

# THERAPEUTIC RECREATION



**The SCOPE** (Supportive, Captivating, & Original Programs & Experiences) This Program encourages people of all abilities to participate in recreational programs and activities. The mission of SCOPE is to provide specialized support and recreational opportunities to people with disabilities. Our vision is to enrich lives and create experiences that are memorable, empowering, fun and safe for all participants.

## SCOPE: Bowling

Basic knowledge of bowling required: no instruction is given. Each bowler participates at his/her own pace. Each week, a \$1.00 is collected from each bowler for Centennial Lanes.

12 & up: **Jun 11-Jul 30, Thurs, 3-4pm** 349100.A  
 Location: Centennial Bowling, 110 E 9th Ave  
 Fee: \$16 resident/\$20 non-resident

## SCOPE: Softball

Call 303-651-8394 if you aren't sure which league (Softball ForAll or Unified) to sign up for. *\*No games July 6.*  
 Location: Clark Cent Park, 1100 Lashley St

### Softball For All

Beginning level softball program for athletes who need one on one assistance and/or instruction.

8 & up: **Jun 1-Jul 27\*, Mon, 6-7pm** 349115.A  
 Fee: \$16 resident/\$20 non-resident

### Unified Softball

For athletes who know the fundamentals of the game. Unified Softball League teams are comprised of athletes with developmental disabilities and non-disabled partners. All players (athletes and partners) must register. Games are played at 7pm and 8pm.

14 & up: **Jun 1-Jul 27\*, Mon, 7- 9pm** 349115.U  
 Fee: \$16 resident/\$20 non-resident

## SCOPE: Bocce Ball

Come participate in this outdoor social game! This program offers instruction and training in the optional Special Olympics competition.

8 & up: **Jun 9-Jul 28, Tue, 6-6:45pm** 349117.A  
 Location: Collyer Park, 6th Ave and Collyer St  
 Fee: \$16 resident/\$20 non-resident

## SCOPE: Drumming

This introduction to drumming for people with special needs is fun, easy and accessible to anyone. Djembe drums are provided. Simple rhythms are presented slowly and patiently.

16 & up: **Tue, 5:15-6:15pm**  
 Sessions: **May 5-26** 249400  
**Jun 2-23; Jul 7-28; Aug 4-25** 349400  
 Location: Izaak Walton Clubhouse, 18 S Sunset  
 Fee: \$32 resident/\$40 non-resident

## SCOPE Try A Sport: Yoga **NEW!**

Mindful physical movements paired with meditative exercises and discussions on techniques in self-regulation to calm students. Caretakers and Guardians encouraged to participate for themselves or with students. All supplies are provided. *\*No May 25.*

18 & up: **May 4-Jun 15, Mon, 10-11am** 347912-D  
 Fee: \$32 resident/\$40 non-resident

18 & up: **Jun 22-Jul 27, Mon, 10-11am** 347912-E  
 Fee: \$30 resident/\$37.50 non-resident

Instructor: Lyndie Costello  
 Location: Thompson Park, 4th & Bross

## SCOPE: Golf

Learn the fundamentals of form, swinging, putting and body positioning. We start using the SNAG (Starting New at Golf) equipment to build confidence then gradually introduce regular golf equipment.

14 & up: **Jun 11-Jul 9; Jul 16-Aug 6, Thurs, 6-7pm** 349116  
 Location: Sunset Golf Course / Roosevelt Park  
 Required Info meeting: Jul 9, Tues, 6-7pm at St Vrain Memorial Building, 700 Longs Peak Ave  
 Fee: \$16 resident/\$20 non-resident

## SCOPE CAMPS

**Space is limited!** Packets available online and at the St Vrain Memorial Building. Daily fees apply with a registration fee of \$65 resident / \$76.25 non-resident.

Campers will experience a wide variety of activities, including crafts, swimming, and social and educational outings. Please note, SCOPE Camps are summer recreation programs, not day care programs.

**SCOPE Camp** is a non-licensed recreation program for adults.

18 & up: **Jun 1-Jul 24, Mon-Fri, 9am-4pm**

**SCOPE Teen Camp** is licensed through the State of Colorado.

14-17 yrs: **Jun 1-Jul 24, Mon-Fri, 9am-4pm**

Location: St Vrain Memorial Building, 700 Longs Peak Ave  
 Daily Fee: \$46 resident/\$57 non-resident

## Scope Highlight



**The Longmont Lemonheads took first place in their division for Regionals on February 15th at the UNC Greeley Recreation Center.** The team won both of their games and all their hard work in practice paid off. Thank you to volunteer coaches Manny and Marcus Cano for leading the team to victory. While the State Tournament was canceled due to the COVID-19 outbreak, our team is victorious in our minds. Great job Longmont Lemonheads!!

If you are interested in sharing your time or talents, please call 303-774-3795. More volunteer opportunities exist for adults, teens, and families. Sign up online at [www.LongmontColorado.gov/donate](http://www.LongmontColorado.gov/donate)