-01

Fee: \$50 resident/\$62.50 non-resident

Union Sailing Club

Learn to sail with the Union Sailing Club this summer! All skills are taught in a fun, safe environment with certified instructors.

5-17 yrs: **M-F, 9am-3:30pm**

Dates: Weekly sessions, June & July

Registration: www.communitysailing.org (303) 757-7718

Location: Union Reservoir, Weld County Rd 26

Weekly Fee: \$445

ABLE to Sail

Learn to SAIL, and then some, with this "US Sailing award-winning program!" A youth empowerment camp.

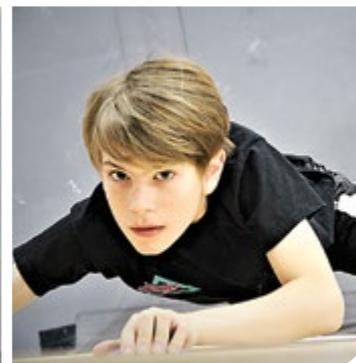
11-18 yrs: **Mon-Thurs, 10am-4pm**

Learn more & register: www.abletosail.org

Location: Union Reservoir, Weld County Rd 26

Weekly Fee: \$275-\$345

CLIMBING COLLECTIVE CAMPS



Time off from school means a chance to climb, an opportunity to do something different, meet new friends, and hang with the crew at the Longmont Climbing Collective. Bring a non-perishable snack and packed lunch. Questions? Call Longmont Climbing Collective at 720-340-3640.

Instructor: Longmont Climbing Collective
Location: Longmont Climbing Co, 33 S Pratt Pkwy Ste 300

Climbing Collective Day Off School Camp

Climb with our expert coaches and learn essential climbing skills and play climbing games.

6-12 yrs: **Apr 27 or May 22, Fri, 9am-3pm** 246887

Daily Fee: \$82.50 resident/\$102 non-resident

Climbing Collective Animal Day Camp

Get in touch with your inner primate, reptile and marsupial. Fun climbing games, daily yoga practices and skill building activities create a fun and imaginative camp environment.

6-14 yrs: **Jun 8-12, Mon-Fri, 9am-3pm** 346689-A

Jul 6-10, Mon-Fri, 9am-3pm 346689-B

Fee: \$412.50 resident/\$515.50 non-resident

Climbing Collective Olympic Day Camp

Olympic Masters Camp at LCC will explore what is required to become an Olympic Champion! Campers will be able to keep track of their progress as they learn specific skills and techniques such as dynamic movements, endurance building and footwork

6-14 yrs: **Jun 22-26, Mon-Fri, 9am-3pm** 346690-A

Jul 20-24, Mon-Fri, 9am-3pm 346690-B

Aug 3-7, Mon-Fri, 9am-3pm 346690-C

Fee: \$412.50 resident/\$515.50 non-resident

Climbing Collective Amazing Race Day Camp

In groups and individually, following clues to complete puzzles and earn fun prizes. Learn skills such as agility, coordination, speed, teamwork and leadership through organized games and challenges.

6-14 yrs: **Jun 15-19, Mon-Fri, 9am-3pm** 346691-A

Jul 27-31, Mon-Fri, 9am-3pm 346691-B

Fee: \$412.50 resident/\$515.50 non-resident



Fly Fishing in Colorado: What Fly Do I Use

How do you know what fly to use? Learn about the foods trout eat and the flies used to imitate them. We cover the classic aquatic and terrestrial insect families and other aquatic life such as leeches, worms and crustaceans.

14 & up: **Jul 27, Mon, 6-7:30pm** 347714-07
Aug 4, Tue, 6-7:30pm 347714-08

Instructor: Dick Shinton, Laughing Grizzly Fly Shop
 Location: Senior Center, 910 Longs Peak Ave
 Fee: \$25 resident/\$31.25 non-resident

Fly Fishing Basics: Learn Fly Fish

Try to fool fish with fur, foam and feather imitations of the things they eat. Learn about equipment, types of flies for various fish species, and rigging your rod and flies for lake and stream fishing. The hands on class includes a basic casting lesson. Equipment provided.

14 & up: **Jul 25, Sat, 3:30-6:30pm** 347716-08

Instructor: Laughing Grizzly Fly Shop
 Location: Sandstone Ranch, 3001 E Hwy 119
 Fee: \$25 resident/\$31.25 non-resident

Hike and Draw Beneath the Flatirons

Nature is an endless source of inspiration. Explore a variety of drawing media and apply the basic visual elements of art: line, shape, space, light, color, and texture. Hike is approximately 3 miles round trip. Wear sturdy boots, bring rain gear and a snack. Rain Date: May 3.

18 & up: **May 2, Sat, 1-4pm** 247941-A

Instructor: Suzanne Michot
 Location: Chautauqua Dining Hall, 900 Baseline Rd, Bldr
 Fee: \$35 resident/\$43.75 non-resident

Learn to Belay Clinic

Learn the PBUS top-rope belay technique, gear use, commands and safety. Repeatable. Once belay certified you can belay your partner when wall is open. Pay for clinics at the Front Desk and bring your receipt to the climbing wall.

15 & up: **Ongoing, Friday 6-8 pm**

Location: Longmont Recreation Center, 310 Quail Rd Clinic
 Fee: \$33 resident/\$42 non-resident

Climbing Technique Classes for All Ages

These classes cover climbing safety and explore a variety of basic techniques to aide in increasing the climber's skill level. Intermediate and advanced classes extend these skills. If you are unsure which class would be appropriate, please check with the climbing wall staff. It may be advised to do a class level more than once!

Session Dates: **Apr 6-May 7** (code begins with "2")
Jun 1-Jul 7; Jul 20-Aug 18

6-9 years: **Child Beginner: Mon or Tue 5-6pm** 317346

Child Intermediate: Wed 6-7pm 317346

10-14 yrs: **Youth Beginner: Mon 6-7pm** 317347

Youth Intermediate: Wed 7-8pm 317347

6-14 yrs: **Child/Youth Advanced: Thurs 6:30-7:30pm** 317347

Fee: \$55 resident/\$69 non-resident

15-adult: **Adult Beginner: Tue 6-7pm** 317344

Fee: \$71 resident/\$89 non-resident

Location: Longmont Recreation Center, 310 Quail Rd



Wildflower Identification Hike

Discuss flower families, traditional uses, and how they are named. The hike is approximately 3 miles with an elevation gain of 400 feet. Rain Date: May 24.

18 & up: **May 23, Sat, 10:30am-12:30pm** 247945-A

Instructor: Suzanne Michot
 Location: Chautauqua Dining Hall, 900 Baseline Rd, Bldr
 Fee: \$25 resident/\$31.25 non-resident

Personal Climbing Training

Can't attend a scheduled climbing class or want individualized instruction? For information or to schedule, email Rebecca Allison: lynch-rebecca@hotmail.com

All ages: By Appointment Only-1 hour sessions

Location: Longmont Recreation Center, 310 Quail Rd

Fee:	One Participant	Two participant
1 Session	\$32 res/\$40 non-res	\$42 res/\$52 non-res
5 Sessions	\$135 res/\$169 non-res	\$185/\$231 non-res

Parent-Child Climbing Class

This class introduces very young children to the world of rock climbing! Children learn basic climbing techniques. Parents learn about safety and encouraging their young climbers. (NOTE: This is NOT a technique course for adults.)

3-5 years: Sat or Sun, 9-10am

Sessions: **Apr 6-May 5** 217345

May 20-June 28, or Jul 18-Aug 16 317345

Location: Longmont Recreation Center, 310 Quail Rd

Fee: \$55 resident/\$69 non-resident





Learn To Sew

Sign up for one or all of these beginner sewing classes! Bring your own sewing machine and supplies or borrow one during class. Full class descriptions available online. Materials list on receipt.
 Instructor: Cathy Georgerian
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Fee: \$25 resident/\$31.25 non-resident

Sewing: Beach Bag

8 & up: **Jun 4, Thurs, 10am-2pm** 347431-06

Sewing: Cross Body Purse

8 & up: **Jun 6, Sat, 10am-2pm** 346156-09

Sewing: Towel Hideaway Bag

8 & up: **Jun 10, Wed, 10am-2pm** 347433-06

Sewing: Tote Bag

8 & up: **Jun 12, Fri, 10am-2pm** 347432-06

Sewing For Adults: Mug Rug

15 & up: **Fri, Jul 17, 10am-2pm** 347434-06

Location: Senior Center, 910 Longs Peak Ave

Sewing: Learn to Sew a Skirt

Imagine a skirt that is comfortable and stylish and made by you! Learn how to measure yourself, read a pattern, sew darts, put in a zipper, and set a waistband. Bring your own sewing machine and sewing supplies, or borrow mine during class. Materials list on receipt.

15 & up: **Aug 8, Sat, 9am-3pm** 347435-06

Instructor: Cathy Georgerian
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Fee: \$45 resident/\$56.25 non-resident

MACRAMÉ

Bring warmth, texture and some boho vibe to your home by taking these various workshops learning knots and techniques to create projects uniquely your own. No experience necessary, all supplies are included. \$10 material fee due at time of class

Instructor: Ellen Goetgeluck
 Fee: \$25 resident/\$31.25 non-resident + \$10 materials fee

Plant Hanger

12 & up: **Aug 2, Sun, 10am-12:30pm** 347474-A

Location: Lashley St Station, 1200 Lashley St

Macramé Wall Hanging

12 & up: **May 2, Sat, 10am-1pm** 347477-A

Location: Longmont Recreation Center, 310 Quail Rd

Macraweave

Create your own macraweave, a beautiful combination of macramé and weaving.

12 & up: **Jul 25, Sat, 10am-1pm** 347478-A

Location: Longmont Recreation Center, 310 Quail Rd

Macramé Wall Hanging with Rings

12 & up: **Jun 14, Sun, 10am-12:30pm** 347479-A

Location: ElleBelle, 4561 Heatherhill St

Beginner Stained Glass 101

No experience required. Join us for this fun class and see if stained glass appeals to you before making the investment in tools and supplies. Learn about safety and the tools required. Cut glass, foil and solder to assemble your piece. Tools and materials provided.

18 & up: **Sat, 9am-12pm** 347350

Dates: **May 30, Jun 13, Jul 11, or Aug 8**

Instructor: Jackie Bahr
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Fee: \$75 resident/\$93.75 non-resident

Intermediate Stained Glass 102

Expand your skill and knowledge by creating a 3-dimensional glass art piece. Use your basic skills to cut and grind glass triangles, foil and assemble them with solder and twisted wire. Tools and materials provided. *Pre-requisite is Beginner Stained Glass*

18 & up: **May 30, Sat, 1-5pm** 347351-06

Jul 11, Sat, 1-5pm 347351-07

Instructor: Jackie Bahr
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Fee: \$95 resident/\$118.75 non-resident

Intermediate Stained Glass 103

Expand your skill and knowledge by creating a flat panel glass piece that will fit inside a 6" x 6" sized frame. Learn to use the Morton blocking system to set up a template for your panel. Select from several designs. Tools and materials provided. *Pre-requisite is Beginner Stained Glass*

18 & up: **Jun 13, Sat, 1-5pm** 347349-06

Aug 8, Sat, 1-5pm 347349-07

Instructor: Jackie Bahr
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Fee: \$95 resident/\$118.75 non-resident

NEW! Shibori and Tie-Dye

Shibori is the ancient art of folding, tying, wrapping and clamping fabric to make resist patterns for dyeing with beautiful colors. Create multi-layered pieces that can be mounted as wall hangings or used to make decorative or wearable art.

15 & up: **Aug 3 & 10, Mon, 1:30-4:30pm** 345345-1A

Instructor: Claudia Lewis
 Location: Full Circle Art Studio, 5707 Gunbarrel Rd
 Fee: \$115 resident/\$143.75 non-resident

NEW! Beginning Batik

Batik is a traditional art technique using wax to make resist designs and patterns on fabric. Then the fabric is painted with beautiful procion dyes! Learn a variety of ways to apply the wax and dyes, creating wearable or decorative pieces.



15 & up: **Jun 4 & 11, Thurs, 1:30-4:30pm** 345346-1A

Instructor: Claudia Lewis
 Location: Full Circle Art Studio, 5707 Gunbarrel Rd
 Fee: \$120 resident/\$150 non-resident



NEW! Fresh Summer Pasta!

Discover the beauty and simplicity of making pasta from scratch! Learn to make a basic egg dough, practice essential rolling techniques and how to use herbs and summer fresh veggies to lighten up any classic pasta recipe. This class is taught by Chef Andrea Foro

18 & up: **Jul 1, Wed, 5:30-7:30pm** 347464-06
Aug 4, Tue, 5:30-7:30pm 347464-07

Location: Kitchen Company, 464 Main St
 Fee: \$49 resident/\$61.25 non-resident

NEW! Cupcake Decorating

Learn how to decorate cupcakes using sugar fondant, sugar craft tools and a lot of creativity. In a small group, get step-by-step instructions to create themed designs. Leave with 6 beautifully decorated cupcakes. \$10 material fee payable to instructor.



13 & up: **Succulents Jul 11, Sat, 10am-12pm** 346150-07
 Instructor: Ellen Goetzeluck
 Location: Izaak Walton Clubhouse, 18 S Sunset
 Fee: \$25 resident/\$31.25 non-resident + \$10 materials fee

Mosaic Basics

Use a variety of materials to create a simple project such as a garden stone, cigar box or picture frame. Adhesives, tools and techniques are discussed as well as finishing applications of grout or epoxy. Bring a bag lunch and prepare to spend a fun day with a master mosaic maker. Bring \$10 materials fee payable to the Instructor.

16 & up: **May 30, Sat, 10am-3pm** 247344-B
Jul 25, Sat, 10am-3pm 347341-07
Aug 15, Sat, 10am-3pm 347341-08

Instructor: Trish Singelyn
 Location: Laughing Heart Studio, 43 Placer Ave
 Fee: \$54 resident/\$67.50 non-resident

Drawing Essentials

Gentle "how to" guidance provided through simple exercises designed to boost your confidence and improve your drawing skills. Use a variety of drawing materials including pencil, pen and ink and charcoal. Topics include line, shape, value, texture and form. Material list provided with enrollment.

18 & up: **Jul 13-Aug 3, Mon, 6:30-8pm** 347317-A

Instructor: Trish Singelyn
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Fee: \$58 resident/\$72.25 non-resident

Alcohol Inks

Achieve spontaneous and colorful results by applying alcohol inks to ceramic tiles. Absolutely no artistic skills needed! In this class, make four 4x4 tiles which may be used as coasters or wall decoration. \$5 materials fee payable to instructor at class.

18 & up: **May 27, Wed, 6:30-8:30pm** 247390-05
Jul 15, Wed, 6:30-8:30pm 347390-07
Aug 5, Wed, 6:30-8:30pm 347390-08

Instructor: Trish Singelyn
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Fee: \$28 resident/\$35 non-resident + \$5 materials fee

NEW! Knife Skills 1: Kitchen Rookie

Make 2020 the year you learn to chop like a pro! Together we discuss which knives most experienced home cooks and chefs use daily and why. Learn proper knife safety and storage, how and when to sharpen your knives but most importantly what that recipe means when it says chop, dice or mince. This class is open to all skill levels.

18 & up: **Jun 17, Wed, 5:30-7:30pm** 347459-06
Jul 23, Thurs, 5:30-7:30pm 347459-07

Location: Kitchen Company, 464 Main St
 Fee: \$39 resident/\$48.75 non-resident

NEW! Knife Skills 2: Kitchen Regular

If you've been using your favorite chef knife for some time, elevate and expedite your home food prep with some simple shortcuts commonly used in professional kitchens. Learn proper knife safety and storage, how and when to sharpen your knives but most importantly how to practice and perform finer cuts like the julienne, brunoise and chiffonade.

18 & up: **Jul 6, Mon, 5:30-7:30pm** 347461-06
Aug 11, Tue, 5:30-7:30pm 347461-07

Location: Kitchen Company, 464 Main St
 Fee: \$39 resident/\$48.75 non-resident

Yard Art

Make whimsical art for your garden from recycled glass, plates, bowls, metal and more. This technique can be used to make garden flowers, towers or bird baths. Easy to assemble, you choose the project you make from the wide variety of materials provided. \$10 materials fee payable to the Instructor at the class.

18 & up: **Sat, 10am-12pm or 2-4pm**
 Dates: **Jun 6 or Jul 18, or Aug 1** 347394

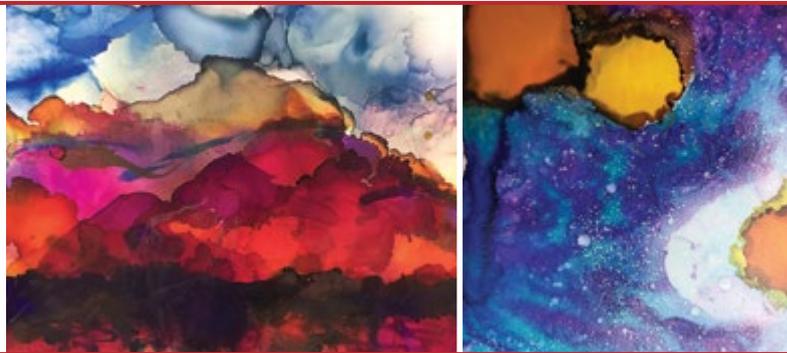
Instructor: Trish Singelyn
 Location: Laughing Heart Art, 43 Placer Ave
 Fee: \$28 resident/\$33 non-resident

Watercolor Explorations

Experience the "magic" of watercolor. Learn basic techniques by painting a series of miniatures. Experiment with wet and dry brush, resist, salt pour, spatter and more. \$5 materials fee payable to the Instructor at the beginning of class.

18 & up: **Wed, 2-4:30pm**
 Dates: **Jun 3 or Jul 22 or Aug 12** 347319

Instructor: Trish Singelyn
 Location: Laughing Heart Studio, 43 Placer Ave
 Fee: \$34 resident/\$42.50 non-resident



Fundamentals of Real Estate Investing

Learn how to get 15% or more return on your money. We cover 1031 Exchanges, how to reduce income taxes & buying foreclosure homes. Get immediate cash flow! Learn how to invest in cash flow mini-storages. There is a \$20 material fee due to instructor at time of class

18 & up: **Jul 14, Tue, 6-9:15pm** 347120-06
 Instructor: Jim Flint, Better Way Realty
 Location: Senior Center, 910 Longs Peak Ave
 Fee: \$25 resident/\$31.25 non-resident

Managing Your Rental Property

Learn how to screen your prospective tenants and keep the bad ones out. \$20 materials fee due to the instructor.

18 & up: **Jul 16, Thurs, 6-9:15pm** 347122-08
 Instructor: Jim Flint Better Way Realty
 Location: Senior Center, 910 Longs Peak Ave
 Fee: \$25 resident/\$30 non-resident

Spanish 201 Conversational

Have fun building conversational Spanish through daily life activities and situations. Different theme each month. For those with advance beginner and intermedia Spanish. \$7 Materials fee payable to instructor at first class.

16 & up: **Thurs, 6:30-7:30pm**

May 7-21	\$30 res / \$37 non-res	247158-05
June 4-25	\$40 res / \$50 non-res	347156-06
July 9-30	\$40 res / \$50 non-res	347156-07
Aug 6-27	\$40 res / \$50 non-res	347156-08

Instructor: Kenna Guttridge
 Location: Senior Center, 910 Longs Peak Ave

Introduction to Voice Over

The Insiders Guide to Voice-Over Success! Learn how to get started in the voice over industry from a working voice talent. Topics such as industry background, what producers are looking for and copy reading techniques. We will practice narration to help you discover the power of your voice!



18 & up: **Jun 16, Tue, 7-8:30pm** 347196-M2
Aug 18, Tues, 6:30-8pm 347196-M3
 Instructor: Rachel Alena
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Fee: \$38 resident/\$47.50 non-resident

Audiobook Narration 101

Learn where audiobook narration work is found! Discover what audiobook writers and producers expect. Practice basic story telling skills. Learn to develop characters for animation, industry works, time management and audiobook voice acting preparation.

18 & up: **Jul 28, Tue, 6:30-8pm** 347197-M2
 Instructor: Rachel Alena
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Fee: \$38 resident/\$47.50 non-resident



DRUMMING FOR HEALTH AND THERAPY

If you can talk - you can drum. These classes are fun, easy and accessible to anyone regardless of age or physical condition. The Djembe drum from West Africa is the drum of choice and drums are provided.

Instructor: Gregg Hansen
 Location: Izaak Walton Clubhouse, 18 S Sunset

Beginning Drumming

Simple rhythms are presented slowly and patiently. **No sessions June or July.*

16 & up: **May 16 & 23, Sat, 10-11am** 247330
Aug 15 & 22, Sat, 10-11am 347330
 Fee: \$25 resident/\$31.25 non-resident

Continuing Drumming

Now that you've learned the basics, it's time to go deeper. Pre-requisite: Beginning Drumming. **No class Mon, 5/25*

Sessions: **May 4-Jun 1*, Jun 2-29, Jul 6-30, Aug 3-27**
 Fee: \$40 resident/\$50 non-resident

	May Code	Summer Code
Beginner 1: Foundations		
16 & up: Tue, 6:30-7:30pm	247332	347331
Wed, 12-1pm	247332	347331

Intermediate 1: Deeper Rhythms 1

16 & up: Tue, 7:45-9pm	not offered	347333
16 & up: Thurs, 12-1:15pm	247333	347333
16 & up: Thurs, 7-8:15pm	247333	not offered

Intermediate 2: Deeper Rhythms 2

16 & up: Wed, 1:30-2:45pm	247334	347334
16 & up: Thurs, 7-8:15pm	not offered	347334

Advanced 1: Songs & Arrangements/Orchestra #1

Must get permission from Gregg Hansen at communitydrum@earthlink.net to enroll in advanced classes.

16 & up: Mon, 7:15-8:30pm	247335*	347335
16 & up: Tue, 11:30am-12:45pm	247335	347335
16 & up: Thurs, 1:30-2:45pm	247335	347335

Advanced 1: Djembe Howler's Orchestra #2

16 & up: Wed, 7:30-8:45pm	247336	347336
----------------------------------	--------	--------



Will Maker

In a single easy session, complete a will, a financial power of attorney, and a combined medical directive all with the help of licensed attorney Rebecca L. Bennetti and her staff. Includes all materials, witnessing, notarizing, individual review and plenty of time for discussion and questions. Pre-registration required. This is a per person fee, couples must have their own individual wills. Bring \$30 materials fee payable to the Instructor to the class.

16 & up:	Jun 20, Sat, 1-4pm	347125-06
	Jul 25, Sat, 1-4pm	347125-07
	Aug 22, Sat, 1-4pm	347125-08

Instructor: Rebecca Bennetti

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

Fee: \$100 resident/\$125 non-resident

Alive at 25

Designed by the National Safety Council to be an early intervention program for young drivers, the class helps prevent traffic violations, collisions, and/or fatalities. Registration is through Alive@24 on the website www.aliveat25.us or at 720-269-4046.

15-25 yrs:	Saturday, 8am-12:30pm	
Dates:	Apr 11, May 9, Jun 20, Jul 18, or Aug 15	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$49 driver permit/ \$79 court ordered	

ADULT DANCE

Adult Tap

A great class for adult tappers who have always wanted to tap or to continue to develop their skills. Come join a fun, non-threatening class, starting with the basics and giving a good foundations to build on. Tap shoes required

18 & up:	Jun 4-Jul 23, Thurs, 10:45-11:45am	344736-A
Location:	Dance Dimensions, 638 Main St	
Fee:	\$108 resident/\$135 non-resident	

Adult Barre Fitness

The ballet barre warm-up was developed by a ballerina, for both dancers and non-dancers. It is a fun energetic class that focuses on improving balance, enhancing flexibility and posture, and strengthening muscles, creating long, lean muscles. No experience necessary.

18 & up:	Jun 3-Jul 22, Wed, 6:15-7:15pm	344739-DD
Instructor:	Dance Dimensions	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$98 resident/\$122.50 non-resident	

Adult Ballet Beginner

Adults of all ages who are new or returning to ballet will enjoy this introduction to the fundamentals of ballet techniques in a fun and supportive environment. Whether your goal is to learn about ballet or incorporate ballet into your fitness routine, this class is for you.

18 & up:	Jun 9-Jul 14, Tue, 6:30-8pm	344745-A
Location:	Longmont Dance Theatre, 1422 Nelson Rd	
Fee:	\$99 resident/\$123.75 non-resident	

Ballroom for Couples

Come learn the fundamentals of ballroom dance while having fun with your partner (dance with the partner you come with - no partner rotation). Learn basic lead and follow techniques and fundamental body mechanics in four dances. Great beginning or refresher class, sign up with your partner. Fee includes 2 participants.*NO Class: 08/10

14 & up:	Jun 1-22, Mon, 7:30-8:30pm	344700-05
	Jun 29-Jul 20, Mon, 7:30-8:30pm	344700-06
	Jul 27-Aug 24*, Mon, 7:30-8:30pm	344700-07

Instructor: Christian Thierens

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

Fee: \$120 resident/\$150 non-resident

Aerial Dance Class

Dance in the air with a combination of aerial silks, circus arts, and theatrical dance techniques. Climbs, foot-wraps, knee-hooks and inversions condition, challenge and engage every muscle in your body.

18 & up:	Jun 8-Jul 13, Mon, 6:30-7:30pm	344750-A
Instructor:	Longmont Dance Theatre Academy	
Fee:	\$99 resident/\$123.75 non-resident	

Salsa

This is the most popular and fastest of the Latin dances, but don't let that scare you away. There is always slower music to start with, and we progress as you become more comfortable. It is primarily done in one spot on the dance floor, with small steps and turns to add to the ease of the movements.



16 & up:	May 15-Jun 5, Fri, 8-9pm	344704-A
Instructor:	Casablanca Dance Studio	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$50 resident/\$62.50 non-resident	

Jitterbug Swing

Swing is lively, up-beat and done to a variety of music. This is the most common dance done at social gatherings. Learn the Jitterbug Swing -the simplest and easiest to do- while dancing to Big Band, Popular and Country music. Fee is per person

16 & up:	May 15-Jun 5, Fri, 7-8pm	344720-A
Instructor:	Casablanca Dance Studio	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$50 resident/\$62.50 non-resident	

Hula Dance Adult Beginner

Come learn basic hula steps, as well as ancient and modern hula dances. Hula is a holistic form of dance that incorporates physical, spiritual, musical, cultural and linguistic elements.

13 & up:	Jul 9-Aug 6, Thurs, 7:30-8:30pm	344760-06
Instructor:	Laelae Sundberg	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$60 resident/\$75 non-resident	