

# Recycling Tip – Frozen Food Boxes and Trays

Most\* frozen food boxes and trays are not recyclable or compostable.

The fact of the matter is most frozen food boxes are made of cardboard, but they coated on the outside side with a layer of plastic to prevent the box from breaking down in the freezer. That plastic layer excludes the boxes from being compostable or recyclable.

You can tell if a frozen food box is compostable because it will have a label indicating that it is “compostable”.

Frozen food trays are also not recyclable in Boulder County. Please toss all frozen food trays in the trash.

*There are a few frozen food companies now offering frozen foods in compostable boxes and trays that are found under the name brand of Amy's*

